

**COMMUNITY GRANT REVIEW COMMITTEE MEETING**

October 21, 2015 at 7:00 pm

Location: Council Chambers

Agenda

<i>Item</i>	<i>Pg #</i>
1. Call to Order	
2. Approval of Agenda	
3. Approval of Minutes	1
• May 14, 2015	
4. Community Grants Program Applications	7
• Staff Report	
5. Category B Grant Applications (Sept 30, 2015):	
• Presentations from the following groups:	
○ Sooke Academy of Music	11
○ Sooke Philharmonic Society	17
○ Sooke Community Choir Society	27
○ Sooke Youth Show Choir	41
○ Christmas Bureau (Sooke Food Bank Society)	47
• Committee discussion	
6. Category A Grant Applications (2016) – Changes to existing grants:	
• Presentations from the following groups:	
○ Sooke Food Bank – Milk Program	53
7. Category A Grant Applications (2016) – New applications:	
• Presentations from the following groups:	
○ EMCS Student Art Bus Shelter project	61
○ Sooke Transition Town Society	69
○ Sooke River Bluegrass Festival	83
○ Bipolar Disorder Society of BC	93
○ Canadian Senior Cohousing Society	137
8. Community Member Appointments to Committee	
9. Public Input	
10. Schedule Next Meeting:	
○ Possible Dates: November 10, 17, 18	
11. Adjournment	



DISTRICT OF SOOKE
Community Grant Review Minutes
Meeting held May 14, 2015
at 7:00 pm
Council Chamber, 2225 Otter Point Road

Committee Members Present:

Councillor Kerrie Reay, Chair
Councillor Bev Berger
Patricia Baye
Alexander Chandler

Staff:

Brent Blackhall, Deputy Director of Finance
Sarah Temple, Finance and Administration Clerk

The meeting was called to order at 7:01 p.m.

1. Approval of the Agenda:

MOVED and seconded to approve the agenda as circulated.
CARRIED UNANIMOUSLY

2. Approval of Minutes:

MOVED and seconded to approve the minutes of October 7, 2014 as circulated.
CARRIED UNANIMOUSLY

3. Terms of Reference:

Brent Blackhall provided an overview of the recently amended Terms of Reference for the Community Grants Review Committee. The amendment was to change the composition of the Committee.

4. Staff Report/Presentation:

Councillor Reay welcomed those in attendance and gave an introductory statement outlining Council's desire to minimize tax increases and meet the strategic priority of fiscal responsibility. Councillor Reay stated that it is through the lens of fiscal responsibility that the Committee will be looking at this year's Community Grant applications and that the Committee will need to be mindful of "needs vs. wants."

Brent Blackhall reviewed the eligibility criteria for Category B Community Grants and provided an overview of the screening procedures, as outlined in Policy 5.1, *Community Grant Program Policy, 2013*. Mr. Blackhall further reviewed the differences between Category A (Program Type) grants and Category B (Project Type) grants.

Mr. Blackhall provided a report outlining the total requests for grant funding and the amounts available for disbursement.

5. April 30, 2015 Category B grant applications:

Presentations were made from the following groups:

Ecole Poirier Elementary School PAC

- Aaron Chisholm, presenting the Ecole Poirier Elementary School PAC and Kendra Laidlaw, Vice Principle of Ecole Poirer addressed the Committee and reviewed their request for funding. They are requesting funding for the second and third phase of a nature playground for the school.

EMCS Student Arts Bus Shelter Project

- Susan Percival, representing the EMCS Student Art Bus Shelter Project, addressed the Committee and reviewed the request for funding. Ms. Percival gave an overview of the last year of the project and shared their goals for improving the Bus Shelter Project in 2015.

Girl Guides of Canada – Milnes Landing Camp Committee

- Teresa Howdon, representing the Girl Guides of Canada, Milnes Landing Camp Committee, addressed the Committee and reviewed their request for funding. The Milnes Landing Camp Committee is planning to re-roof one of two cabins at their camp on Sooke River Road.

Sooke Community Choir Society

- Phoebe Dunbar, Grants Officer for the Sooke Community Choir Society, addressed the Committee and reviewed the request for funding. The Choir is seeking funds to purchase a portable lighting system to enhance performance conditions at the Sooke Community Hall. Ms. Dunbar stated that while the Choir will maintain ownership of the lights, their intention is to have them available for all community groups who could benefit from their use.

Sooke Fine Arts Society

- Linda Teneycke, representing the Sooke Fine Arts Society, addressed the Committee and reviewed the request for funding. The Sooke Fine Arts Society is requesting funding to complete the “Pump house mural” project, which will see student artists create a mural on the District of Sooke owned pump house at the Public Boat Launch.

Sooke Food Bank Society

- Kim Metzger, representing the Sooke Food Bank, addressed the Committee and reviewed the request for funding. Ms. Metzger stated that the Food Bank is looking for funds to purchase wagons with pneumatic tires for moving large loads of food, as well as for a website that can generate online donations.

Sooke Harbour Players

- Joe Scheubel and Christine McGuiness, representing the Sooke Harbour Players, addressed the Committee and reviewed the request for funding. The Sooke Harbour Players are requested funds in support of their next productions, “The Who’s Tommy.”

Sooke Horseshoe Pitching Association

- Ron Dumont and Rick Hobday, representing the Sooke Horseshoe Pitching Association, addressed the Committee and reviewed the request for funding. The Horseshoe Pitching Association is requesting funds to help construct 8 horseshoe pitching courts, a storage area and fencing. The horseshoe courts would be open to the public, as well Association members.

Sooke River Bluegrass Festival Society

- Al Planiden, representing the Sooke River Bluegrass Festival Society, addressed

the Committee and reviewed the request for funding. The Festival Society is requesting funding to further develop the Bluegrass Festival.

Sooke Therapeutic Yoga Society

- Shanna Hamilton, owner of Kids Art Studio, addressed the Committee and reviewed the request for funding. Through the Sooke Therapeutic Yoga Society, Ms. Hamilton is proposing to offer a two week children's art camp, free of charge.

Sooke Transition Town Society – Wild Wise Sooke

- Nitya Harris, representing Wild Wise Sooke, addressed the Committee and reviewed the request for funding. Ms. Harris explained that BC Conservation is no longer offering the Wild Safe program in Sooke, so the Sooke Transition Town Society and the newly formed Wild Wise Sooke have teamed up to continue the programming formerly offered through the provincial organization.

South Island Recreation Association

- Alexandra Martin and Erin Whitely, representing the South Island Recreation Association, addressed the Committee and reviewed the request for funding. The South Island Recreation Association is looking to explore the possibility of reestablishing a children's water park in Sooke and requested funding for initial feasibility studies, siting and concept drawings.

6. Public Input:

- Raelene Lund, Sooke resident, teacher and parent at Ecole Poirier Elementary School spoke in support of the nature playground.
- Ellen Lewers, Sooke resident, questioned whether Ecole Poirier could not construct the playground one phase at a time and fund the project over a longer amount of time. Mrs. Lewers asked for clarification on budget items for the EMCS Student Arts Bus Shelter and stated that further details on how the Sooke Community Choir intended to share the lighting system should be sought. Mrs. Lewers noted that the Sooke Harbour Players were asking for funds to cover advertising and promotions and stated that she had made a presentation to Council in the past for a digital sign that would be available for promotion of community events. Ms. Lewers stated her opposition to the Sooke Horseshoe Pitching Association project as she feels it serves a small group and would prefer to see additional parking for the Fred Milne ball fields in that location. Mrs. Lewers stated that there is an existing water park in Sooke and that ongoing maintenance has been problematic and costly. Additionally, Mrs. Lewers stated that she felt the province should be paying for the Bear Wise program.
- Shanna Hamilton, Sooke resident, parent and teacher spoke in support of any project that gets kids outside, into the arts or away from technology.
- Charlotte Mills, Sooke resident, spoke in support of the South Island Recreation Association's water park project. Ms. Mills stated that she has spoken with many moms in the area who are in support of a water park.
- Debbie Read, coordinator for Bear Wise Sooke provided further information on the transition from the BC Conservation Foundation. Ms. Read stated that by bringing the program to a local level, it can be more Sooke-specific and also can save the administration fees of a larger organization.
- Alexandra Martin, Sooke resident, addressed the Committee and stated that there is no operational water park in Sooke and that the goal of her proposal is not to burden the municipality with ongoing operational funding.
- Andrew Heath, Sooke resident, spoke in support of the Ecole Poirier playground. Mr. Heath stated that the PAC is fundraising and constructing the playground in

phases and that they are grateful for the support we have received. Mr. Heath highlighted the environmental benefits of a natural playground made with reclaimed items, as well as the financial savings.

Committee Discussion:

- Discussion of Provincial downloading of costs onto municipalities.
- Importance of fundraising from multiple sources when considering grant applications.
- Importance of ensuring organizations are self-sustaining and not reliant on regular municipal grants.
- Organizations that sell tickets to performances should consider raising ticket prices to cover operational costs.
- Clarification of which expenses are eligible under each category of grant.

MOVED and seconded to recommend that Council fund the request from the Ecole Poirier Elementary School PAC in the amount of \$7,000.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council approve the request from the Edward Milne Community School for the Student Art Bus Shelter Project in the amount of \$1,925.87.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council approve the Girl Guides of Canada Milnes Land Camp Committee request in the amount of \$2,500.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council approve the request from the Sooke Community Choir Society in the amount of \$1,000.

DEFEATED

MOVED and seconded to recommend that Council approve the request from the Sooke Fine Arts Society in the amount of \$500 for the Pump House Murals project.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council approve the request from the Sooke Food Bank Society in the amount of \$3,075.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council NOT approve the request from the Sooke Harbour Players.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council NOT approve the request from the Sooke Horseshoe Pitching Association.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council NOT approve the request from the Sooke River Bluegrass Festival.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council NOT approve the request from the Sooke Therapeutic Yoga Society for the purposes of a summer art program for children.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council approve the request from the Sooke Transition Town Society for the Bear Wise project in the amount of \$4,000.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council NOT approve the request from the South Island Recreation Society.

CARRIED UNANIMOUSLY

MOVED and seconded to recommend that Council direct staff to bring forward the feasibility of repairing and improving the Broomhill water park to the Parks and Trails Advisory Committee.

CARRIED UNANIMOUSLY

7. Action Items for Community Grant Review Committee

Brent Blackhall provided an overview of the Action Items assigned to the Community Grant Review Committee. These are matters that have been delegated to this committee from Council and should be scheduled for completion this year.

MOVED and seconded to receive the report for information.

CARRIED UNANIMOUSLY

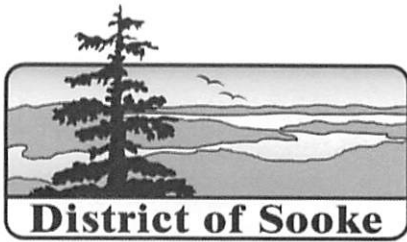
8. Next Scheduled Meeting: TBD

9. Adjournment:

MOVED and seconded to adjourn the meeting at 8:54 p.m.

Kerrie Reay
Chair

Bonnie Sprinkling
Corporate Officer



File No. 0540-20

DIRECTION REQUEST

COMMUNITY GRANT REVIEW COMMITTEE

Meeting Date: October 21, 2015

To: Gord Howie, Chief Administrative Officer
From: Brent Blackhall, Deputy Director of Finance
Re: **September 30, 2015 Community Grant Program Applications**

SUGGESTED ACTION:

THAT THE COMMUNITY GRANT REVIEW COMMITTEE review the applications for Category A and Category B grants received by September 30, 2015;
AND make recommendations to Council regarding approval of the Category A and Category B grant applications;
AND schedule a meeting in November 2015 to carry out a review of all Category A grants.

The Community Grant Program is designed to assist organizations to improve the well being of the community as a whole through community projects, programs, services, activities or events located primarily in the District of Sooke.

The Community Grants Program has two categories of funding; Category A (annual grants - program type) and Category B (bi-annual grants - project type). The bi-annual intake dates for Category B grants are April 30 and September 30 and these grants are normally for amounts not exceeding \$7,000. Category A grant applications are received throughout the year and have a deadline intake of September 30 for consideration in the following year's annual budget.

1. Category B grants – September 30, 2015 applications

The 2015 approved budget for Category B grants is \$50,000.00 and \$19,000.87 has been awarded to date, leaving an available balance of \$30,999.13. The table below presents a listing by applicant along with their most recent grant received.

Applicant	Sept 30, 2015 Request	Last Year grant received	Amount Awarded
Sooke Academy of Music	\$2,000	2014	\$1,000
Sooke Philharmonic Society	\$9,500	2013	\$3,000
Sooke Community Choir Society	\$2,371.60	2010	\$5,000
Sooke Youth Show Choir	\$3,000	NA	NA
Christmas Bureau (Sooke Food Bank Society)	\$12,000	2014	\$7,000 (Category B for Christmas Hampers)
TOTAL:	\$28,871.60		

2. Category A grant applications for 2016 – changes to existing grants

The District has received one request for a change to an existing Category A grant, listed below. This change would take effect in the 2016 fiscal year and amounts to a \$3,429 impact on the Category A budget.

Sooke Food Bank – Milk Program (2015 actual was \$6,561 from Category A and \$2,000 from Council contingency. Impact of change request is \$3,439 on Category A budget).	\$10,000	2015	\$8,561
---	----------	------	---------

3. Category A grant applications for 2016 – new applications

The District has received five new Category A grant applications, listed below. These new applications would take effect in the 2016 fiscal year. Note that for 2015 the Category A budget is \$72,788 and has been fully expended. The amount of new Category A applications listed below is \$20,425.87.

EMCS Student Art Bus Shelter Project (application is to be in Category A instead of Category B)	\$1,925.87	2015	\$1,925.87 (Category B)
Sooke Transition Town Society (request is for three programs; Transition Sooke, Wild Wise Sooke and Zero Waste Sooke).	\$4,000	2015	\$1,225 Category A (Wild Wise Sooke) \$4,000 Category B (Wild Wise Sooke)
Sooke River Bluegrass Festival Society	\$5,000	NA	NA
Bipolar Disorder Society of BC	\$4,500	NA	NA
Canadian Senior Cohousing Society	\$5,000	NA	NA
Total new Category A requests:	\$20,425.87		

4. Review of existing Category A grants

At the March 23, 2015 Committee of the Whole meeting it was moved and carried that the line item for Annual Grants (Category A) remain at the 2015 amount of \$72,788 pending review of the Grants by the Community Grant Review Committee. This review should be scheduled for November 2015 in order to provide timely notice to existing grant recipients should plans change for 2016, also to be considerate of the 2016-2020 Five Year Financial Plan budget process. Possible dates of November 10th, 17th or 18th have been proposed for discussion.

