# District of Sooke Age-Friendly Action Plan 2015



Prepared by the Sooke Region Community Health Initiative (CHI)
Official Age-Friendly Committee for the District of Sooke
by order in Council October 13, 2013





#### **Acknowledgements:**

The District of Sooke wishes to acknowledge the many residents of the District of Sooke, both past and present, who have put their heart and soul into, and given freely of their time and energy, to make this place we call home a great place to live. This has not been a standalone process and due credit must go to residents of the surrounding communities of East Sooke, Otter Point, Shirley, Jordan River and Port Renfrew, together with the three First Nations Bands, T'Sou-ke, Pacheedaht and Sc'ia'New, for their contributions to their own communities as well as the hub services within the District of Sooke. The T'Sou-ke Nation and the District of Sooke have held a close relationship built on mutual respect for many years.

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Harbourside Cohousing Ground Breaking Ceremony – First Senior Cohousing Project in B.C.





## **Executive Summary:**

Becoming an *Age Friendly Community*, a place where seniors, and all ages, are respected and supported has been the goal of community members long before the term was coined. As our community grew its members identified a need for seniors' supports. As early as 1945 a *Sooke Over 60's Club* was formed, which was the forerunner to the *Old Age Pensioners Organization*, *Branch #88*. From that group sprung the *Sooke Elderly Citizens Housing Society* and the *Contact Community Assistance Society* (Loan Cupboard and Contact Drivers). By 1975 another group was providing a '*Meals on Wheels*' program as well as inexpensive lunches. This eventually developed into the *Sooke Senior Drop-In Centre*. The *Sooke Elderly Citizens Housing Society* worked tirelessly for over 40 years to acquire land and build an assisted living and extended care building in Sooke. The *New Horizons Activity Society* was formed in the 1980's and later became the *Sooke Seniors Activity Society* which raised funds to purchase and operate a bus to assist with seniors' transportation to events and shopping excursions.

The town of Sooke is the service hub for the surrounding communities. Despite the small size of the region's population (Approx. 15,000), and geographic challenges of living in outlying communities (94 km. from East Sooke to Port Renfrew), citizens of the region have always provided a wide range of community supports and outreach to their elders.

Attention to seniors' issues, and the need to meet Age Friendly targets is particularly important for Sooke. Unlike many areas in B.C. and Canada, Sooke is still a growing community, attracting many young families; however, the community will continue to have older people making up a higher proportion of the population in the very near future.

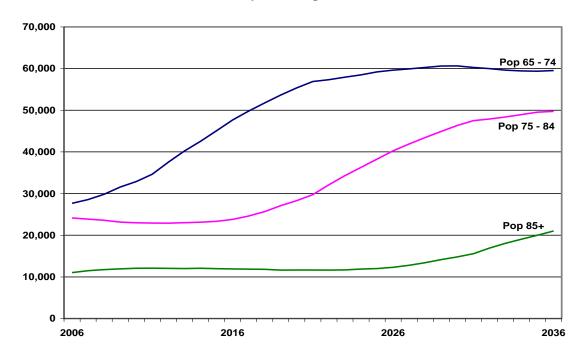
The population of Sooke aged 55 and above increased by 27% between 2006 and 2011, which is significantly **higher than the general population growth rate** of 18%. If this rate of growth in our senior population continues, seniors will make up almost 40% of the total population of Sooke in 2026. Approximately 3105, or 27% of the people in Sooke are 55+ (2011 Census).

Seniors have always provided the backbone of a strong tradition of community volunteering in Sooke. This Age Friendly report seeks to help seniors to continue to participate and flourish within the community in which they live.





CRD Population Aged 65+, 2006 - 2036



A strong commitment to supporting our seniors, volunteering and caring for others has helped Sooke to become the place it is now. Sooke *is* an Age Friendly community with a vision and many citizens have the desire to make it more so. We've come together to make things happen in the past and will continue to do so far into the future. We understand that when we build to 'Age Friendly' we build to accommodate all ages and abilities.



The new Wadams Way walk-bike path highlights what can be extended to the rest of the community.





