

WHAT TO DO - Please fill in your name & email address, write an 'X' on the line in front of at least one action to sign up for it, & add any comments at the end. We will follow up with each action group to support you to get started.

THEN WHAT? Please give your completed form to Margaret at the Orange Shirt Day event or email it to raincoast.home@gmail.com or mail it to PO Box 812, Sooke, BC V9Z 1H8.

Name _____ Email Address _____

____ ACTION 1. CLEAN DRINKING WATER ON ALL RESERVES

Sign up to lead and/or participate in researching and preparing a T4R session on the issue of clean drinking water for reserves. Consultation and fund-raising could be included in this action. Here are some resources:

- Council of Canadians - safe water for first nations: <https://canadians.org/fn-water>
- Map of long-term drinking water advisories on reserves: <https://www.sac-isc.gc.ca/eng/1620925418298/1620925434679>
- [Decades after mercury poisoned the water, Grassy Narrows still searches for answers](#)

____ ACTION 2. CROCHET LAPGHANS FOR RESIDENTIAL SCHOOL SURVIVORS

<https://brycesblankets.wordpress.com>

Could be individual or group project. Could organize a T4R session to crochet together and screen 23 min film [Finding Peter Bryce](#) (COVID permitting).

Bryce's Blankets is a one hundred percent voluntary, non-profit group of fabric artists who want to show kindness to survivors through our craft. These artisans donate their time, resources and talent to make and gift new, handmade, washable blankets to survivors... Through creation of these blankets, we strive towards Truth and Reconciliation and Call to Action #83 which states: "We call upon the Canada Council for the Arts to establish, as a funding priority, a strategy for Indigenous and non-Indigenous artists to undertake collaborative projects and produce works that contribute to the reconciliation process."

____ ACTION 3. BOOK CLUB - BRAIDING SWEETGRASS BY ROBIN WALL KIMMERER— Sign up to lead and/or be part of a zoom book group to read and discuss Braiding Sweetgrass over 2 sessions with VIRL Librarian Nathalie Jones and a Knowledge Holder.

____ ACTION 4. BE A GOOD LOCAL ALLY – Learn from our W̱SÁNEĆ neighbours: [https://wsanec.com/learn-settlers/Victoria Native Friendship Centre](https://wsanec.com/learn-settlers/Victoria-Native-Friendship-Centre) – Are you interested in finding out how to volunteer your time? More to follow.

____ ACTION 5. DOCTRINE OF DISCOVERY – What was it? Why is it still widely believed? Prepare a T4R session on how to respond to the legacy of genocide, plunder, guns, germs and steel

<https://thestarphoenix.com/opinion/columnists/cuthand-time-to-move-on-from-colonizers-doctrine-of-discovery>

____ ACTION 6. INDIGENOUS LAND BACK – We live on unceded territory. Plan a session to discuss what each of us would be willing to give back? <https://thetyee.ca/Culture/2021/08/25/Ultimate-Act-Letting-Go-Privilege-Giving-Up-Land/>

Explore Reciprocity Trusts for making Indigenous land acknowledgements more meaningful:

<https://reciprocitytrusts.ca>

<https://breachmedia.ca/land-back/> Pam Palmater asks, "Who would you rather control so-called Crown Lands, corporations who only see land in dollar signs or Indigenous people who have been taking care of the land for generations?"

Advocate for respecting Indigenous control to protect old growth forests, including Fairy Creek.

_____ ACTION 7. INDIGENOUS LANGUAGE & PLACE NAMES – sign up to work with Indigenous and non-Indigenous leaders to advocate for and coordinate reinstating Indigenous place names in Sooke such as Demamiel Creek, Whiffin Spit, and Ella Beach. Prepare and lead a T4R session on this – could include a field trip/walk about.

_____ ACTION 8. CONFRONT THE LEGACY OF RESIDENTIAL SCHOOLS – how to talk about this and become an ally – Prepare a T4R session to discuss and identify further actions

Resources: Carey Newman’s Aug 10, 2021 interview <https://www.youtube.com/watch?v=pDwZYpCbjqk>
First People’s Law Report Residential Schools Reading List: <https://www.firstpeopleslaw.com/public-education/reading-lists/residential-school-reading-list>

_____ ACTION 9. INDIGENOUS LANGUAGE & STORIES – Prepare and lead a session on the importance of Indigenous language in reconciliation.

Resources: We can all share in Edith’s quiet pride that her 11-year-old granddaughter, Adelyn Newman-Ting, has won UNESCO’s Voices of Future Generations competition for her book, FINDING THE LANGUAGE. It is reviewed here: <https://www.cbc.ca/news/canada/british-columbia/unesco-book-victoria-1.6164946> It’s available to order through [Amazon.ca](https://www.amazon.ca).

- Learn more about Indigenous languages through courses at the Victoria Native Friendship Centre or online: [First Voices – SenĆoŧen](#) is the local language – Volunteer to lead sessions so we can shall learn it together

_____ ACTION 10. EDUCATE OURSELVES. This action is great for introverts or anyone who doesn’t want to organize a T4R session ... but it could also be done with a small study group. Indigenous Canada is a free, online introduction to historical and contemporary Indigenous issues offered by the University of Alberta:

<https://www.coursera.org/learn/Indigenous-canada/home/welcome>

- [Indigenous Corporate Training](#) – Consider paying for an e-course with Bob Joseph to increase your capacity to build informed, effective, respectful relationships with Indigenous people. Bob is the author of 21 Things You May Not Know About the Indian Act and Indigenous Relations: Insights, Tips and Suggestions to Make Reconciliation a Reality. <https://www.ictinc.ca>
- Monique Grey Smith’s [Ripples of Resilience](#). Our first T4R speaker, Monique adds to the bundle of gifts and knowledge that you carry in your work with Indigenous children, youth and families. <https://ripple-effect-of-resiliency-an-Indigenous-perspective.teachery.co/landing-page>

Any comments? Something missing you’d like to take on?