Attached Documents:

1. Community Grant Applications



Brent Blackhall, CPA, CA
Deputy Director of Finance

SEP 29 2015

Received

DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

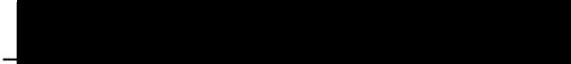
APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization:

Sooke Academy of Music

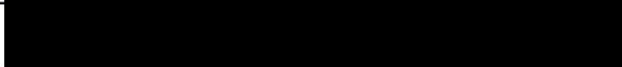
Address of Organization:

Sooke, BCV9Z 1K7

Phone:



E-mail:



Contact Person:

Lorna Bjorklund

Category	Grant eligibility area:
<input type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input checked="" type="checkbox"/> B - Bi-Annual Grant	<input type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested:

\$12000

Total Budget:

(attach completed Budget Form)

Have you applied before?

Yes for strings

When?

2014-2015

Grant Received?

\$1000

Have you submitted a final report for previous grant?

not community bandYes

Incorporation number and date of incorporation if applicable:

(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

I am applying to become a society within the province of BC with the help of the staff at the District of Sooke office.

Describe your organization, its mandate and program (s) _____

The mandate is to provide quality music, ^{quality} musical instruction and ^{to} open up opportunities for youth and adults in the Sooke community.

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

Project description: _____

Community band - This group began last year to give adults an opportunity to play an instrument in the community and ^{an opportunity} for students who had studied ^{at one time} and waited ^{left a group} to resume playing.

Purpose of project: _____

To provide a musical outlet for adults and youth. The organization helps youth in the middle and high schools as well as developing a solid group ^{of adults} who ^{which} can perform at seniors' homes, concerts and community events.

The names of those involved in carrying out the project: _____

Lorna Bjorklund - Dr. Melissa Edwards

Date and Place of Project: _____

Saturday mornings - 11:00-12:30 -
Journey Middle School.

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

Date:

Organization Name:

Revenues	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
Grants:				\$
District of Sooke request		2600		\$
Other grants				\$
(list funder)				\$
(list funder)				\$
				\$
Admissions / fees:				\$
				\$
Other:				\$
				\$
				\$
Total Revenues				\$
Expenses				
				\$
Scores				\$ 2000
Instrument repair				\$ 500
Stands				\$ 400
Lights				\$ 400
Misc. (reeds, oil, cork)				\$ 100
Instrument (lower grease)				\$ 1000
brass)				\$
Total Expenses				\$ 4300
			Net Income	\$

COMMUNITY GRANT PROGRAM - Financial Statement

Period Covered: 2014-2015 (Sept. to Sept.)

Organization Name: Sooke Academy of Music

Revenues	Actual Results
Grants:	\$ 1000
(list funder) District of Sooke	\$ District of Sooke
(list funder) Individuals	\$ 1200
(list funder) One donor	\$ 3000
	\$
Admissions / fees:	\$
	\$
	\$
Other:	\$
	\$
Total Revenues	\$ 6200
Expenses	
Books	\$ 400.00
Scores	\$ 1200.00
Violin and cello	\$ 2000.00
Misc. (rosin etc)	\$ 250.00
Stands	\$ 800.00
Lights	\$ 600.00
Repairs	\$ 300.00
	\$
	\$
Total Expenses	\$ 6550
Net Income	\$ (350)

Contests e-Edition Obits



SOOKE NEWS MIRROR


[HOME](#) [NEWS](#) [SPORTS](#) [BUSINESS](#) [ENTERTAINMENT](#) [COMMUNITY](#) [LIFESTYLES](#) [OPINION](#) [DRIVEWAY](#) [2015 FEDERAL ELECTION](#)
[CLASSIFIEDS](#) [BC JOBS](#)

2015 TUNDRA
TOUGH FOR YEARS

SAVE UP TO
\$6,000* LEARN MORE

2015 TUNDRA CREWMAX

TOYOTA

4GOOD
RAISE MONEY NOW

[Connect with Us](#)

ENTERTAINMENT

Concert band in the works

1

Like 9

G+1 0

Tweet 1

posted Nov 5, 2014 at 5:00 AM

Daniel Chauvin

Sooke News Mirror

Educated in the Deep South in the foothills of the Appalachian Mountains, Melissa Edwards connected with the sultry sounds of the saxophone and felt her soul's sound at the young age of 11.

Studying with some of America's finest musical teachers, she attended Jacksonville State University in Alabama on a full, four-year saxophone scholarship. One of her honours was to be appointed section leader for Euphoniums in the Marching Southerners, famous for their precision and unique style.

An employee of the Sooke school district, she collaborated on music education projects for three years with Lorna Bjorklund, which she describes as an "amazing partnership."

"We make a dynamic team and believe in fun, learning and progress," she writes.

Together, they are melding their love for Sooke and music in the form of a Sooke Community Concert Band. Both women are passionate about creating musical opportunities in Sooke, leading and challenging with expert instruction, great encouragement and support.

"Sooke needs a community band. Langford and Victoria have their own, and it is time for Sooke to have its own," said Edwards.

Originally intending to teach at affluent schools, Edwards gravitated toward less fortunate kids who bring with them a different musical energy. She feels called to help disenfranchised youth discover their 'inner-musician.' Although this is another of her motivations for starting a community band, she emphasizes that the band is open to anyone from age 13 to 99 with at least two years of musical experience.



Music instructor Lorna Bjorklund — Image Credit: Submitted



GET THOUSANDS BACK
ON ENERGY-EFFICIENT
RENOVATIONS.

Find out how

BC Hydro
powersmart

WorkBC Employment Services Centre
ek Employment
YOUR LOCAL EMPLOYMENT SPECIALISTS

Looking for staff in the
Cranbrook / Kimberley area?

Post jobs locally to find local talent!

www.ekemployment.org

Canada BC
The Employment Program of Sooke is a member of the Employment of Canada and the Province of British Columbia.

"Even if it was 50 years ago, or you played in the 1930's we want you to come out!" she exclaimed. "We want to create a comfortable atmosphere for learning and bringing together a community band, and offer high school kids another opportunity to play. Our goal is to have at least one song ready by Christmas" Edwards added.

The Sooke Community Concert Band starts on Monday, November 3, from 7 to 9 p.m. at Journey middle school, 6522 Throup Road.

Membership is \$150 per year. For more information, please contact Melissa Edwards at s.melissa.edwards@gmail.com.

We encourage an open exchange of ideas on this story's topic, but we ask you to follow our guidelines for respecting community standards. Personal attacks, inappropriate language, and off-topic comments may be removed, and comment privileges revoked, per our Terms of Use. Please see our FAQ if you have questions or concerns about using Facebook to comment.

1 Comment

Sort by Newest



Add a comment...



Shelley Smith

What a fabulous idea!

Like · Reply · Nov 6, 2014 6:37pm

Facebook Comments Plugin

Related Stories

- School band impresses judges
- Journey band students kept busy with concerts
- Band mates fund raise
- Sooke composer's work at March concert
- 14 dead in accident at South Korean concert
- School band returns to EMCS
- Weezer cancels December concerts after crash

You might like ...



ELECTION 2015: NDP won't be guided by Leap Manifesto, Cullen says



Targeting the Comox Valley's young voters



Double-double to goat at Tim Hortons



Spirit of competition



Obama, Putin spar over Assad's role in Syria's future



Palestinians clash with Israeli riot police at holy site

WorkBC Employment Services Centre
Employment
 YOUR LOCAL EMPLOYMENT SPECIALISTS

Looking for staff in the Cranbrook / Kimberley area?

Post jobs locally to find local talent!

www.ekemployment.org

Click here to place a job ad or call us at 1-855-678-7833

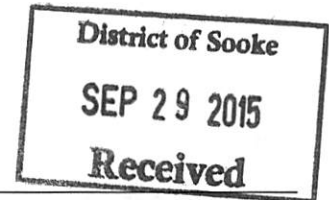
Hawaii
 Luxurious Hawaiian Holiday for Two*

ENTER TO WIN

THIS ROYAL HAWAIIAN A LOVELY COLLECTION OF ARTS
 HAWAIIAN
 enterprise

save.ca
 Weekly Flyers

View All Flyers



DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization: Sooke Philharmonic Society

Address of Organization: Box 767
Sooke, BC V9Z 1H7

Phone: [REDACTED] Fax: [REDACTED]

E-mail: info@sookephl.ca

Contact Person: Lorne Bjorklund [REDACTED]

Category	Grant eligibility area:
<input type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input type="checkbox"/> B - Bi-Annual Grant	<input checked="" type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested: 9,500.00 Total Budget: 69,977.80
(attach completed Budget Form)

Have you applied before? Yes When? 2014 Grant Received? 5,000.00

Have you submitted a final report for previous grant? Yes

Incorporation number and date of incorporation if applicable: 1988 5-39026
(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

Describe your organization , its mandate and programs

The mandate of the Sooke Philharmonic Orchestra, (SPO) is to develop, promote and enhance an orchestra which will provide a high standard of musical performances for the benefit of the Community.

The SPO is a 60 member, semi-professional orchestra that performs in Sooke, Metchosin and Victoria. The orchestra performs eight annual concerts, including a Christmas concert and a concert dedicated to young musicians. In addition, the SPO performs a free open air family concert (The Philharmonic Fling) each summer in Sooke. Small ensembles perform regularly at community events and fundraisers for local causes.

The SPO is active in music education. Its Young Musicians Concerto Competition provides recognition and support to promising youth in the Greater Victoria region. The SPO also assists with music training in Sooke schools. Each year, it offers a well-attended seven-day chamber music workshop that provides coaching and training for amateur musicians from across Canada and the United States. The SPO is a vital part of Sooke's cultural identity, as well as being a major presence in Sooke. It is a source of pride to the residents of Sooke.

Describe the community project, for which funds are being sought. Indicate why this project is unique and why it should receive municipal funding

The Sooke Harmony Project (SHP) will provide music instruction free to low income youth in the Sooke area. The SHP will engage children in music lessons and rehearsals for five hours per week, build full-time orchestras with these children in their own neighbourhoods and arrange field trips to concerts and special events. Each student will receive an instrument to take home and use as their own. All students will be enrolled in group classes. Private lessons will be offered to children who demonstrate superior progress or who require special attention.

Students as young as seven years, will begin with no prior music experience. At the end of their first year they will be able to read music and perform in front of an audience. When they graduate from high school they will have essential learning and collaboration skills that will serve them throughout their lives. Graduates of the Sooke Harmony Project will develop life skills, become musically competent, develop learning and thinking skills especially in language and math, make academic progress, increase cultural understanding and make strong connections.

They will be more likely to achieve academic success and pursue a post-secondary education.

Through playing in an ensemble, students will learn to work together and be supportive to others

The project will be carried out by the following

Norman Nelson –SPO conductor and founding member of the Academy of St. Martin in the Fields. Norman received the Queen Elizabeth II Diamond Jubilee medal in 2012

Ms. Lorna Bjorklund, (Project Manager) - Music Department Head in elementary/secondary schools in Saskatchewan, Ontario, Brazil, Cayman Islands, and British Columbia. In her Management and

Development positions, Lorna was responsible for curriculum, staffing, budgets, trips, concerts, promotion, parent programs, community projects.

Anne McDougall- M.Mus- (Music Instructor) SPOs concert master. For over 40 years Anne has taught music in private and group lessons small ensembles and string orchestras.

There is a shortage of music programming in the Sooke Region schools, as well as a lack of financial resources in many households for private music education. Average family incomes are significantly lower in Sooke than the BC average. Elementary schools receive singing and ukulele instruction once a week. Middle schools provide less than two hours per week for concert band instruction with the same for general music education. Private lessons are an option for students that can afford them; many students cannot. Not only are these students missing out in learning to play a musical instrument, the benefits of music instruction are not available to them.

Teachers, the principal of Journey Middle School and a counsellor at the Sooke Family Resources Society have stated in interviews that some children would benefit greatly from music instruction in terms of intellectual and creative development, as well as having an alternative to potentially harmful activities. These children include at risk youth with Attention Deficit Disorder and other learning disabilities.

The SHP provides participating youth, especially disadvantaged young people, with the opportunity to transform their lives. Exposure to music will contribute to their social and academic development enabling them to undertake further challenges and achieve more later in life. This impact has been shown through research studies by Northwestern University. Students will develop self- esteem and a sense of achievement. They will be validated by their success in the program. Nina Kraus PhD of the Auditory Neuroscience Laboratory at Northwestern University is heading an ongoing research project that has already been able to prove that two years of classes with existing the Harmony Projects in the United States have improved brain function of participating youth.

The SHP will have a positive impact on the 20 initial youth participants and the larger community.

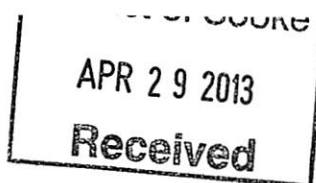
Music instruction and performance stimulate the academic and social development of youth and provide an alternative to potentially harmful activities for youth at risk. Public safety in the community is thereby enhanced. Neighbourhood concerts will contribute to the cultural enhancement of Sooke

Classes will be held in Sooke from February - June and September – December – 2016.

COMMUNITY GRANT PROGRAM –
SOOKE HARMONY PROJECT BUDGET

September 28, 2015

REVENUES	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
Grants				
District of Sooke Request		9,500.FOR MUSICAL INSTRUMENTS,SCORES & BOOKS		9,500.
Other grants				
Lieblch Foundation		15,000		15,000
Victoria foundation		15,000.		15,000.
Other				
Journey Middle School(facility rent)	10,500		10,500	10,500
Teachers	4200..		4200.	4200.
Teaching Assistants	2,800.		2,800.	2,800.
Conductor	3,937.		3,937	3,937.
				1047.
TOTAL REVENUE				60,937.00
EXPENSES				
Program Expenses				
Program Manager 9 MONTHS @ 1200. /MONTH			10,800.	
Conductor			3,937	
Teachers \$50/HR 8 HRS /WK @35 WEEKS			14,000.	
Assistant Teachers \$20./HR			5,600.	
Total Salaries/ Wages				34337.
Facility Use (Rent)			10,500.	
Scores and books			1,500.	
Instruments &repairs			8,000.	
				20,000.
Indirect Costs				
Accounting and Bookkeeping			2,400.00	
Office Supplies			600.00	
Telephone			600.00	
Post Box			600.00	
Publicity and Promotion			2,400.00	
				6600.
TOTAL EXPENSES				60,937.00



NUMBER: S-39026

SOCIETY ACT

CERTIFICATE OF INCORPORATION

I Hereby Certify that

THE SOOKE PHILHARMONIC SOCIETY

has this day been incorporated under the *Society Act*

Issued under my hand at Victoria, British Columbia

on November 05, 1998



JOHN S. POWELL
Registrar of Companies
PROVINCE OF BRITISH COLUMBIA
CANADA

SOOKE PHILHARMONIC SOCIETY - MEMBERS OF THE BOARD 2015-2016

Since its inception, the Sooke Philharmonic Society has successfully arranged concerts and fundraising events. The Board consists of motivated and competent individuals, with extensive experience in publicity, promotion, leadership, event planning, fundraising and accounting.