# **Age Friendly Work Overview:**

An Age Friendly Sooke: What Can We Do? Report on a dialogue between

individuals, business and service providers on creating an Age-friendly Sooke

In 2008 the Sooke Economic Development Commission in partnership with Sooke Harbour Chamber of Commerce, hosted a day-long conference, asking the question "What will it take to create a more age-friendly Sooke?" The question was put to a group of 88 Sooke residents, business owners and service providers held on September 10, 2008, at the Sooke Community Hall.



The goal of the discussion was to look at various features in the community, and among businesses, to envision how Sooke can better accommodate residents and visitors who are experiencing aging. In short, what can businesses and service providers do, and what does the community need, to make it a better place to live, work, play and grow older?

Planning, whether by the municipality, a business or a service provider, needs to take the changing makeup of the population, who are the customers and clients, into consideration. Sooke is an attractive community for all ages, and businesses and service providers are already doing many things right in

recognizing and serving the needs of older people in Sooke.

Participants explored ideas on topics including community infrastructure, Community Infrastructure, Safety & Security, Health Services, Active Aging, Life Long Learning, Communication, and Transportation.

"Age to me means nothing. I can't get old; I'm working.

I was old when I was twenty-one and out of work.

As long as you're working, you stay young."

~George Burns





#### **Seniors Volunteer Connections:**

In 2013 the District of Sooke, with the support of the Sooke Region Community Health Initiative (CHI) applied to UBCM for Age Friendly funding to implement three specific activities over a period of twelve months.

- 1. Work with local seniors' organizations to engage seniors in accessing volunteer information, both on line and in person.
- Youth and seniors will engage together to learn about the volunteer opportunities and resources.
- 3. Secure a location for an accessible Volunteer Centre.

In addition to meeting the goals of the original application, funding support for this project enabled the District of Sooke to implement actions identified by the Age Friendly report of 2008.

From the perspective of the sponsoring agency and key stakeholders, this project was considered highly successful beyond its initial goals. The designation of CHI as the official Age-Friendly Committee for the District of Sooke brings recognition to the work already being done by that group and provides a stable basis for the work to continue and expand.

In building upon this project the District of Sooke and CHI entered into a Service Agreement in 2014 to provide funding to carry on with the Age Friendly work and meeting senior and volunteer goals outlined in the Official Community Plan. CHI leveraged this funding, negotiating for matching funds with Island Health to support the project coordinator position.

# Managing At Home - Study of Support Needs of Sooke Seniors (2014 – 15)

The Primary Health Care Services Working Group (PHCSWG) is a multistakeholder group that has representation from the District of Sooke, CHI, the West Coast Family Medical Clinic, the South Island Division of Family Practice, Island Health, the Sooke Region Volunteer Centre and the Sooke Family Resource Society. Building on the 2013 Age Friendly work, the PHCSWG identified the needs of community-based Seniors who were



"Grow old along with me! The best is yet to be."

~Robert Browning

"The older you get, the older you want to get."

~ <u>Keith</u> <u>Richards</u>





having difficulty coping with the challenges of day-to-day life as one of its 2014 community priorities. District of Sooke funding for CHI was used as seed funding for a pilot project that targeted this group of Seniors. On the basis of preliminary findings from the pilot project, the Age Friendly Committee successfully applied to the Union of BC Municipalities (UBCM) for funding to extend the pilot project, thereby further leveraging District of Sooke funding. The group also received funding from the South Island Division of Family Practice to support this project and extend the range of the study to cover the neighbouring communities of East Sooke, Otter Point, Shirley, Jordan River and Port Renfrew.

The the aim of UBCM funded initiative is to describe the non-medical and medical resource capacity and needs of Sooke seniors who describe themselves as "in need of additional services and supports in order to remain in their homes". The study takes an integrative approach, recognizing the importance of each and all of the multiple determinants of health. It also acknowledges the importance of natural, community and professional networks and the potential of their individual and combined roles in improving health outcomes. It is anticipated that this study will serve as a springboard for action, leading to service development and/or further in-depth investigation of questions that arise from this exploratory work.

The process that the PHCSWG and the Age Friendly Committee followed is evidence of the process that will be implemented throughout this Action Plan in that it provides concrete data that will support future activities to ensure they meet local need in the most effective manner.

# **Summary:**

The District of Sooke, and neighbouring community members, have unofficially been working towards an Age Friendly designation for many years. This Age-Friendly Action Plan recognizes the work of previous committees and organizations. It also brings us to a formal acknowledgement of the need to dedicate time, funds and expertise to the health of our community. When we build to 'Age Friendly' we build to accommodate all ages and abilities.

Sooke has a wide range of services and organizations that support seniors. Some of those service providers need assistance, and there are gaps in service. In 2008 at the first Age Friendly conference the Sooke Senior Drop-in Centre was identified as 'thriving'. Since that time its membership has dropped to half, despite the growing population of seniors. This is largely due to losing its central, accessible and spacious location, and then moving twice to other temporary, less than ideal locations. Sooke Senior Drop-in Centre are thankful for the support and transitional spaces provided though they are struggling without the security of a 'home'.

In the 2014 Municipal Election a referendum was place before the citizens of Sooke:





"Would you support the District of Sooke working with the community to develop multi-use community centre facilities?"

The overwhelming 'Yes' vote (YES: 83% - NO: 17%) for the referendum question shows clear direction from the community to continue to build on the momentum started by this initiative. It is important that the District of Sooke and the community continue to work together to implement this project.

The Sooke chapter of the B.C. Pensioners & Seniors Organization, Branch 88, previously (OAP #88), one of the founding organizations in the community, has since closed its doors due to a lack of people willing and able to take on leadership roles on the Board of Directors.

There is clear evidence that communities which began age-friendly initiatives were more successful if they:

- ✓ Had the strong support of local government.
- ✓ Had an age-friendly "champion" in the community.
- ✓ Had strong local partnerships that were inclusive of seniors and other stakeholders.
- ✓ Obtained a small grant to get started and used that to leverage additional money and resources.
- ✓ Introduced small changes at the outset of the project.
- ✓ Cultivated a good relationship with local media.
- ✓ Took full advantage of the support services offered by the provincial government.

The one area from this check list that we have not yet been able to fulfil is:

Appointed a dedicated staff person to work on the initiative.

This plan is by no means comprehensive and the work to be done will continue to evolve. This report outlines the District of Sooke Age Friendly Action Plan 2015, as well as the background work that led to its creation. By consolidating our plans to support Sooke seniors, and others who would benefit from Age Friendly initiatives, we hope to build on current initiatives and generate new ideas and bring together new partners.







### **District of Sooke Action Plan**

Recommended Actions	Suggested Lead Partner(s)
1. Housing	
<ul> <li>Continue working towards securing and supporting options for accessible and independent senior living.</li> </ul>	CRD Housing Trust Canadian Senior Cohousing Society
<ul> <li>Support the expansion of Ayre Manor</li> <li>Continue to build on the affordable housing reserve</li> </ul>	Sooke Elderly Citizens Housing Society Island Health District of Sooke
fund	District of Sooke
2. Better Engage Seniors Groups & Local Seniors in	Volunteer Activities
<ul> <li>Support the Sooke Region Community Health Initiative as the official Age Friendly Sooke Committee, in part, by allocating District of Sooke staff time to Age Friendly work</li> </ul>	District of Sooke Sooke Region Community Health Initiative Age Friendly Sooke Committee
<ul> <li>Work with community to develop multi-use community centre facilities, including establishing a 'Home' for Seniors Drop-in activities for seniors to enjoy good health and remain active in their community.</li> </ul>	District of Sooke
Work with the Sooke Region Volunteer Centre to encourage social inclusion through intergenerational and intercultural volunteer opportunities that contribute to the development of healthy communities	Sooke Region Volunteer Centre
3. Accessibility	
<ul> <li>Maintain and expand upon a publication of local seniors services</li> <li>Ensure publication is widely distributed in a variety of mediums</li> </ul>	Sooke Region Volunteer Centre Sooke Region Chamber of Commerce has been informed of this and upon Board approval may participate.
Work with BC Transit to enhance local transit service	District of Sooke BC Transit