Bob Whittet- President

Dr. Leslie King -Development/ Grants

Kathleen Campbell - Secretary

Jim Mitchell - Treasurer

Lorna Bjorklund - Director

Marilyn Stephen Cudmore - Directors

Marg Elliot - SPS Coordinator

Derek Wakefield - Director

Kathryn Mainguy - Publicity Director

**SOOKE PHILHARMONIC SOCIETY
STATEMENT OF OPERATIONS AND FUND BALANCES
YEAR ENDED AUGUST 31, 2014
(Unaudited)**

	\$
Income	
Concert admissions	19,368
Grants	6,500
Lunson Estate	53,710
In memorium	5,000
Workshop	23,475
50/50	450
Musical chair donations	2,300
Quartet performance	500
Merchandise sales	3,283
Membership and donations	21,415
Other events, net	11,337
ICBC rebate	588
Interest	595
	<u>148,521</u>
Expenses	
Concert (Schedule 1)	71,088
Operating (Schedule 2)	78,376
Total Expenses	<u>149,464</u>
Net Income (Loss)	(943)
General Operating Fund Balance, Beginning of Year	<u>12,388</u>
General Operating Fund Balance, End of Year	<u>11,445</u>

SOOKE PHILHARMONIC SOCIETY

**BALANCE SHEET – AUGUST 31, 2014
(Unaudited)**

ASSETS

Current	\$
Cash	2,771
Term Certificates	<u>108,431</u>
	<u>111,202</u>
Capital, at cost	
Instruments and equipment	20,206
Van	<u>21,594</u>
	41,800
Less accumulated amortization	<u>41,800</u>
	<u>--</u>
	<u><u>111,202</u></u>

LIABILITIES AND FUND BALANCES

Current	
Accounts payable and accruals	--
Fund Balances	
General operating fund	11,445
Capital fund	70,000
Community fund	<u>29,757</u>
	<u>111,202</u>
	<u><u>111,202</u></u>

Approved by the Directors:

HARMONY PROJECT



OUR MISSION IS:

TO PROMOTE the healthy growth and development of children through the study, practice and performance of music.

TO BUILD healthier communities by investing in the positive development of children through music.

TO DEVELOP children as musical ambassadors of peace, hope and understanding among people of diverse cultures, backgrounds and beliefs.

THE PROGRAM

Harmony Project is an award-winning research-based program that promotes positive youth development through year-round music lessons and ensemble participation.

INSTRUMENTS	Students receive a musical instrument to take home and use as their own.
LESSONS	Students are enrolled in classes appropriate to their progress. Those who demonstrate superior progress or require special attention are offered private lessons.
ENSEMBLES	All students are enrolled in an ensemble. All levels of ability are able to participate.
PERFORMANCES	Orchestras and small ensembles hold concerts throughout the year.



HARMONY PROJECT

TRANSFORMS LIVES

DR. MARGARET MARTIN, HARMONY PROJECT FOUNDER

Margaret Martin, DrPH, MPH, overcame early challenges, including teen pregnancy and parenting, domestic violence and homelessness with her two children, to enroll at LA City College as a freshman at the age of thirty-three.

She went on to earn a doctorate in Public Health from UCLA in 'Community Health Science', and a master of public health degree, also from UCLA, in Behavior Science/ Health Education, and Population and Family Health.

She founded Harmony Project in 2001, which has provided instruments and tuition-free group and private music lessons to thousands of the most vulnerable children in Los Angeles as a means of positive youth development and social inclusion. Harmony Project currently maintains numerous full-time youth orchestras, and works to develop youth music ensembles throughout LA's low-income gang reduction zone neighborhoods. In 2011, Margaret Martin received the Citizens Medal from President Barack Obama for creating a program designed to replace violence and despair in children's lives with hope and opportunity.



IT COSTS APPROXIMATELY

\$1500 PER YEAR

TO SPONSOR A STUDENT

THIS COVERS:

Instruction

Musical instruments

Ensemble costs

Study materials

Administrative support



CONNECT – Let us know you care by joining our growing community of supporters.

SHARE – Know anyone who might be interested in lending a hand? Help us spread the word!

SUPPORT – Your tax-deductible contribution allows us to provide instruments, lessons and learning materials to students.

For information about the HARMONY PROJECT in Sooke, BC, please contact: **Lorna Bjorklund, Program Manager**

lornabj@hotmail.com | 250-642-6681

www.harmony-project.org

**GIVE MUSIC
CHANGE
LIVES**

APPENDIX II - Policy No. 5.1

District of Sooke
SEP 30 2015
Received

DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization:

SOOKE COMMUNITY CHOIR SOCIETY

Address of Organization:

PO BOX 603

SOOKE BC

V9Z 1B6

Phone:

Fax:

N/A.

E-mail:

Contact Person:

Sally Titchkosky or Phoebe Dunbar

Category	Grant eligibility area:
<input type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input checked="" type="checkbox"/> B - Bi-Annual Grant	<input type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested:

\$ 2371.60

Total Budget:

\$ 4121.60

(attach completed Budget Form)

Have you applied before?

YES

When?

2010

Grant Received?

5000

Have you submitted a final report for previous grant?

YES

Incorporation number and date of incorporation if applicable: S-0029744-1992
(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

p. 2 application form

Sooke Community Choir Society – organization, mandate, programs, benefits and impact

The choir was formed in 1989 and incorporated as a society in 1992. The choir has been performing for the communities of the Sooke area for over 26 years: public concerts, churches, school concerts, memorial services, Armistice services at the Sooke Legion, and Ayre Manor. Our mandate and purpose is to enrich our society by inviting all ages to participate in singing, assisting the choir with all aspects of choral productions and where possible contribute to our community through special targeted fund raisers – e.g. Sooke Food Bank. With weekly choral practices and rehearsals from September through to June, with the assistance of professional musical and artistic director Bruce Ruddell and our piano accompanist Kathy Russell, our 65 choir members learn so much about music and performance. To sing in a choir is a very rewarding and inspiring activity.

The impact of these 2 exceptional award winning professional teachers serving our community and choir is beneficial and rewarding for over 2000 Sooke residents who attend our concerts and performances. We receive rave reviews. Our choir continues to flourish – since 2014 we have grown from a choir of 23 to 65, almost tripling in size.

The numbers of Sooke businesses and supporters, citizens and volunteers involved with the choir and its productions each year is close to 200. Please see attached spring 2015 concert program where our supporters and production volunteers are recognized. In addition to the choral performances we collaborate with several key Sooke groups to share resources and other cultural initiatives – Sooke schools, Sooke Fine Arts and the Sooke Philharmonic Society. We are a Sooke asset that enriches the lives of many and contributes to Sooke's unique culture.

Project description - nature of the project, its uniqueness and rationale why we should receive District of Sooke community grant funds

The Sooke Community Choir now uses the historic Sooke Community hall as its primary concert venue. Our May 2015 spring concert series was held in this hall. The audiences and the choir highly enjoyed this concert series and new venue because of the excellent acoustics and its significance as a "community" hall and prime location. We have booked the hall again for our 2015 Christmas and 2016 spring time concerts.

The choir over the years has raised monies, with community support, for a sound system, piano, risers, costumes and a music library. To enhance the community hall as a concert venue we need to have a lighting system.

This portable system, owned by the community choir, will be made available to other performing arts groups in Sooke by way of a user agreement to ensure responsible and safe use to protect this investment. Currently lighting systems are not available to borrow or rent from other Sooke area groups e.g. Sooke Philharmonic Society or local theatre groups. There are no cultural groups in Sooke who own their own lighting systems other than one theatre group, whose lights are not suitable for choral performances. EMCS theatre lights are fixed, and the EMCS theatre is too costly to rent and their acoustics are challenging.

Because the Sooke Community hall has no lights per se, we have to rent the lights, which can cost us up to \$700 to \$1000 a year, depending on the number of concerts and special events we present.

We believe there is a fit with the District of Sooke's guidelines and criteria for community grants, and our need – lights. These lights will be a community asset to be shared with other performing arts groups. A community grant will be an investment in and for Sooke's cultural and art programs.

Since our last application for funds (April 2015) we can now demonstrate additional community fiscal and collaborative support from other community groups including: Sooke Lions, CRD Juan de Fuca grants in aid, Sooke Community Association and the Sooke Community Arts Council.

Purpose of the project

To purchase a lighting system to enhance the community hall as a concert venue and to share this valuable production and technical resource with other Sooke performing arts groups. But more importantly ...

"A successful performance depends on many elements coming together. Proper lighting is one of these important elements. Without proper lighting the audience will never experience the full possibility of the show being presented. With the proper lighting the extraordinary work of each choir member to make the performance all it can be is diminished. It's as simple as that. By owning adequate lighting we can plan for a visual experience to match the vocal presentation, the costume presentation and the sets that the choir sings inside."

Bruce Ruddell, artistic director, Sooke Community Choir.

Describe your organization, its mandate and program (s) _____

See attached 2 pages

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

Project description: _____

Purpose of project: _____

The names of those involved in carrying out the project: _____

BRUCE RUDDALL ARTISTIC DIRECTOR

SALLY TITCHKOSKY - PRESIDENT

Date and Place of Project: FAU 2015

SOOKE COMMUNITY HALL

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

FOR LIGHTING SYSTEM
PROJECT

Date: SEPT 30 2015

Organization Name:

SOOKE COMMUNITY CHOIR SOCIETY

Revenues	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
Grants:				\$
District of Sooke request		2371.60		\$ 2371.60
Other grants CRD GRANT IN AID	500			\$ 500.00
(list funder) SOOKE LIONS	500			\$ 500.00
(list funder) SOOKE ARTS COUNCIL	250			\$ 250.00
SOOKE CHOIR	500			\$ 500.00
Admissions / fees:				\$
				\$
Other:				\$
				\$
Total Revenues				\$ 4121.60
Expenses				
PURCHASE OF ONE LIGHTING SYSTEM				\$
SEE ATTACHED QUOTE				\$
FROM				\$
PRO SHOP SOUND & LIGHTING				\$ 4121.60
				\$
				\$
				\$
Total Expenses				\$ 4121.60
Net Income				\$ —

Board of Directors
Sooke Community Choir Society
June 2015 to May 2016

President – Sally Titchkosky
Vice President – Jeannine Clark
Secretary – Laura Dowhy
Treasurer – Andrew Donnelly
Director (funding) – Phoebe Dunbar
Director (touring) – Lise Henderson
Concert Managers – Roger and Vicki Temple
Director – Heather McMahon

PRO SHOP SOUND & LIGHTING
464 BAY ST. VICTORIA B.C.
250-361-1711

4 Fresnell's 500 w. 2100.00

2- Ktm Lite stands 1000.00

1- Acme - Light + easy.
controlor. 580.00

3680.00 + TAX.

\$ 441.60

TOTAL \$ 4121.60

BUDGET

Sooke Community Choir Society

Projected Revenue and Expenses for June 1, 2015 to December 31, 2015

Projected Revenues

Gaming Grant	\$2250.00
Membership Dues	\$5000.00
Fundraising	\$1500.00
Concerts	\$4700.00
Carry over from last year	\$3250.00
Total	\$16,700.00

Projected Expenses

Artistic Director	\$6000.00
Accompanist	\$5140.00
Rehearsal Venue	\$ 700.00
Music Purchase	\$1000.00
Concerts expenses (Hall, promotion, Piano moves and tuning, programs, etc.)	\$1500.00
Fixed Admin expenses (BCCF, SOCAN, Mailbox, Storage Unit rental)	\$ 800.00
Fixed Asset Purchases	\$ 500.00
Misc. Admin (refreshment supplies, photocopies, stationary, CDs)	\$ 150.00
Donations within community	\$ 500.00
Total	\$16,290.00
Projected Balance	\$ 410.00

FINANCIAL STATEMENT

SOOKE COMMUNITY CHOIR SOCIETY

REVENUE AND EXPENSES STATEMENT for the year 1 Jul 2014 to 23 May 2015,
as reported and approved at the AGM held May 27, 2015.

Revenues

Gaming Grant	\$4500.00
Van City Grant	\$ 500.00
Membership Dues	\$10030.00
Fundraising	\$2729.95
Concerts Gross	\$9405.00
Total Income	\$27164.95

Expenses

Artistic Director	\$9000.00
Accompanist	\$5055.00
Rehearsal Venue	\$1162.50
Music Purchase	\$1993.16
Concert Expenses	\$2750.79
Fixed Admin. Expenses (BCCF, SOCAN, Mailbox, Storage unit rental)	\$1579.21
Fixed Asset Purchases (risers, music binders, filing cabinets)	\$ 997.14
Misc. Admin expenses (refreshment supplies, photocopies, etc.)	\$ 274.87
Donations within community	\$1101.94
Total Expenses	\$23914.61
Total positive cashflow	\$3250.34



SOCIETY ACT

CANADA
PROVINCE OF BRITISH COLUMBIA

CERTIFICATE OF INCORPORATION

I Hereby Certify that

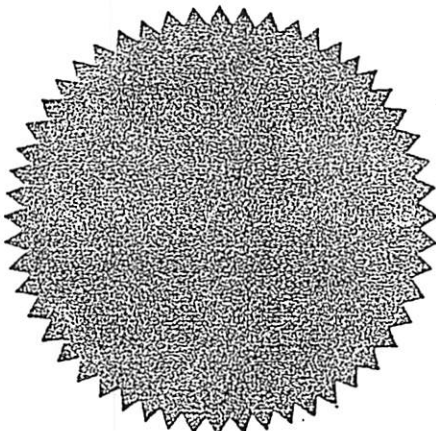
SOOKE COMMUNITY CHOIR SOCIETY

has this day been incorporated under the *Society Act*

*Issued under my hand at Victoria, British Columbia
on November 10, 1992*

A handwritten signature in cursive script, reading "J. Powell".

JOHN S. POWELL
A/Registrar of Companies





SOOKE COMMUNITY ASSOCIATION

P.O. BOX 198, SOOKE, B.C. ~~V0S 1N0~~
V9Z 0P7

Sooke Community Association
2037 Shields Road, Box 198
Sooke, B.C.,
V9Z 0P7

June 2, 2015

To Whom It May Concern:

Re: Portable Lighting for Use at the Sooke Community Hall

The Sooke Community Association has had several meetings this spring with representatives of the Sooke Community Choir and the Sooke Philharmonic Societies regarding the use of the community hall. We understand that these two societies are interested in continuing to use the hall as a performing arts venue.

Both the Community Choir and Philharmonic Societies would like to purchase some portable lighting for use in the community hall when these societies are doing their performances. We understand that the lights would be made available to others wishing to use them for a nominal charge. The Sooke Community Choir will be the owners of the lights and be responsible for their repair and storage of the lights.

These lights will have to be CSA Approved and meet the Fire Safety Standards.

The Sooke Community Association as owners of the hall have no objections to the use of portable lights in the hall especially if it would enhance the performances of the Sooke Community Choir and the Sooke Philharmonic Orchestra.

Yours sincerely,

Karl Linell,
President, Sooke Community Association.



The
Sooke Philharmonic Society

P.O. Box 767, Sooke, British Columbia V9Z 1H7

April 28, 2015

On behalf of the Sooke Philharmonic Orchestra and Chorus, I would like to support the Sooke Community Choir's request for funding to improve the lighting at the Sooke Community Hall. Our chorus and orchestra rent the Community Hall for at least four concerts a year and the lack of adequate lighting is a problem for our musicians. For each of our concerts, we have to rent a lighting system from an A/V specialty store in Victoria. We frequently loan our own staging equipment to groups performing at both the Community Hall and EMCS Theatre. A lighting system available for use in the Community Hall would benefit many organizations here in Sooke as well as visiting performers.

Thank you for considering this project for the community of Sooke.

Bob Whittet

President, Sooke Philharmonic Society



April 29 2015

District of Sooke
2205 Otter Point Rd
Sooke, BC V9Z 1J2

Re: Sooke Community Choir Community Grant Application

The Sooke Fine Arts Society would like to express its support of the Sooke Community Choir's application to the District of Sooke for funding for lighting infrastructure to facilitate performances at the Sooke Community Hall. The lighting infrastructure would be shared among local organizations for use at the Community Hall.

As one of Sooke's many arts and culture organizations, we strongly endorse the Choir's desire to acquire lighting infrastructure to open the Community Hall to performances and events by other groups, in addition to their own. Performance venues are in short supply in our community, and making the Community Hall more viable as such a venue would be a great boon to the arts and culture community, allowing organizations to consider new opportunities for local events.

We are also very much in favour of the kind of collaborative thinking the Sooke Community Choir demonstrates with this request; mutual support between local organizations, whether through shared infrastructure, venue sharing, shared promotion or otherwise, can only strengthen the arts and culture sector in Sooke to the benefit of the entire community.

Sincerely,

A handwritten signature in black ink, appearing to read "Catherine Keogan". The signature is fluid and cursive, with a long horizontal stroke at the end.

Catherine Keogan
Executive Director
Sooke Fine Arts Society

APPENDIX II - Policy No. 5.1

DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization: *Sooke Youth Show Choir*

Address of Organization: [REDACTED] *Sooke, BC V9Z 0N4*

Phone: [REDACTED] Fax: *N/A*

E-mail: *sookeyouthshowchoir@gmail.com*

Contact Person: *Keli Dunn*

Category	Grant eligibility area:
<input type="checkbox"/> A – Annual Grant	<input type="checkbox"/> Sports and recreation
<input checked="" type="checkbox"/> B – Bi-Annual Grant	<input checked="" type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C – Service Agreement	<input type="checkbox"/> Heritage
	<input type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested: *\$3,000*

Total Budget: *\$18,000*
(attach completed Budget Form)

Have you applied before? *No* When? *N/A* Grant Received? *N/A*

Have you submitted a final report for previous grant? *N/A*

Incorporation number: *S-0064288*

Date of incorporation if applicable: *July 13, 2015*

(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

Does your organization receive a permissive tax exemption? *No*

Does the organization that owns the building you occupy receive a permissive tax exemption?
No

Describe your organization, its mandate and program(s)

Sooke Youth Show Choir is a registered non-profit society that provides youth kindergarten aged through high school with the opportunity to develop their natural creative abilities and promote self-confidence by teaching them the foundations of choral singing, dancing and acting.

Our mandate is to encourage participation and excellence in the arts, culture and heritage for local youth from all religious, cultural and economic backgrounds as well as all levels of physical and cognitive abilities in an inclusive environment.

Our program runs from September until June with weekly rehearsals and includes two productions each year – one in the winter and the other in the spring. In the last year more than 60 children from the community have participated in our program.

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

We are seeking funding from the District of Sooke to purchase a keyboard and accessories for it to be used at our weekly rehearsals and for our productions.

Our program is unique because all of our members are children whereas other local theatre programs focus on adult performers with an occasional role for a child. Ours is also the only community music theatre program available to all children in the Sooke Region. Unlike programs offered through the schools, our program welcomes children from all demographics within the community and fosters unique relationships with our older, more experienced singers providing mentorship to our junior singers.

Our program should receive municipal funding because it teaches the young members of our community valuable skills that will help build a stronger community: the importance of setting goals, striving for excellence, listening well, being accountable, taking initiative, being inclusive of all others, teamwork and leadership.

Project description:

The project will be the purchase of a keyboard and all required accoutrements: keyboard (\$1349), keyboard stand (\$93), folding bench (\$31), amplifier (\$849), cables (\$17), music stand (\$67), microphones (\$257), taxes (\$319.56) = \$2982.56.

Purpose of project:

Currently, we do not own any such equipment and will be required to rent it which becomes more costly over time than purchasing it. We believe that all children should have the opportunity to explore the arts and we make every effort to ensure our program is accessible to every child through our fee subsidy program for families with limited financial resources. Owning our own equipment will significantly lower our annual operating costs which will allow us to keep our program fees affordable for all of our members.

The names of those involved in carrying out the project:

Our Choir Director, Sarah Wilson, will be responsible for purchasing the appropriate equipment required. Our Board of Directors will review and approve all items being purchased.

Date and Place of Project:

Weekly rehearsals are held on Wednesday evenings in Sooke at Saseenos Elementary School. Our productions are scheduled for December 15-16 and June 25-26 at EMCS Theatre in Sooke.

COMMUNITY GRANT PROGRAM – Budget Template

Please include with your application

Date: September 28, 2015**Organization Name: Sooke Youth Show Choir**

Revenues	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
<i>Grants:</i>				
District of Sooke Request		3,000		\$ 3,000
Sooke Community Arts Council		250		250
<i>Admissions / fees:</i>				
Memberships & fees	7,760			7,760
<i>Other:</i>				
Donations & sponsors	50			50
Fundraising		3,000		3,000
Ticket sales		3,000		3,000
Total Revenues				\$ 17,060
Expenses				
Venue rental				\$ 3,000
Costumes & makeup				1,000
Building materials (sets), props				1,500
Sound equipment				3,000
Insurance				1,500
Contract services (accompanist, sound technician, other)				6,500
Advertising and printing				1,500
Total Expenses				\$ 18,000
Net Income				\$ (940.00)

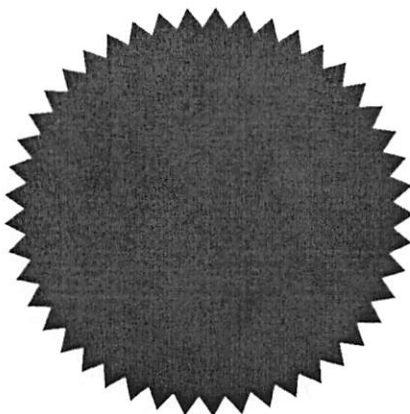


Number: S-0064288

CERTIFICATE OF INCORPORATION

SOCIETY ACT

I Hereby Certify that SOOKE YOUTH SHOW CHOIR was incorporated under the Society Act on July 13, 2015 at 09:39 AM Pacific Time.



*Issued under my hand at Victoria, British Columbia,
on July 13, 2015*

CAROL PREST
Registrar of Companies
PROVINCE OF BRITISH COLUMBIA
CANADA

**Sooke Youth Show Choir
2014/2015 Financial Report**

(Adjusted)

	SYSC	Winter Concert	WOZ	Total
Revenue				
Choir Fees	N/A	\$ 2,156	\$ 1,590	\$ 3,746
Consession Sales	N/A	437	820	1,257
Donations	-	-	485	485
Flower Sales	N/A	-	322	322
Fundraisers	-	-	1,299	1,299
Gaming Revenue	-	-	286	286
Grant Funding	-	-	-	-
Interest Income	-	N/A	N/A	-
Membership Fees	-	N/A	N/A	-
Photo Sales	-	-	-	-
Ticket Sales	N/A	894	3,826	4,720
Volunteer Deposits	N/A	-	-	-
Total cash revenue	\$ -	\$ 3,487	\$ 8,628	\$ 12,115
Total in-kind revenue	\$ -	\$ -	\$ 4,896	\$ 4,896
Total Revenue	\$ -	\$ 3,487	\$ 13,524	\$ 17,011
Expenses				
Bank Fees	\$ 55	\$ -	\$ -	\$ 55
Clubs & Memberships	-	N/A	26	26
Contract Services	-	2,985	3,730	6,715
Insurance	-	N/A	150	150
Legal/Accounting	132	N/A	N/A	132
Marketing & Advertising	-	-	10	10
Equiment & Materials	-	315	1,157	1,472
Occupancy/Venue Rental	-	903	1,846	2,749
Office Supplies & Stationary	97	-	-	97
Postage/Courier	-	-	45	45
Printing	-	8	744	752
Total cash expenses	\$ 284	\$ 4,211	\$ 7,707	\$ 12,203
Total in-kind expenses	\$ -	\$ -	\$ 4,896	\$ 4,896
Total Expenses	\$ 284	\$ 4,211	\$ 12,603	\$ 17,099
Revenue over Expenses	\$ (284)	\$ (724)	\$ 921	\$ (88)

Date Prepared: September 8, 2015



Sooke Youth Show Choir

2014 - 2015

DIRECTORS AND OFFICERS

President

Liz Stannard

[REDACTED]

Sooke BC V9Z 0W9

[REDACTED]

Treasurer

Paisley Pelletier

[REDACTED]

Sooke BC V9Z 0Y6

[REDACTED]

Director, Development and Communications

Keli Dunn

[REDACTED]

Sooke BC V9Z 0Y7

[REDACTED]

Vice-President

Zoe Baldwin

[REDACTED]

Sooke BC V9Z 1M4

[REDACTED]

Secretary

Aniva Easton-Levy

[REDACTED]

Sooke BC V9Z 0N4

[REDACTED]

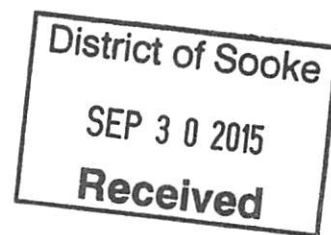
Executive Director

Sarah Wilson

[REDACTED]

Metchosin BC V9C 4A4

[REDACTED]



DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization:

CHRISTMAS BUREAU (SOOKE FOOD BANK SOCIETY)

Address of Organization:

2037 EUSTACE ROAD

P.O. Box 985 SOOKE, B.C.

V9Z-1H9

Phone:

250 642 7666

Fax:

E-mail:

Contact Person:

Kim METZGER

Category	Grant eligibility area:
<input type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input type="checkbox"/> B - Bi-Annual Grant	<input type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input checked="" type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested:

\$12,000.00

Total Budget:

(attach completed Budget Form)

Have you applied before? YES

When?

2013/2014

Grant Received? YES

Have you submitted a final report for previous grant? YES

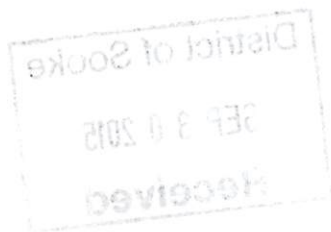
Incorporation number and date of incorporation if applicable: 8-0040347

(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

Hunger
is Unacceptable

Make a Change,
Make a Difference

www.foodbankscanada.ca
/abouthunger



Page 2

APPENDIX II - Policy 5.1

Describe your organization, its mandate and program (s) Christmas BUREAU

Sooke Food Bank ARE MANDATED TO
SUPPORT THE LESS FORTUNATE
WITH FOOD.

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

Project description: TURKEYS AND HAMS FOR CHRISTMAS.
THIS PROGRAM PROVIDES A LARGE BRIDGE
BETWEEN PEOPLE DURING THE TIME OF
YEAR WHEN POVERTY SHOWS

Purpose of project: OUR MAIN GOAL IS TO
STRETCH OUT THE HAMPERS
TO LAST AT LEAST 7 DAYS
INSTEAD OF 3.

The names of those involved in carrying out the project: _____

SOOKE FOOD BANK VOLUNTEERS

Date and Place of Project: DEC. 2013

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

Date:

Organization Name:

Revenues	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
Grants:				\$
District of Sooke request		✓		\$ 12,000. ⁰⁰
Other grants SANTA'S Annon.	✓			\$ 40,000. ⁰⁰
(list funder) Community		✓	✓	\$ 20,000. ⁰⁰
(list funder)				\$
				\$
Admissions / fees:				\$
				\$
Other:				\$
				\$
Total Revenues				\$ 72,000. ⁰⁰
Expenses based on 2014				
		TURKEYS		\$ 8955
		HAMS		\$ 4700
		FRESH PRODUCE		\$ 13,000
				\$
		FAMILY HAMPERS		\$ 44,000
				\$
				\$
Total Expenses				\$
		Net Income		\$ 70,655

Account Statement

Member Name SOOKE CHRISTMAS BUREAU

Membership [REDACTED]

Account Name &
Number [REDACTED]

[Show Account Details](#)

Date Range: 01/10/2014 - 06/04/2015

April 06, 2015

Coast Community Chequing [REDACTED]

<u>Date</u>	<u>Description</u>	<u>Withdrawals</u>	<u>Deposits</u>	<u>Balance</u>
01-Apr-2015	Interest Paid		\$0.02	\$1,071.77
01-Mar-2015	Interest Paid		\$0.02	\$1,071.75
01-Feb-2015	Interest Paid		\$0.58	\$1,071.73
28-Jan-2015	Cheque [REDACTED]	-\$15,000.00		\$1,071.15
12-Jan-2015	Deposit		\$150.00	\$16,071.15
06-Jan-2015	Deposit		\$100.00	\$15,921.15
06-Jan-2015	Deposit		\$204.35	\$15,821.15
03-Jan-2015	Deposit		\$535.00	\$15,616.80
02-Jan-2015	Deposit		\$1,171.60	\$15,081.80
01-Jan-2015	Interest Paid		\$0.70	\$13,910.20
25-Dec-2014	Cheque [REDACTED]	-\$9,181.37		\$13,909.50
23-Dec-2014	Cheque [REDACTED]	-\$8,979.07		\$23,090.87
19-Dec-2014	Deposit		\$530.00	\$32,069.94
19-Dec-2014	Deposit		\$2,335.55	\$31,539.94
17-Dec-2014	Deposit		\$2,220.95	\$29,204.39
16-Dec-2014	Credit		\$13,593.62	\$26,983.44
15-Dec-2014	Deposit		\$375.00	\$13,389.82
12-Dec-2014	Deposit		\$1,026.00	\$13,014.82
10-Dec-2014	Deposit		\$1,473.60	\$11,988.82
04-Dec-2014	Cheque	-\$105.00		\$10,515.22



03-Dec-2014	Deposit	\$383.00	\$10,620.22
02-Dec-2014	Deposit	\$7,250.00	\$10,237.22
01-Dec-2014	Deposit	\$968.55	\$2,987.22
01-Dec-2014	Deposit	-\$868.55	\$2,018.67
01-Dec-2014	Deposit	\$868.55	\$2,887.22
01-Dec-2014	Interest Paid	\$0.02	\$2,018.67
24-Nov-2014	Deposit	\$835.20	\$2,018.65
06-Nov-2014	Deposit	\$500.00	\$1,183.45
01-Nov-2014	Interest Paid	\$0.02	\$683.45
30-Oct-2014	Cheque	-\$481.03	\$683.43



SOCIETY ACT

CERTIFICATE OF INCORPORATION

I Hereby Certify that

SOOKE FOOD BANK SOCIETY

has this day been incorporated under the *Society Act*

Issued under my hand at Victoria, British Columbia

on August 17, 1999



JOHN S. POWELL
Registrar of Companies
PROVINCE OF BRITISH COLUMBIA
CANADA

APPENDIX II - Policy No. 5.1

DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization:

Sooke Food Bank Society

Address of Organization:

2037 EUSTACE ROAD

PO Box 983 Sooke, B.C.