<ul> <li>Pursue 'Better at Home' grant opportunities that can extend traditional modes of transportation, social</li> </ul>	Primary Health Care Services Working Group
connections, and the overall accessibility of services.	Pacific Centre Family Services
, and and order and	Association
<ul> <li>Update Transportation Master Plan or equivalent</li> </ul>	District of Sooke
utilizing long range visioning and planning for a	
variety of transportation modes, including walkers,	
scooters, wheelchairs, etc.	
4. Health & Safety	
Continue to promote a safe and accessible	District of Sooke (Planning,
•	District of Sooke (Planning, (Subdivision and development
Continue to promote a safe and accessible	, •
Continue to promote a safe and accessible environment by promoting barrier-free designs in	(Subdivision and development
Continue to promote a safe and accessible environment by promoting barrier-free designs in public spaces including infrastructure issues such as	(Subdivision and development
Continue to promote a safe and accessible environment by promoting barrier-free designs in public spaces including infrastructure issues such as sidewalks, lighting, and visibility at intersections.	(Subdivision and development bylaw )
<ul> <li>Continue to promote a safe and accessible environment by promoting barrier-free designs in public spaces including infrastructure issues such as sidewalks, lighting, and visibility at intersections.</li> <li>Continue involvement of the District on the Primary</li> </ul>	(Subdivision and development bylaw )  District of Sooke
<ul> <li>Continue to promote a safe and accessible environment by promoting barrier-free designs in public spaces including infrastructure issues such as sidewalks, lighting, and visibility at intersections.</li> <li>Continue involvement of the District on the Primary Health Care Services Working Group (PHCSWG), and</li> </ul>	(Subdivision and development bylaw )  District of Sooke Sooke Region CHI

AGE-FRIENDLY COMMUNITY ACTION PLAN					
GOAL 1: Seniors Housing					
Objectives Assumptions / Constraints		Performance			
		Measure/Target			
Continue working towards securing and supporting options for accessible and independent senior living	- The District has supported new initiatives in accessible and independent living (e,g. Harbourside, Hope Centre) and will continue to build on these successes - Municipal governments have a role to address such issues as affordable and accessible housing options - Developing plans to pursue low-cost seniors housing was identified as a need	- The number of accessible housing options has increased The number of subsidized and 'affordable' housing options has increased - District of Sooke staff or councillor sits on community housing committee			
	in 2008 Age Friendly work There is a need for more subsidized and below-market housing				





	- here is a shorta	ge of accessible		
	housing options			
Support the		munity members	- Island Health anno	ounces funding
expansion of	planned and advocated for a		for project	
Ayre Manor	complex care fac	cility in for over 40	- Construction begins	
	years and they w	vill continue to lobby	- Target completion	for 2020
	to fill the needs	of their community		
	- There is a grow	ing need for		
	extended care beds within the			
	District of Sooke			
	- There are not e	_		
	assisted living no			
	beds to meet the			
	- Island Health d and allocations	etermines priorities		
Caustinus ta build		:II = : d = +: f: = d =	December found man	
Continue to build on the affordable	need for an affor	illors identified a	- Reserve fund grow allocated to a proje	_
housing reserve		veloped a bylaw and	- Housing Reserve F	
fund	started the fund	velopeu a bylaw allu	reviewed	uliu by-law
		een sitting unused	reviewed	
	for some time	cerrorem arrasea		
	- District of Sooke and affordable			
	housing initiatives could find funding			
	to current projects and initiatives			
	mutually benefic	mutually beneficial		
	- It would be pru	dent to establish a		
	plan for increasi	ng the fund on a		
	regular and cont	inuing basis		
Actions	Priority	Budget	Responsibility	Timing
	(Low, Medium,			
	High)			
Work with the		Data d'al Cardina	Harbourside	
local housing		-Potential funding	Cohousing,	0
security focused non-profit	Liαh	of projects from Housing Reserve	Canadian Seniors Cohousing	On-going
organizations to	High	Fund and CRD	Society,	
explore options		Housing Trust	Etc.	
and possibilities		110031116 11030	2.0.	
1 13   1 2 3 3 3 3 3 3 3		- Reduced		
		development fees	Island Health,	
		•	Sooke Elderly	2020