V9Z-1H9

Phone:

250 642 7666

Fax:

E-mail:

Contact Person:

Kim Metzger

Category	Grant eligibility area:
<input checked="" type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input type="checkbox"/> B - Bi-Annual Grant	<input type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input checked="" type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested:

\$10,000.00

Total Budget:

\$20,000

(attach completed Budget Form)

Have you applied before?

Yes

When?

2014

Grant Received?

YES

Have you submitted a final report for previous grant?

Yes

Incorporation number and date of incorporation if applicable:

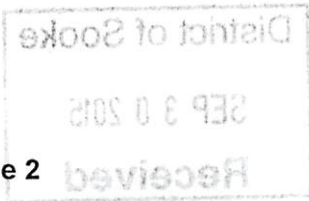
S-0040347 (1999)

(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

Hunger
is Unacceptable

Make a Change,
Make a Difference

www.foodbankscanada.ca
/abouthunger



Describe your organization, its mandate and program (s) _____

Sooke Food Bank Society is 100% volunteer
run, non profit, serving emergency
food

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

Project description: THE MILK PROGRAM ALLOWS
THE FOOD BANK TO PROVIDE MILK TO
SENIORS AND CHILDREN.
AND YOGURT FOR LUNCHES (SCHOOL AGE)

Purpose of project: TO HELP GIVE BALANCED,
HEALTHY HAMPERS. DAIRY PRODUCTS
HELP STRETCH OUR HAMPERS OUT, AT
THE SAME TIME AS FILL LUNCH BAGS (YOGURT)
FOR SCHOOL CHILDREN

The names of those involved in carrying out the project: _____

VOLUNTEERS OF SOOKE FOOD BANK

Date and Place of Project: 2016 ~ SOOKE COMMUNITY HALL.

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

Date:

Organization Name:

Revenues	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
Grants:				\$
District of Sooke request		✓		\$ 10000. ⁰⁰
Other grants ISLAND FARMS	✓			\$ 10000. ⁰⁰
(list funder)				\$
(list funder)				\$
				\$
Admissions / fees:				\$
				\$
Other:				\$
				\$
Total Revenues				\$ 20000. ⁰⁰
Expenses				
				\$
				\$ 16000. ⁰⁰
				\$ 4000. ⁰⁰
				\$
				\$
				\$
				\$
Total Expenses				\$
		Net Income		\$ 20000. ⁰⁰

SOCIETY ACT

CERTIFICATE OF INCORPORATION

I Hereby Certify that

SOOKE FOOD BANK SOCIETY

has this day been incorporated under the *Society Act*

Issued under my hand at Victoria, British Columbia

on August 17, 1999



JOHN S. POWELL
Registrar of Companies
PROVINCE OF BRITISH COLUMBIA
CANADA

SOOKE FOOD BANK BUDGET

	Program Actual Revenues/Expenses Previous Fiscal Year	Program Budget Current Fiscal Year	Program Budget Next Fiscal Year
Balance Forward	\$26,819.76	(\$526.48)	
Revenues			
Federal Funding			
Provincial Funding			
Municipal Funding		\$4,575.32	\$4,500.00
Gaming Grant			\$70,000.00
Membership Fees	\$11.00	\$16.00	\$16.00
Fundraising		\$19,958.20	\$20,000.00
Donations	\$26,565.47	\$20,000.00	\$20,000.00
Interest	\$164.96		
Other			
Sub-Total	\$53,561.19	\$44,023.04	\$114,516.00
In-Kind Income			
Labour		\$48,830.00	\$50,000.00
Materials		\$66,099.50	\$65,000.00
Total	\$53,561.19	\$158,952.54	\$229,516.00
Expenses			
Food	\$49,493.54	\$55,000.00	\$103,355.00
Transportation	\$1,370.83	\$1,400.00	\$1,500.00
Telephone	\$966.79	\$1,100.00	\$1,200.00
Insurance	\$625.00	\$650.00	\$650.00
Administration	\$1,525.00	\$2,700.00	\$2,700.00
Miscellaneous	\$108.71	\$120.00	\$150.00
Sub-Total	\$54,087.67	\$60,970.00	\$109,555.00
In-Kind Expenses			
Labour		\$48,830.00	\$50,000.00
Materials		\$66,099.50	\$65,000.00
Total	\$54,087.67	\$175,899.50	\$224,555.00
Surplus / Deficit	(\$526.48)	(\$16,946.96)	\$4,961.00
Community Groups Donations		\$ 8,000.00	\$8,500.00
CASA			
Legion			
St. Vincent du Paul			
Sooke Crisis Centre			

Balance Forward		November-14
Receipts		12,387.85
	Donations	71,480.49
	Grant Income	35,000.00
	Interest	0.00
Total		106,480.49
Expenses		
	Food	101,383.23
	Milk & Eggs	5,664.94
	Transportation	1,400.00
	Insurance	650.00
	Administration	1,500.00
	Telephone	2,232.22
	Web Work	1,260.00
	Miscellaneous	643.16
Total		114,733.55
Income/(Loss)		4,134.79
Balance Forward		4,134.79
Balance Sheet		
		November 30, 2014
Assets:		
	Sooke Food Bank	11,951.88
	Christmas Bureau	0.00
Total Assets		11,951.88

Date	#Hampers	Juice	Cereal	Peanut B	Soup	Tomato	Beans	Fish	Fruit	Veggies	Pasta	KD	Bread	Buns	Sweets	Eggs	Meat	Margarine	Milk Child	Adults	Children
9-Jan-14	123	137	123	123	288	137	163	163	150	211	150	211	196	196	124	98	138	98	114	182	114
16-Jan	75	85	75	75	184	85	103	103	96	140	96	140	127	127	78	63.5	88	63.5	76	127	76
23-Jan	18	20	18	18	43	20	25	25	23	28	23	28	26	26	18	13	20	13	18	23	18
6-Feb	137	157	137	137	329	157	188	188	170	252	170	252	230	230	139	115	159	115	139	213	139
12-Feb	87	98	87	87	211	98	114	114	108	133	108	133	137	137	92	68.5	103	68.5	68	138	68
20-Feb	57	58	57	57	127	58	70	70	69	92	69	92	91	91	57	45.5	58	45.5	28	98	28
6-Mar	116	132	116	116	279	132	157	157	144	204	144	204	185	185	119	92.5	135	92.5	103	175	103
13-Mar	69	77	69	69	163	77	92	92	85	123	85	123	114	114	70	57	78	57	52	107	52
20-Mar	57	61	57	57	128	61	69	69	66	98	66	98	93	93	58	46.5	62	46.5	33	96	33
3-Apr	90	101	90	90	213	101	123	123	112	156	112	156	145	145	90	72.5	101	72.5	79	140	79
10-Apr	90	102	90	90	219	102	123	123	114	166	114	166	151	151	93	75.5	105	75.5	80	154	80
17-Apr	71	80	71	71	170	80	93	93	87	125	87	125	113	113	74	56.5	83	56.5	59	112	59
1-May	59	66	59	59	139	66	78	78	72	105	72	105	97	97	60	48.5	67	48.5	44	97	44
8-May	95	102	95	95	211	102	114	114	108	155	108	155	181	181	116	90.5	132	90.5	115	175	115
15-May	73	84	73	73	176	84	103	103	92	131	92	131	120	120	73	60	84	60	66	121	66
5-Jun	130	154	130	130	331	154	187	187	170	249	170	249	218	218	137	109	161	109	141	208	141
12-Jun	106	120	106	106	264	120	150	150	140	192	140	192	174	174	110	87	124	87	109	153	109
19-Jun	73	77	73	73	161	77	88	88	84	123	84	123	119	119	73	59.5	77	59.5	38	119	38
3-Jul	96	105	96	96	225	105	125	125	118	171	118	171	160	160	98	80	107	80	84	152	84
10-Jul	88	101	88	88	217	101	123	123	113	158	113	158	142	142	91	71	104	71	80	144	80
17-Jul	74	81	74	74	172	81	94	94	89	127	89	127	118	118	76	59	83	59	46	122	46
7-Aug	135	153	135	135	328	153	189	189	173	244	173	244	224	224	137	112	155	112	141	208	141
14-Aug	91	102	91	91	216	102	119	119	111	168	111	168	154	154	94	77	105	77	72	153	72
21-Aug	62	65	62	62	136	65	72	72	70	94	70	94	90	90	63	45	66	45	28	89	28
4-Sep	118	135	118	118	280	135	160	160	144	213	144	213	195	195	119	97.5	136	97.5	100	194	100
11-Sep	96	104	96	96	227	104	123	123	119	175	119	175	163	163	100	81.5	108	81.5	79	161	79
18-Sep	72	80	72	72	166	80	92	92	85	121	85	121	112	112	73	56	81	56	51	106	51
2-Oct	105	116	105	105	244	116	137	137	127	182	127	182	170	170	106	85	117	85	72	158	72
9-Oct	100	113	100	100	243	113	139	139	128	179	128	179	164	164	102	82	115	82	86	162	86
16-Oct	98	108	98	98	228	108	126	126	118	170	118	170	158	158	100	79	110	79	156	162	156
6-Nov	160	179	160	160	376	179	212	212	195	289	195	289	268	268	162	134	181	134	146	264	146
13-Nov	120	134	120	120	292	134	132	162	153	204	153	204	185	185	125	92.5	139	92.5	99	184	99
20-Nov	48	52	48	48	112	52	60	60	58	84	58	84	78	78	50	39	54	39	28	77	28
4-Dec	164	177	164	164	369	177	203	203	191	266	191	266	252	252	165	126	178	126	93	252	93
11-Dec	81	88	81	81	193	88	108	108	103	142	103	142	133	133	83	66.5	90	66.5	63	130	63
Total 2014	3734	3604	3734	3734	7660	3604	4754	4784	3985	5690	3985	5690	5283	5283	3325	2642	3704	2641.5	2786	5156	2786

APPENDIX II - Policy No. 5.1

DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization: Student Art Bus Shelter Project

Address of Organization: 6218 Sooke Rd.
Sooke, B.C.
V92 1N1

Phone: 250-642-5211

Fax: 250-642-7866

E-mail: sgarat@sd62.bc.ca

Contact Person: Sue Garat

Category	Grant eligibility area:
<input checked="" type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input type="checkbox"/> B - Bi-Annual Grant	<input type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested: \$1,925.87

Total Budget: \$3,851.75
(attach completed Budget Form)

Have you applied before? _____ When? _____ Grant Received? _____

Have you submitted a final report for previous grant? _____

Incorporation number and date of incorporation if applicable: N/A
(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

Student Art Bus Shelter Project 2015

- * This project has directly included 90-120 students per semester and, indirectly, innumerable friends, family and visitors.**
- * The project has had a very positive response throughout the community and has inspired other community ideas and efforts at revitalization**
- * The location is the most highly visible spot in the center of Sooke and has prevented the re-current vandalism that happened in the past, saving the District of Sooke thousands of dollars per repair of the shelters. We have, and will continue to maintain a functional and unique shelter for all to use.**
- * Art pieces have expanded to include all school age artists as well as community artists and groups.**
- * The youth take great pride in their involvement as artists and collaborators in their community.**
- * The project is well supported with donated time, School District 62 dollars, and materials and expertise, by qualified adults who are committed to its on-going success.**

The Shelters have been refurbished with new Lexan (plexiglass) and a new installation system has been donated by BC Transit and was installed in June 2015. The new frames were removed in September in anticipation that this installation system will transfer to the new BC Transit Shelters at the Round-About)

***Edward Milne Community School, as sponsoring organization, is providing half the funds and on-going accountability.**

*** The project has been an additional point for tourists to remember us by and appeared in a promotional video of Sooke.**

*** It has been a success for all involved!**

Describe your organization, its mandate and program (s) _____

The Project evolved over time with the assistance of the Engineering Department of the District of Sooke. The initial installation took place in October 08 and the second shelter's installation in November 08. Subsequent installations have taken place twice a semester since. We have also included art from Journey Middle School, the elementary schools and SOCLA.

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

The Student Art Bus Shelter (SABS) Project was initiated by me, Susan Percival, Education Assistant, EMCS. The concept of refurbishing the bus shelter(s), located at Village Foods, designed to include an art installation, was meant to create a functional shelter, a public place for the display of art created by youth and a combination that would deter the recurrent vandalism. This has been accomplished as of October 2008.

EMCS Art Department provides the opportunity, materials, and space for creative expression and understanding by its students, guided by a qualified instructor. Two dimensional works in paint, ink, pencil, charcoal, printmaking and photography are supported as well as three dimensional works in clay, found objects, construction materials and Styrofoam. Art instruction is available to all ages and abilities, Grade Nine through Twelve.

Purpose of project: _____

The purpose of this project is to showcase youth in a positive manner. I wanted to create an opportunity for youth to publicly display tangible results of their efforts and creativity. This artwork is by youth, about youth and for these youth's community to observe and enjoy. A wider range of ages have been invited to participate and will be displayed later in the year.

The names of those involved in carrying out the project: _____

This project will be overseen by me, Susan Percival, with the expertise and the support of Sue Garat, Art Department Head, EMCS. There are between 90 and 120 students involved each semester.

Date and Place of Project: on-going

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

Date:

Organization Name:

	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
Revenues				
Grants:				\$
District of Sooke request (2015)		\$1,925.87		\$1,925.87
Other grants				\$
(list funder)				\$
(list funder)				\$
				\$
Admissions / fees: N/A.				\$
				\$
Other:				\$
				\$
Total Revenues				\$
Expenses - please see attached receipts.				
				\$
				\$
				\$
				\$
				\$
				\$
				\$
Total Expenses				\$
Net Income				\$

Invoice

IslandBlue

Save your best ideas for us.

Transaction #: 344116
Account #: 100227
PST Exemption #: PSTEXEMPT
Page: 1 of 1
Date: 9/22/2014
Time: 3:00:03 PM
Cashier: cs
Register #: 10

Bill To: EDWARD MILNE SECONDARY
EDWARD MILNE SECONDARY
6218 SOOKE RD
PO BOX 1010
SOOKE, B.C. V9Z 1J1
250-642-5211

Ship To: EDWARD MILNE SECONDARY
EDWARD MILNE SECONDARY
6218 SOOKE RD
PO BOX 1010
SOOKE, B.C. V9Z 1J1
250-642-5211

Reference:
Comment: ATTN: SUE GARRETT

Item Lookup Code	Description	Extended
CANVAS-10OZ	CANVAS BY THE FOOT - 10 OZ 60	\$219.00
CSWS1723	COVERSTOCK WHITE SMOOTH 17X23	\$76.00
NEWS1824	NEWSPRINT PAPER FIERRO 18X24	\$90.00
IB031000	ACRYLIC 1000ML CARBON BLACK	\$255.28
IB191000	ACRYLIC 1000ML BRIGHT RED	\$620.10
IB211000	ACRYLIC 1000ML PHTHALO BLUE	\$476.28
IB251000	ACRYLIC 1000ML PRIMARY YELLOW	\$555.66
IB291000	ACRYLIC 1000ML TITANIUM WHITE	\$510.56

Terms Net 30 Interest at 2% pr Month on Past
Due Accounts
ISLAND BLUE PRINT CO LTD
GST# R102534617

Sub Total \$2,802.88
GST \$140.14
Total \$2,943.02

Charged ON ACCOUNT \$2,943.02



Island Blue Print Co Ltd. 905 Fort St., Victoria, BC V8V 3K3 T 250-385-9786 F 250-385-1377 TF 1-800-661-3332

School Specialty CAN

Unit 200, 5510-268th Street
Langley BC V4W 3X4
Toll Free Phone: 866-519-2816
Toll Free Fax: 800-775-0353
www.schoolspecialty.ca

Ship To: EDWARD MILNE COMMUNITY SCHOOL
6218 SOOKE RD
BOX 1010
SOOKE BC V9Z 0G7
CA

Packing Slip

Page: 1 of 2

Printed: 10/03/2014 14:17:30

Order Number: **30443796**
Ship Date: 10/03/2014
Customer Number: 224881
Shipment Number: 104070768
Customer PO: SGARAT
Attn: SUE GARAT

Order Information:

Delivery Information:

- Your order may ship in multiple boxes and may deliver at different times.
- One packing slip is provided per shipment; there is not one included in every carton.
- By ordering goods from School Specialty Canada, the purchaser waives and transfers their rights to receive the actual amount of duties refunded for returned merchandise to School Specialty Canada.
- The duties, which are included in the purchase price, in turn, will be refunded to the purchaser directly by School Specialty Canada.

The following items are in this shipment:

Line	Product No	Cust Item No	Description	UOM	Qty Ord	Qty Ship	Qty B/O
1	1299774	1299774	INK BLOCK 16 OZ VIOLET PRINTING SAX WATERBASEC	EA	1	1	
2	246686	246686	PAPER FOLIA TRANSPARENT 19-3 4X27-1/2 PACK OF 100	PK	1	1	
3	247313	247313	MEDIUM ACRYLIC TRUE FLOW GALLON GLOSS				248.76
4	248665	248665	CONST PPR 18X24 BLACK RIVERSIDE 50 PER PACK	PK	4	4	
5	085771	085771	BEADS EXOTIC PACK OF 170	PK	1	1	
6	408860	408860	BEADS GLASS KIT	EA	1	1	
7	1353935	1353935	GLUE WHITE GALLON EA - SCHOOL SMART	EA	4	4	
8	217185	217185	PAINT TEMPERA JAZZ GLOSS PINT OPAQUE SET OF 10	ST	1	1	
9	402398	402398	EASY-TO-CUT PRECUT UNMOUNTED 12X12 PACK OF 6	PK	3	3	
10	200591	200591	TISSUE SPECTRA RAINBOW REAM PACK OF 480		2	2	
11	233288	233288	WONDERFOAM ASSORTED SHAPES PACK OF 264	PK	1	1	
12	447659	447659	WIRE NICKEL SILVER 1 LB 20 GAUGE	EA	1	1	
13	447632	447632	WIRE SOFT COPPER 18 GAUGE 1 LB	EA	2	2	
14	1296507	1296507	PAPER RENAISSANCE CRAFT ASSORT 8.5 X 11 PACK OF 32	PK	1	1	
15	1299772	1299772	INK BLOCK 16 OZ BLUE PRINTING SAX WATERBASEC	EA	2	2	
16	1299770	1299770	INK BLOCK 16 OZ YELLOW	EA	1	1	

MORE ITEMS...

We want you to be 100% satisfied. If for any reason you are unhappy with the products you have just received, please call 866-519-2816 within 10 days to report damages and up to 30 days to obtain a Return Authorization (RA) number for products in their original packing and in sellable condition. Product returned without authorization, additional items not part of original authorization, or products arriving in an unsellable condition will not be eligible for credit and product will not be shipped back to the customer. Please note Custom orders are made to your specifications and may not be returned.

School Specialty CAN

Unit 200, 5510-268th Street
 Langley BC V4W 3X4
 Toll Free Phone: 866-519-2816
 Toll Free Fax: 800-775-0353
 www.schoolspecialty.ca

Ship To: EDWARD MILNE COMMUNITY SCHOOL
 6218 SOOKE RD
 BOX 1010
 SOOKE BC V9Z 0G7
 CA

Packing Slip

Page: 2 of 2

Printed: 10/03/2014 14:17:34

Order Number: **30443796**

Ship Date: 10/03/2014

Customer Number: 224881

Shipment Number: 104070768

Customer PO: SGARAT

Attn: SUE GARAT

Line	Product No	Cust Item No	Description	UOM	Qty Ord	Qty Ship	Qty B/O
17	1299773	1299773	PRINTING SAX WATERBASEL INK BLOCK 16 OZ TURQUOISE	EA	1	1	
18	1299768	1299768	PRINTING SAX WATERBASEL INK BLOCK 16 OZ ORANGE	EA	1	1	
19	1398078	1398078	PRINTING SAX WATERBASEL FOAM BOARD WHITE - VALUE 20X30	CS	3	3	
20	407536	407536	10-CS LINOLEUM CUTTERS ASSORTED SET	ST	5	5	
21	1334791	1334791	OF 5 PAPER ROYLCO RETRO POP 8.5X11	PK	1	1	
22	1371711	1371711	PACK OF 32 SKETCHBOOK HARDCOVER BASIC 5.5	EA	10	10	
23	207169	207169	X 8.5 IN 216 PAGE WONDERFOAM 9X12 SHEETS ASST	PK	1	1	
24	410738	410738	COLORS PACK OF 10 CHARMS ASSORTED PACK 10C	PK	1	1	
25	404655	404655	BRUSH TF OPTIMUM WHT TKLN SHRT	ST			396.27
26	464318	464318	HDNL SET OF 72 GESSO PRIMA ECONOMY GALLON	EA			137.16
27	DISC-ITEM	1426323	GLUE STICK ELMER'S .24OZ PK/60	EA	1		
			***WE'RE SORRY, THE ABOVE ITEM HAS BEEN DISCONTINUED. ALTERNATE ITEMS MAY BI AVAILABLE				

Total Expenses \$ 3,439.07

Taxes 2.12 412.68

3,851.75 ÷ 2 = \$1,925.87

We want you to be 100% satisfied. If for any reason you are unhappy with the products you have just received, please call 866-519-2816 within 10 days to report damages and up to 30 days to obtain a Return Authorization (RA) number for products in their original packing and in sellable condition. Product returned without authorization, additional items not part of original authorization, or products arriving in an unsellable condition will not be eligible for credit and product will not be shipped back to the customer. Please note Custom orders are made to your specifications and may not be returned.

COMMUNITY GRANT PROGRAM - Financial Statement

Period Covered:

(2014 Bus Shelter Art)

Organization Name:

Revenues	Actual Results
Grants:	\$
(list funder) (District of Sooke)	\$ 1,891.00
(list funder) School District 62	\$ 1,891.00
(list funder)	\$
	\$
Admissions / fees:	\$ NA
In-kind donation by Don Miller Welding	\$ (\$300.00)
	\$
Other:	\$ N/A
	\$
Total Revenues	\$ 3,782.00
Expenses	
please see attached.	\$ 3,782.00
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
Total Expenses	\$
Net Income	\$ 0

APPENDIX II - Policy No. 5.1

District of Sooke

SEP 29 2015

Received

DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization: TRANSITION SOOKE

Address of Organization: C/O 2270 POND PLACE
SOOKE, B.C.
V9Z 0V9

Phone: [REDACTED] Fax: N/A

E-mail: [REDACTED]

Contact Person: JEFF BATEMAN

Category	Grant eligibility area:
<input checked="" type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input type="checkbox"/> B - Bi-Annual Grant	<input type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input checked="" type="checkbox"/> Heritage
	<input checked="" type="checkbox"/> Public safety and community welfare
	<input checked="" type="checkbox"/> Community beautification
	<input checked="" type="checkbox"/> Environmental

Amount Requested: \$4,000.00 Total Budget: \$5,850.00
(attach completed Budget Form)

Have you applied before? YES when? 2015 Grant received? YES (Wild Wice Sooke)

Have you submitted a final report for previous grant? NO

Incorporation number and date of incorporation if applicable: S-0058699
(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

Describe your organization, its mandate and program (s) _____

Transition Sooke is a non-profit volunteer citizen's initiative dedicated to working collaboratively with existing groups in the Sooke region to build community resilience and sustainability. Founded in 2010, we are affiliated with the UK-based Transition Network as one of 479 "official" Transition Towns around the world. In 2015, we have played a founding role in the launch of our working groups Zero Waste Sooke, Wild Wise Sooke and Permaculture Sooke. We have also helped organize the Sooke Region Foodshed Roundtable initiative.

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

Project description: _____

(i) **Transition Sooke:** Seeking operational funds for a series of 2015 projects: a) reskilling workshop series; b) speaker presentations; c) film rental fee for an Awareness Film Night screening.

(ii) **Wild Wise Sooke:** Operational funds for a) coordinator's travel expenses for site visits within the District of Sooke; b) public-education presentations to schools, scouts and guides, community groups etc.

(iii) **Zero Waste Sooke:** Operational funds for a) an Open Space meeting on waste management in the Sooke region; b) promotional materials (signage, artwork supplies, website expenses, stencils for recycled t-shirts); c) registration with Zero Waste Canada; d) monthly meeting room rentals x 12 at Sooke Region Volunteer Centre.

Purpose of project: _____

1. **Transition Sooke:** a) Reskilling workshops give community members expertise in skills once commonly known to previous generations, i.e., foraging, fermentation, food preservation, bike/engine maintenance, food gardening, etc. b) speaker series gives residents chance to hear from experts in fields related to Transition mandate (i.e., food security, alt.energy, non-violent communications, consensus training).

2. **Wild Wise Sooke:** Coordinator Debb Read travels an average of 350-450 kms per week making house calls re: bear safety and habituation issues in problem neighborhoods. Funding is sought for a portion of her 2015 travel expenses as well as expenses related to public education talks.

3. **Zero Waste Sooke:** Operational costs are sought for this citizen's initiative. A facilitated community Open Space meeting lets Sooke residents debate and seek solutions to local waste-management issues - Net Zero Waste compost plant, waste-transfer stations, pet waste, illegal dumping, waste-as-energy-source possibilities, etc.

Names of those carrying out the projects include ... _____

Transition Sooke - Blake Barton, Jeff Bateman, Martin Bissig, Sofie Hagens, Lee Hindrichs, Stephen Hindrichs, Kara Middleton, Andrew Moore, Tony St-Pierre, Michael Tacon, Mark Ziegler.

Wild Wise Sooke - Debb Read, Nitya Harris.

Zero Waste Sooke - Steve Unger, Wendy O'Connor, Zach Ogilvie, Jo Philips, Bev England, Ralph Hull, Lis Johansen, Anna Smandych, Glyse Clarkson.

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

Date:

Organization Name:

Revenues	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
Grants:				\$
District of Sooke request		4,000 ⁰⁰		\$ 4,000 ⁰⁰
Other grants				\$
(list funder) VanCity Community Project Grant (?)		1,000 ⁰⁰		\$ 1,000 ⁰⁰
(list funder)				\$
				\$
Admissions / fees: By donation		850 ⁰⁰		\$ 850 ⁰⁰
(pay-what-you-can)				\$
Other:				\$
				\$
Total Revenue:	TRANSITION SOOKE			\$ 5,850 ⁰⁰
Expenses	a) Reskilling workshops x 4 (2015) - insurance, honorariums, publicity, venue			\$1,000.00
	b) Speaker series x 3 (2015) - honorariums, travel, venue rental			\$ 800.00
	c) Film rental fee for Awareness Film Night screening (Jan. 2015)			\$ 300.00
	WILD WISE SOOKE			
	a) Debb Read's 2015 travel expenses within District			\$1,000.00
	b) Presentation expenses, i.e., scouts, cubs, Sooke schools, resident groups			\$ 700.00
	ZERO WASTE SOOKE			
	a) Open Space community meeting (honorariums, venue rental, misc. costs)			\$1,000.00
	b) Costs for signage, brochure, website development			\$ 500.00
	c) Registration with Zero Waste Canada			\$ 100.00
	d) Supplies and stencils for recycled ZWS shirts/vests			\$ 200.00
	e) 10 meetings at Sooke Region Volunteer Centre @ \$25 each			\$ 250.00
Total Expenses				\$ 5,850 ⁰⁰
	Net Income			\$ 0

**SOOKE TRANSITION TOWN SOCIETY – INCOME/EXPENSE STATEMENT
15th September 2014 – 15th September 2015**

MAIN ACCOUNT

Income

DONATIONS.....\$2009.85

Expenses

Event Rentals.....\$713.75
Advertising.....\$395.54
Printing and Design.....\$326.03
Project Contract (Permaculture Demo).....\$300.00
Logo Design.....\$430.00
Banking Cost (cheques).....\$135.39
Society Annual Return fees.....\$ 40.00
Membership Dues.....\$ 50.00
Purchase of a Display Banner.....\$ 94.50
Insurance (Outdoor Event).....\$175.00
Event co-sponsorship (with BCSEA).....\$100.00
Miscellaneous.....\$107.28

TOTAL EXPENSES.....\$2867.49

SUB-ACCOUNT – WILD WISE SOOKE

Income

\$5325.00

Expenses

\$1466.93 (Printing costs for flyers and signs)

TOTAL COMBINED ACCOUNT DETAILS

TOTAL COMBINED INCOME = \$7334.85

TOTAL COMBINED EXPENSES = \$4334.42

TOTAL COMBINED ACCOUNT BALANCE (15 September, 2015) = \$5808.05
including interest

MT – Treasurer

**Sooke Transition Town Society – Balance Sheet
15th September 2014 – 15th September 2015**

Main Account

September 2014 balance forward = \$2807.62

TOTAL INCOME : \$2009.85

TOTAL EXPENSES : \$2867.49

Account Loss over the year = \$857.64 minus bank interest

September 2015 balance forward = \$1949.98

Wild Wise Sooke – Sub-Account

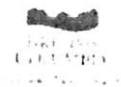
Initial Deposit (17th June 2015).....\$5325.00

EXPENSES = \$1466.93

Current Balance forward = 3858.07

TOTAL BALANCE IN ALL ACCOUNTS = \$5808.05

Prepared by Michael Tacon
Treasurer – Sooke Transition Town Society
September 17th, 2015



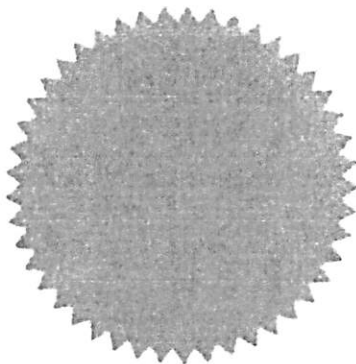
Registry
Services

Number S-0058699

CERTIFICATE OF INCORPORATION

SOCIETY ACT

*I Hereby Certify that SOOKE TRANSITION TOWN SOCIETY was incorporated under the Society Act
on August 18, 2011 at 12:26 PM Pacific Time*



*Issued under my hand at Victoria, British Columbia
on August 18, 2011*

RON TOWNSHEND
Registrar of Companies
PROVINCE OF BRITISH COLUMBIA
CANADA



"Transition Sooke is a non-profit volunteer organization dedicated to making Sooke a more resilient and sustainable community. As an independent, west coast Canadian part of the world-wide Transition Network, we wish to explore the creative possibilities of local action to reduce our dependence on fossil fuels, offshore food supplies, imported goods and an unstable global financial system.