Support expansion of Ayre Manor	High	<ul><li>Possible waiving of other application fees</li><li>Funding from</li></ul>	Citizens Housing Society, District of Sooke, Primary Health Care	
		Island Health	Services Working Group	
Continue contributing to and working with the CRD Housing Trust and the District of Sooke Housing Reserve Fund	Medium	-CRD Housing Trust set by CRD -Sooke Housing Reserve Funds come from development (a) land development, (b) donations, (c) transfers from the sale of surplus	District of Sooke, CRD Housing Trust	- On going - Housing Reserve Fund By-law reviewed in 2016
		land, and (d) public/private partnerships.		
<b>GOAL 2: Better</b>	Engage Seniors	<b>Groups &amp; Local Se</b>	eniors in Voluntee	r Activities
Objectives	Assumptions ,	/ Constraints	Performance	
			Measure/Target	
Support the	- Designation of	_	- An outreach and	
Sooke Region	Friendly Commit	_	communications plan is	
Community	recognition to th	•	developed	ad a fall a
Health Initiative as the official	being done since	e 2003 ce Agreement also	- Regularly schedule	•
Age Friendly		e basis for the work	information gatheri are well attended	118 353310113
Sooke	to continue and		- The Age-Friendly (	committee has
Committee, in	- CHI has worked	•	an actively participa	
part, by	communication	•	sector membership	
allocating		sed agencies, and	- Staff time dedicate	ed to Age
District of Sooke	· · · · · · · · · · · · · · · · · · ·	nd will continue to	Friendly work	
staff time to Age	do so.			
Friendly work		mmunities tend to e with a designated		
		Idress seniors issues		
		iidelines provide 8		
		ective Age Friendly		





Communities. Sooke has met 7 of the 8 with the appointment of a dedicated staff person to work on the initiative, being the remaining criteria be met to provide stability to the initiative

- Work on previous Age Friendly initiatives has been heard and acted upon
- Reports from previous activities relevant to and supportive of Age Friendly initiatives have been publicly available and widely distributed.

Work with community to develop multi-use community centre facilities, including establishing a 'home' for the Sooke Seniors Drop-in Centre

- The Sooke Senior Drop-in Centre Visioning Document provides the back-ground information needed to support the search for a permanent home for a seniors drop-in centre.
- there is a need for more affordable, accessible community space for people of all ages
- Some existing spaces are underutilized and/or not accessible, either due to price or physical barriers
- Sooke Senior Drop-in Centre (SSDIC) has a dwindling membership at a time when the number of seniors is on the rise - In 2008, SSDIC was listed as a
- In 2008, SSDIC was listed as a 'vibrant community group' and now their membership is dwindling. without a home and they are down from 5 meals per week and various activities, to 2 meals per week and offer BINGO as their main activity
- Despite an increase proportion of the population reaching the age of 'senior-hood' two of our long standing senior focused organizations are struggling and need help

- A Community Facilities Committee is struck with District of Sooke leadership and staff time allocations
- Community Forums and focus groups are held to gather ideas and input.
- Assessment of all community spaces is complete
- Functional planning of community spaces has begun





Work with the Sooke Region Volunteer Centre to encourage social inclusion through intergenerational and intercultural volunteer opportunities

- Sooke Region Volunteer Centre (SRVC) has built a rapport with both youth and senior focused organizations.
- Other community service providers have committed to offering seniors programming as a result of previous Age Friendly initiatives and they will continue to do so (e.g. EMCS, SEAPARC)
- SRVC has effectively collaborated with youth and seniors based organizations
- Support seniors and youth to learn together about volunteer opportunities and resources in the community.
- SRVC has developed a contact list of both 'seniors' and 'youth' focused organizations
- SRVC negotiated to removed barriers to volunteers engaging at our local library and will continue to champion to remove bariers
- SRVC and CHI have a focus of collaboration, networking and sharing. A prime example is a, now annual, fund raiser for Food Bank, raising over \$11,500 each year;
- SRVC will continue to host an annual Volunteer/Non-Profit Fairs to bring people and organizations together
- the fully accessible Volunteer Centre will continue to grow and flourish
- This action item addresses three of the 8 key features of an Age Friendly community; Opportunities exist for social participation in leisure, social, cultural and spiritual activities with people of all ages and cultures; Opportunities for employment and

- SRVC tracks age and selfidentified cultural identity categories of interviewees
- SRVC tracks intergenerational and intercultural events held each year
- The Volunteer/Non-Profit Fair continues as an annual event
- SRVC continues to work with the Age Friendly Committee
- SRVC finds stable base funding to keep its doors open and expand on its hours





	volunteerism cater to older persons' interests and abilities, and Older people are treated with respect and are included in civic life.  - It also responds to a number of items outlined in the District of Sooke OCP			
Actions	Priority	Budget	Responsibility	Timing
Support the Sooke Region Community Health Initiative as the official Age Friendly Sooke Committee	High	\$17,500 CHI will continue to pursue additional funding sources District 2015-19 Financial Plan in progress	District of Sooke	2015
District of Sooke allocate or contract staff time dedicated to Age Friendly Work	High	2015 – 2019 Financial Plan in progress	District of Sooke	2015
Develop outreach and communications plan	High	Include in CHI Service Agreement and other funding sources	Sooke Region CHI Age Friendly Committee	2015
Continue to maintain and develop the accessible Sooke Region Volunteer Centre office	High	Include in CHI Service Agreement and other funding	Sooke Region Volunteer Centre Sooke Region CHI	2015 and forward
SRVC host the 4th Annual Volunteer/Non- Profit Fairs during National Volunteer week Apr. 11 – 18/15	High	Include in CHI Service Agreement funding	Sooke Region Volunteer Centre	2015





Build on 2014 community Centre facility assessment work, and further explore options Develop training and mentorship programs with both seniors and inter- generational	High	\$50,000/year 2014-2019 for Senior and Youth Community Centre facilities \$22,200 grant funding	District of Sooke with community  Sooke Region Volunteer Centre	2015		
opportunities in mind						
<b>GOAL 3: Accessi</b>	GOAL 3: Accessibility					
Objectives	Assumptions ,	/ Constraints	Performance			
			Measure/Target			
Maintain and expand upon a publication of local seniors services, including public awareness of same.	Friendly work, the Volunteer Centrol Chamber of Composer to develop a conseniors' discounter. This is available of sources and we public awarenes. The Seniors Ser has been update Region specific in more widely distance widely distance widely distance to the Seniors Seriend. Especially in tinate it is challenging for the supposer in	e and Sooke Region amerce have worked aprehensive list of its at through a variety would benefit from a scampaign rying Seniors guide and with Sooke information, and cributed through ly work in the sof need or crisis, for individuals to poport information organizations are of what else is	- Local seniors servi is updated regularly - This document is a widely in both print electronic formats	/ available		





Mark with BC	Caples is still as an decrease of	Name acceptable and acceptable
Work with BC	- Sooke is still an underserved	- More accessible covered bus
Transit to	community	stops are built
enhance local	- While improvements have been	- More residential routes are
transit service	made to a couple of stops, many are	created
	still not accessible, nor protected	- Improved bus stops along the
	from the elements	Highway 14 Improvement Project
Pursue 'Better at	- We have sufficient volunteers in	- Program funding secured
Home' grant	reserve and potential within the	- Operational Better at Home
opportunities	community to be mobilized by	Program in place
	Better at Home Services to support	
	seniors living at home with dignity	
	- We have the infrastructure and	
	experience of delivering Better at	
	Home Services to be able to	
	operationalize the program	
	efficiently	
	- We already have data supporting	
	the application and areas of priority	
	- we have effective collaborative	
	networks already established	
	- We have the economic capacity to	
	mobilize senior friendly businesses	
	- Previous and on-going local studies	
	indicated that many seniors need	
	assistance with daily living and home	
	maintenance to stay independent	
	- Seniors are living in isolation which	
	impairs the health and dignity	
	dimensions of their life style	
	- Seniors are at risk of leaving the	
	community to see supports in other	
	communities	
Update	- The new Wadams Way walk-bike	- More businesses install
Transportation	path highlights what can be	electronic access doors
Master Plan	extended to the rest of the	- More accessibility ramps and
	community	wheel-friendly surfaces are
	<ul><li>This project is a great example of</li></ul>	installed
	friendly transportation for all ages	- Additional accessible sidewalks
	- There will be more scooters	are built
	utilizing sidewalks and trails over the	3. 5 24nc
	next 10 years	
	HEVE TO REGIS	