By working with a full range of local organizations and citizens, we believe we can promote positive solutions and make slow, sensible and steady change in the spirit of hope, play, learning and community engagement. We strive to connect people to their passions while building on and respecting Sooke's traditions, identity and strengths."

Our 2015 Board of Directors (aka Core Team) - Blake Barton, Jeff Bateman (president), Martin Bissig, Sofie Hagens, Lee Hindrichs, Stephen Hindrichs, Kara Middleton, Andrew Moore, Tony St-Pierre, Michael Tacon, and Mark Ziegler.

For more information ...

Website: www.sooketransition.org

Email: sooketransition@gmail.com

Facebook: "Transition Sooke"

Twitter: @SookeTransition



Our Story So Far (in reverse chronological order)

- ☐ Founding roles in launch of **Wild Wise Sooke, Zero Waste Sooke, Permaculture Sooke** and the **Sooke Foodshed Roundtable** (2015)
- ☐ **Federal candidates' debate** co-presented with the BC Sustainable Energy Association & Dogwood Initiative at Edward Milne Community School (Sept. 16, 2015)
- ☐ **Reskilling Fair & Community Picnic** at InishOge Farm (Aug. 9, 2015)
- ☐ **Climate change & Sooke foodshed presentation** with Dr. Parvez Kumar, Mary Coll & Mark Ziegler at St. Rose of Lima Church (July 22, 2015)
- ☐ **Permablitz #1** 6460 Sooke Rd. (June, 2015)
- ☐ **Open Space Community Think Tank** @ the Sooke Harbour House (Oct. 2014)
- ☐ Campaign for Sooke's '**No More Tankers**' plebiscite (Summer/fall, 2014)
- ☐ **Let BC Vote** public forum at St. Rose of Lima Church (June, 2014)
- ☐ **Dr. Thierry Vrain** GMO talk at Sooke Harbour House (Nov. 2013)
- ☐ GE-Free Van Isle rally at the Association of Vancouver Islands & Coastal Communities Convention in Sooke (April 14, 2013)
- ☐ Two editions of the **Sooke Slow Food Cycle** (Sept. 24, 2012 and Oct. 9, 2011)
- ☐ **Local Economy Forum** at Sooke Harbour House (Nov. 24, 2012)
- ☐ **Mayor's Candidate Forum** with Wendal Milne and Dave Bennett (Nov. 6, 2011)
- ☐ Transition Sooke **incorporated** under the Society Act of BC (Aug. 18, 2011)
- ☐ Sooke Transition Initiative granted **official status** by Transition Network (Dec. 8, 2010)
- ☐ Our **first public gathering** is held at the **T'Sou-ke First Nation** (June 23, 2010) following initial planning meetings by John Boquist, Margaret Critchlow, Andrew Moore and Michael Tacon.
- ☐ **Transition Network** founded in Totnes, England by Rob Hopkins (fall 2006)

Vision

- ❖ Certified Zero Waste
- ❖ Model Zero Waste town
- ❖ No waste leaves Sooke
- ❖ Vibrant community recycle
- ❖ Composting centre
- ❖ Free store/re-use-it centre
- ❖ Turn 'waste' into local jobs
- ❖ Aware kids & community



Roadside litter-busting in Sooke

Posted on June 30, 2015

– by Zero Waste Sooke

How litter-strewn are the roads in Sooke? Somewhat but ultimately not bad at all as a team of Zero Waste Sooke volunteers discovered when they roamed local streets on Sunday, June 14 picking up stray bits of garbage and talking trash with residents along the way (as ZWS reps will also do at Canada Day on the Flats this Wednesday).



Afternoon roadside crew (from left): Lis Johansen, Mary Coll, Finn, Chloe, Sifu Moonfist, Steve Unger, Alabama and Zac Ogilvie. Photo by Jeff Bateman

There are litterbugs out there, of course. Two shifts of volunteers accompanied by community roadside clean-up hero Sifu Moonfist and featuring a mix of youngsters and familiar Sooke faces like Ralph Hull, Lis Johansen and Frederique Phillip collected 20 partially filled bags of litter over four hours. Team leader Zach Ogilvie was able to recycle at least 80 percent of the haul at his curbside pick-up.

The District of Sooke provided vests, garbage bags and insurance waivers, then collected and disposed of the residual 20 percent of bona fide trash. The ZWS roadside clean-up team plans to be a semi-regular part of local keep-it-tidy efforts. Employees of SPR Traffic Services snag roadside trash on visits to town every two weeks under contract with the District of Sooke. And an Adopt-A-Highway stretch of the Sooke Road is periodically scoured by the Sooke Youth Council in tandem with the Rotary Club of Sooke, most recently this last weekend.

On June 14, residential areas of Sooke proved to be relatively spotless. "I'm bored, it's hard to find anything to pick up," said one of the team's young volunteers. Unfortunately, the situation wasn't quite as clean and green along Grant Road West, Helgesen, Church and Townsend Roads. Much of the trash was left by car and foot commuters, including cigarette butts and packages, paper coffee cups, fast-food wrappers, drink bottles, beer empties and plastic gum cases.

"It's a shame that maybe 1 percent of folks are ruining it for the rest of us who would never dream of littering," says Zero Waste Sooke coordinator Steve Unger. "So thank you to the 99 percent of Sookies who care about keeping our town clean, natural and pristine. For the others who think Sooke is their personal garbage can, think twice, you are in the vast minority."

Ogilvie did an after-the-fact garbage audit. "Among the litter we found children's toys, clothing, and even an unopened can of beer," says Ogilvie. "Through archeological study, we come to understand more about past civilizations through the artifacts they leave behind. If handmade tools and earthen cookware tell the story of a resourceful and self-sustaining people, what will our single-use cups and cellophane packaging say about us?"

Zero Waste Sooke is a new citizen's initiative operating through Transition Town Sooke and inspired by Awareness Film Night's screening of the *Clean Bin Project* documentary film early this year. More road-side clean-ups are planned later this summer and in the fall. For more info, please search 'Zero Waste Sooke' on Facebook and Twitter.

 Pure Elements
HAIR DESIGN & BODY WORKS

hair is art

Full Service Hair Salon
Green Circle Salon Certified
AVEDA SEA FLORA



6689 GOODMERE 250.642.6452

Wild Wise Sooke Program

Bear Wise Project

A Project of Transition Sooke

Work Plan

April 22, 2015

Mission:

To reduce human/bear conflict through education, cooperation and active management initiatives in the community of Sooke.

Governance:

The Sooke Bear Wise Project will be a project of Transition Sooke. The work will be led by two part-time project co-ordinators with the involvement of a number of volunteers. The Project will be advised by a Working Group comprised of the following:

- Transition Sooke
- District of Sooke
- Coexisting with Carnivore Alliance
- Conservation Officer Service
- RCMP
- Sooke Chamber of Commerce
- EMCS Society
- Habitat Acquisition Trust

Regular reporting will be done to the Board of Transition Sooke regarding the project.

Project Elements:

- Background
- Benefits of a Community Program
- Key Messages
- Target Audiences
- Delivery Strategies
- Project Plan 2015
- Project Budget 2015
- Project Funding 2015
- Performance Indicators
- Resources

Background:

The black bear, the largest mammal on Vancouver Island is distributed throughout the entire

island with higher concentrations in the uninhabited low-lying forests including Sooke. Bears and humans have similar habitat needs and so there is a significant potential for conflict.

In 2013/14, there were 523 calls to the Conservation Officer (CO) regarding bears in the CRD and 441 of these calls were just from the District of Sooke. In this time, 23 bears were killed in the CRD and 16 of these bears were killed in the Dist. of Sooke. These numbers indicate that the District of Sooke is a hotspot for carnivore conflict within the CRD. An extensive public education and conflict reduction program was conducted by Debbie Read via WildsafeBC program which resulted in a large reduction of bear complaints and kills.

In 2014/15 there were 374 calls regarding bears in the CRD and of these 278 calls were from Sooke. Also, at this time, 10 bears were killed in the CRD and 4 of these bears were killed in the District of Sooke. The education program has obviously made a huge difference and needs to be continued or this progress will be lost.

An education program to deal with human/bear conflicts was not available in Sooke in 2015. To ensure that we have continuation, in discussion with the Mayor of Sooke and municipal staff, a number of Sooke community members including the Chamber of Commerce, Sooke Transition, Sooke Food Chi, municipal staff, the Conservation Officer and the RCMP were invited to discuss the possibilities for conducting a community bear education program in Sooke.

The meeting established the need for an existing Society to become a fiscal host for this project to allow the immediate start up for upcoming season, form partnership to encourage working together sharing and further development opportunities. Also, there are already a number of organizations that deal with similar issues in Sooke and it was recognized that in working with an existing organization, the education program could be integrated with many different societies and organizations in Sooke. The opportunity to partner and collaborate with Transition Sooke in their Waste management program was identified and Board approval was sought. On April 14, 2015 the Board of Transition Sooke accepted the Sooke Bear Wise Project as one of their projects.

Benefits of a Community Program:

There are a number of benefits to Sooke having a Community Bear Conflict Reduction program including:

- Support from municipality and community organizations
- Potential for funding opportunities from business and province
- Funds go directly to community
- Support of community educational needs
- Support of Wildlife and Environment of Sooke
- Involvement of Sooke Youth Council organization, volunteer participation, and possible employment opportunities
- Co-operation with Sooke businesses involved with the hospitality industry, nature tours etc.

- Potential collaboration with Food Chi for support and education
- Assistance to RCMP with wildlife complaints
- Contribution to Chamber of Commerce initiatives for Adult education, New Comers Club educational luncheons, and Job creation and work experience programs
- Work directly with municipality to cooperatively resolve community and municipal wildlife issues
- Support and work directly with Conservation Services through education and innovation

Key Messages

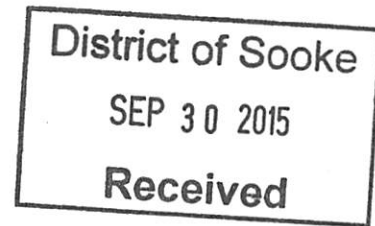
- Human/bear conflict can be reduced by managing food attractants
- Education and cooperation are key factors
- Bears have been here in Sooke historically and will continue to be there into the future and we can coexist with them

Target Audiences

- Residents requesting help and information
- General Public
- Students and school staff
- Municipal staff and councilors
- Businesses and service organizations in Sooke

Delivery Strategies

- Work with the Conservation Officer service to address conflicts
- Assist COs with response to calls made to the RAPP line
- Consistent and defensible signage
- Garbage tagging
- Presentations to all types of groups
- Presence and education at public events and information booths
- Presentations to school groups
- Outreach to the commercial sector and volunteer programs
- Media and social networking
- Input into community planning
- Provide input into bylaw development
- Work with municipal solid waste providers and municipal staff
- Work with agricultural sector especially food growers



September 29th, 2015

Community Grant Review Committee
c/o Director of Finance
District of Sooke
2205 Otter Point Road,
Sooke, B.C. V9Z 1J2

Dear Sirs,

Please find enclosed our application for financial assistance under the Community Grant Program – Category A, for the 2016 Sooke River Bluegrass Festival.

Our Society had applied for a grant last year for this year's festival, but due to the application being deemed incomplete by the submission deadline, was not accepted for review under Category A funding. It was reviewed this spring under Category B, but we were unsuccessful.

The festival will be in its 14th season next year, and continues to be the 'first of the season' outdoor festival of its kind. It is an anticipated, signature event within the District of Sooke, and brings in visitors from all over Vancouver Island and the Mainland.

We have increased our proposed budget for 2016 in anticipation of receiving a grant, and being able to do more promotion, bring in more bands, and attract even more attendance.

If you require anything else at this time, please let me know.

Sincerely,

Al Planiden, Director
Sooke River Bluegrass Festival Society

APPENDIX II - Policy No. 5.1

DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization: Sooke River Bluegrass Festival Society

Address of Organization: [REDACTED]
Victoria, BC V8X 4C5

Phone: [REDACTED] Fax: _____

E-mail: [REDACTED]

Contact Person: Lawrence Statland

Category	Grant eligibility area:
<input checked="" type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input checked="" type="checkbox"/> B - Bi-Annual Grant	<input checked="" type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested: \$5,000 Total Budget: 30,781
(attach completed Budget Form)

Have you applied before? Yes When? 2014 Grant Received? No

Have you submitted a final report for previous grant? N/A

Incorporation number and date of incorporation if applicable: 5-46328
(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

June 26/2003

Describe your organization, its mandate and program (s) _____

(See Attached)

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

Project description: _____

(See Attached)

Purpose of project: _____

(See Attached)

The names of those involved in carrying out the project: Society Directors:

Phil Shaver, Al Planiden, Lawrence Statland, Lisa Feeney,
and Francis Tally. In addition, all our volunteers from across
The CRD.

Date and Place of Project: _____

June 17, 18, and 19, 2016

Sooke River Campground

2259 Phillips Road

Sooke, BC

2016 District of Sooke – Community Grant Program

Describe Your Organization

The Sooke River Bluegrass Festival Society's primary activity is the annual production of a three-day bluegrass music festival held on Father's day weekend at the Sooke River Campground. The festival is family friendly and features an array of local and visiting acoustic musical talent along with food and merchandise vendors, instrument seminars and beautiful scenery. In conjunction with the festival the Society also puts on square dance workshops in the Sooke public schools with a live string band and caller.

Other programs the Society runs are an annual Christmas concert to raise funds for a local charity Our Place, and a monthly bluegrass jam at the Sooke Legion.

Festival Program Description

- **Activities Provided and How They Are Delivered**

Many activities take place during the festival weekend. There is a main stage where featured musical talent performs, but the biggest activity at a bluegrass festival is the impromptu jamming that happens when a large number of bluegrass musicians congregate. Jamming takes place all during the day and late into the evening and can be found happening throughout the campground and performance area. As a listener, often the "magic" moment is coming across one of these intimate performances away from the main stage.