			I	
	- Mobility scooters are liberating for			
	people who are unable to walk or			
	walk any distances, are partially or			
	totally paralyzed or unable to drive a			
	car.			
	- Many areas of	Sooke town core are		
	not currently acc	cessible by people of		
	all ages and leve	ls of mobility		
Actions	Priority	Budget	Responsibility	Timing
Update, promote			Sooke Region	2015 and
and redistribute	High	District 2015-19	Volunteer Centre,	annually or
local seniors	1 11811	Financial Plan in		as needed
services		progress		
document		· -		
Work with BC		Funding from BC	BC Transit	
Transit to		Transit	District of Sooke	
enhance local	High	District of Sooke		2015
transit service		Transit		
		Improvement Fund		
		of \$16,000		
Pursue 'Better at		United Way of	Primary Health	
Home' grant		Lower Mainland	Care Services	
opportunities	High	(Better at Home)	Working Group	2015-16
opportunities	Tilgii	through Pacific	Pacific Centre	2013-10
		_		
		Centre Family	Family Services Association	
Lindata		Services	ASSUCIALIUII	
Update	1	Awaiting strategic	District a CC L	
Transportation	Low	direction from	District of Sooke,	
Plan		Council as to	Engineering	2016-2019
		priority		
GOAL 4: Health			-	
Objectives	Assumptions ,	/ Constraints	Performance Me	easure/
			Target	
Continue to	- When we build	to 'Age Friendly' we	- New sidewalks an	d barrier free
promote a safe	build to accomm	odate all ages and	trails are in place w	here possible
and accessible	abilities.		- New sidewalks in	place along
environment	- Much progress has been made and			
	there remains m		Road and Otter Poi	
The second secon				





Ongoing involvement of the District on the Primary Health Care Services Working Group (PHCSWG), and	lead to the Mana - Working with a ensures more po	strengths and g seniors as service users, which aging at Home Study a cross sector team ossibilities will be	- Recommendation Managing at Home implemented Region specific Fa Recruitment packag developed - Diagnostic facilitie upgraded	Study are mily Physicians ge is
where possible, implement existing and future recommendation of PHCSWG	explored and solutions found  - This is a broad spectrum committee of decision makers and recommendations have been thoroughly researched  - 'The community' knows what it needs and are the best one to set priorities  - There is a shortage of family physicians in the Sooke Region  - Diagnostic facilities in Sooke are substandard and not accessible			
A ations	<b>5</b>			
Actions	Priority	Budget	Responsibility	Timing
Continue to promote a safe and accessible environment	<b>Priority</b> High	Town Centre Sidewalk Improvement Program \$600,000	Responsibility  Ministry of Transportation and Infrastructure District of Sooke	Timing 2015
Continue to promote a safe and accessible	-	Town Centre Sidewalk Improvement	Ministry of Transportation and Infrastructure	



future



recommendation		
of PHCSWG		

#### **List of supporting documentation:**

Though not comprehensive, we used the following documents to help direct this plan:

<u>District of Sooke Official Community Plan</u>

Parks and Trails Master Plan

**Housing Reserve Fund** 

**Transportation Master Plan** 

Subdivision and development bylaw

Sooke Region Community Health Initiative 2006 Report

Age-Friendly 2008 Report on Dialogue

2008 Accessibility Report

Highway #14 Improvements