Other activities include: a Saturday night square dance with a live string band and caller under a big top circus tent, instrument seminars, a moderated "slow-pitch" jam for beginning musicians, and a "Kid Zone" under the big top near the main stage with supervised children's activities.

For more information visit www.sookebluegrass.com

- **Community Benefit**

The Sooke River Bluegrass Festival is an art festival, and art festivals help create and enhance the host community and region's culture. In addition to their social benefits, art festivals have an economic benefit promoting tourism and business by attracting visitors to the community.

We also have a commitment to introducing children to the tradition of acoustic performance music. Children 14 and under are admitted free to help encourage the attendance of families. And the week prior to the festival we host square dance workshops in the Sooke public schools with a live string band and caller. These workshops give students an opportunity to experience and participate in a musical tradition that is becoming increasingly rare. In addition, all the students

participating in the workshops are given complimentary festival passes so that their parents or guardians can also attend the festival without being charged.

- **Accessibility**

The festival is open to the public and is handicap accessible.

- **Sustainability**

Producing an arts festival is financially risky. There is no limit to the costs that can be spent producing a festival, and attendance is subject to wide variability. Despite the risks, the Sooke River Bluegrass Festival is in its 14th year and is in a strong financial position. This has been the result of fundraising and a history of prudent operations.

- **Community Support**

We are an all volunteer run organization and the festival weekend requires a contribution of over 350 volunteer hours. Volunteers from all over the Victoria Capital Regional District provide their support by volunteering their time.

The festival also receives financial support through sponsorship. Our 2015 Sponsors included: Royal Canadian Legion #54 Sooke, Victoria Bluegrass Association, Sooke Community Association, and eleven local Sooke businesses.

Why We Should Receive Municipal Funding

The festival is a much loved family event, and a worthwhile undertaking within the District of Sooke, bringing in visitors from all over Vancouver Island and the Mainland.

We have increased our proposed budget for 2016 in anticipation of receiving a grant and being able to do more promotion, increase our band budget, and finance additional square dance workshops in the Sooke public schools.

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

Date: Sept 29, 2015

Organization Name: Sooke River Bluegrass Festival Society

Revenues	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
Grants:				\$
District of Sooke request		X		\$ 5,000
Other grants				\$
(list funder) SOCAN Foundation Grant		X		\$ 1,000
(list funder)				\$
				\$
Admissions / fees:				\$ 15,545
				\$
Other: (See Attached)				\$ 9,282
				\$
Total Revenues				\$ 30,827
Expenses				
				\$
(See Attached)				\$
				\$
				\$
				\$
				\$
				\$
Total Expenses				\$ 30,781
Net Income				\$ 46

Program Budget 2016
Sooke River Bluegrass Festival
Projected Revenues & Expenses
for the year ended August 31, 2016

	<u>Past 2015 Fiscal</u>	<u>Projected 2016 Budget</u>	
Revenues			
	-		
Sooke Community Grant Funding	-	5,000	unconfirmed
SOCAN Foundation Grant	-	1,000	unconfirmed
Sponsorship	3,800	3,700	
Ticket Receipts	15,545	15,545	
Raffles	1,747	1,747	
Vendor Fees	1,558	1,558	
Merchandise	455	455	
Kitchen	1,081	1,622	
Other	200	200	
Sub-Total	\$ 24,386	\$ 30,827	
In-Kind Income			
Labour	3,530	3,530	
Total	\$ 27,916	\$ 34,357	
Expenses			
Bands	9,095	10,500	
Production	3,487	4,050	
Promotion	2,718	4,830	
Security	714	714	
Site Expenses	3,335	4,746	
Raffles	701	701	
Merchandise	852	852	
Kitchen	1,234	1,857	
SOCAN	879	466	
Sooke School Workshops	200	1,600	
Website	136	136	
Sponsorship Write Off	100	-	
Other	288	329	
Sub-Total	\$ 23,739	\$ 30,781	
In-Kind Expenses			
	3,530	3,530	
Total	\$ 27,269	\$ 34,311	
Excess of Revenues over Expenses	\$ 647	\$ 46	



DUPLICATE

NUMBER: S-46328

SOCIETY ACT

CERTIFICATE OF INCORPORATION

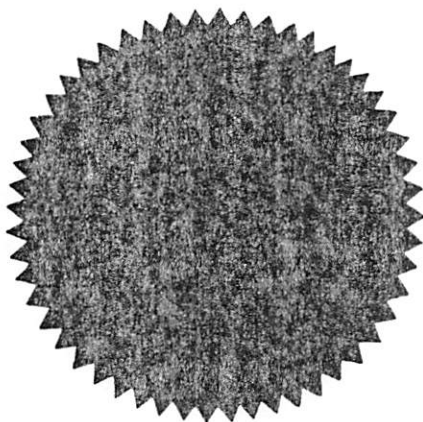
I Hereby Certify that

SOOKE RIVER BLUEGRASS FESTIVAL

has this day been incorporated under the *Society Act*

Issued under my hand at Victoria, British Columbia

on June 26, 2003



JOHN S. POWELL
Registrar of Companies
PROVINCE OF BRITISH COLUMBIA
CANADA

Sooke River Bluegrass Festival Society
Treasurer's Report Year End 2015
Financial Report for September 1, 2014 to August 29, 2015
(with comparative figures for year-end January 1, 2013 to August 31, 2014)

Balance Sheet	2015	2014	Income Statement	2015	2014
Assets			Income		
Cash	\$ 100	\$ -	Interest	\$ 222	\$ 104
Membership Shares	5	5	Festival Tickets	15,545	12,349
Chequing Account	26	108	Raffles	1,747	1,395
Savings Account	8,140	950	Vendors	1,558	1,072
GIC Unrestricted Funds	-	17,000	Merch	455	486
Acrued Interest on GIC	-	42	Kitchen	1,081	-
GIC Resticted Funds	12,000	-	Sponsorship	3,800	4,850
Acrued Interest on GIC	23	-	Xmas Show	311	-
Gaming Account	-	-	Donation	130	298
Pre-Paid Expenses	-	-	Other	200	100
Accounts Receivable	350	200	Total Income	25,048	20,653
Total Assets	\$ 20,644	\$ 18,305			
			Expenses		
Liabilities and Equity			Administration	266	52
Accounts Payable	\$ 1,384	\$ -	Bands	9,095	7,753
AI Payable	-	87	Production	3,487	3,301
Phil Payable	-	-	Promotion	2,718	1,914
Larry Payable	44	46	Security	714	443
Total Liabilities	1,428	133	Site Expenses	3,335	3,797
			Raffles	701	101
Opening Equity	18,172	16,029	Merch	852	790
Net income	1,044	2,143	Kitchen	1,234	-
Closing Equity	19,216	18,172	Workshop	200	274
			Website	136	86
Total Liabilities and Equity	\$ 20,644	\$ 18,305	Sponsorship Write Off	100	-
			SOCAN	879	-
			Other	288	-
			Total Expenses	24,005	18,510
Notes:					
			Net Income	\$ 1,044	\$ 2,143

APPENDIX II - Policy No. 5.1



DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.



Name of Organization: Bipolar Disorder Society of British Columbia
Address of Organization: 185-911 Yates Street, Suite 534,
Victoria, B.C. V8V 4Y9

District of Sooke

SEP 29 2015

Received

Phone:



Fax:

E-mail: babe@bipolarbabe.com

Contact Person: Andrea Paquette

Category	Grant eligibility area:
<input checked="" type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input type="checkbox"/> B - Bi-Annual Grant	<input type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input checked="" type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested: \$ 4,500 Total Budget: \$ 15,095
(attach completed Budget Form)

Have you applied before? Yes When? Sept 2014 Grant Received? none

Have you submitted a final report for previous grant? n/a

Incorporation number and date of incorporation if applicable: 827676867 RR0001

Date: 2010-07-08

(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

Describe your organization, its mandate and program (s)

Initially, Andrea Paquette and a dedicated volunteer developed a state-of-the-art website as an interactive project called *Bipolar Babe* to (a) combat misinformation about the stigma of mental illness in the community and (b) to provide a forum for people with mental health challenges to interact with others in an online support platform. The Bipolar Disorder Society of British Columbia was founded by Andrea Paquette and a board of seven dedicated individuals in January 2010 (became a Canadian Registered Charity aprox. 6 months later) and from date of application to date of approval, the Society received charitable status in 29 days. The branding of the project is now called the 'Bipolar Babes' to make our project more inclusive and Andrea is not the sole employee anymore as BDSBC has a staff of seven amazing employees.

The Society's Mandate is to be ambassadors for all those who live with bipolar disorder and mental health challenges in British Columbia. Our Mission is to stomp out the stigma of mental illness through awareness, education and support, with a special focus on youth.

The Society delivers five programs based on adult/youth education and peer support for mental health. The Society runs the innovative and comprehensive Stigma Stomp Program, which raises awareness of mental health wellbeing and mental health issues, while reducing the societal stigma associated with mental illness, providing youth and adults with an opportunity for mental health peer support.

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

Program description

The **Stigma Stomp Classroom Presentations** for youth, ages 12-19, in the District of Sooke are specifically designed to promote positive mentally healthy attitudes among youth that instils respect, empathy, understanding and acceptance of those who have a mental illness, and to help eradicate the stigma of mental illness and its associated unwarranted fears and bullying. The presentation focuses on discussing societal stigma's negative perceptions of mental illness, sharing an inspiring and personal story of a Presenter who lives well with a mental illness, mental wellness/brain health, and the importance of reaching out for support. Furthermore, youth are encouraged to seek professional help and are directed to access community health services and online resources through our website 'Help' page. This Bipolar Babes website page offers important phone numbers on whom to call if they find themselves, or a friend in a mental health crisis or have concerns.

Our Presenters are trained in the Mental Health Commission of Canada's, Mental Health First Aid, and are able to give guidance to teachers, school counsellors and youth to help those who may be experiencing a mental health issue. During the 2014-2015 school year, the Society reached out to a significant 1917 students in the Greater Victoria Area, including students from the District of Sooke— The Society delivered its Stigma Stomp Classroom presentation to 210 students at Edward Milne Community School and 130 students at Belmont Secondary. (Since inception in 2011, the Society has given 23 presentations to a total of 725 students at Edward Milne Community School, Spencer Middle School, Belmont Secondary and Westshore

Learning Centre in Sooke and Langford).

Our **Community-based Mental Health Awareness Presentations** are directed to parents, families, educators, caregivers, workplaces, and local community and service organizations to raise the awareness of mental health issues and to address the specific needs of those challenged by mental illness. Our Programs also generate awareness of community resources required to support those with a mental health condition. During our 2014/2015 fiscal year, the Society presented to 1062 community members in the Greater Victoria Area. We plan to explore ways in which we can share our community presentations to the District of Sooke residents with the Mayor and Council and the Sooke community.

The Society's Support Groups are comprised of the **Teens2Twenties Support Group** (ages 15-25), **Bipolar Babes Women's Support Group** and the **West Shore Mental Health Support Group** (co-ed/all ages). The Teens2Twenties Support Group is the only support group of this kind in the GVA for youth with any mental illness. Our peer driven groups provide tools and support for those with any mental illness and Facilitators mentor participants to manage their illness, while providing encouragement, instilling self-esteem and social skills. The Groups meet once a week and operate effectively with a maximum of 8-12 members at a time, with members free to rotate in and out of the groups. Since the inception of our support groups, the Society has assisted over 180 youth, women and men with a mental health condition, many from the District of Sooke, to make healthier lifestyle choices. All three Groups are open to District of Sooke residents and many have attended the groups from your municipality.

Since 2009, our state-of-the-art **Website** www.bipolarbabe.com and social media engagement via Facebook and Twitter (1483 followers) has communicated the Bipolar Babes "Stomping out Stigma" message through interactive online conversations, and Blogs. The website averages 1400 unique visitors each month. As mentioned above, the 'Help' page specifically shared with youth in classrooms features a list of specific mental health resources and a youth-friendly directory of emergency phone numbers. Through relationship building and trust, we identify personally with the participants and understand the needs of those with a mental health condition, particularly youth at risk. The highly valued educational content produced by *bipolarbabe.com* and its social media networks generate a dynamic interactive discussion around the shared personal experiences of those living with mental illness, including personal blogs by Andrea Paquette, our Executive Director. *Andrea also responds to a significant number of personal e-mails from people seeking help and guidance on a daily basis across all Districts and Municipalities in the Greater Victoria Area and meets personally with people or talks to them on the phone regarding their mental health concerns.*

Uniqueness of Projects

As a mental health disorder typically occurs first in adolescence when it can be best diagnosed and treated, the Stigma Stomp Program is directed to youth in grades 7-12 by raising awareness of mental health issues. The Society's Stigma Stomp Classroom Project is an innovative comprehensive approach to mental health education directed to youth in a classroom setting using interactive presentations to raise the awareness of mental illness and its attaching stigma. The Society's message of mental health/illness complements the work of

community health agencies, and the Society's interactive presentation of mental health issues, is distinctive and connects with youth and the Community.

The Support Groups are unique as 10-15 youth at risk, young adults and men and women with a mental illness meet in a small group once a week year round. This facilitates personal interactions among the group members and builds friendships and meaningful connections under the supervision of the Facilitators.

Rationale for Municipal Funding

The Bipolar Disorder Society of British Columbia is a grassroots organization and depends on funding from local sources including the Municipalities. The Programs provide an invaluable service to the residents of the District of Sooke, in particular youth in local schools.

Understanding mental illness reduces mental illness stigma, as well as policing costs, family breakups, homelessness and ultimately the cost of health services. Our programs are offered at no charge.

Benefits to the Sooke Community

- In the 2014-2015 school year, the Bipolar Disorder Society of British Columbia was actively involved in the Sooke Community by delivering our Stigma Stomp Program to area schools. The Society delivered its Stigma Stomp Classroom presentation to 210 students at Edward Milne Community School and 130 students at Belmont Secondary. (Since inception in 2011, the Society has given 23 presentations to a total of 725 students at Edward Milne Community School, Spencer Middle School, Belmont Secondary and Westshore Learning Centre in Sooke and Langford). We therefore, plan to expand delivery of our Stigma Stomp Classroom Presentations in the District of Sooke and Langford to approximately 350 students in 2015-2016.
- We plan to partner with a number of community service clubs to raise mental health awareness about our Stigma Stomp Program and access to our Website. We are planning to deliver up to three community presentations in the District Sooke. We plan to explore ways in which we can share these presentations to the District of Sooke residents with the Mayor and Council and the Sooke community.
- We will promote and provide an invitation to District of Sooke residents living with mental health challenges to join the Teens2Twenties Support Group and Bipolar Babes Women's Support Group with meetings once a week year-round at Quadra Village Community Centre in Victoria and the West Shore Mental Health Support Group in Langford (co-ed).
- Offer volunteer opportunities to help expand our Program in the District of Sooke Community.

Specific Community objectives in 2016 involving Sooke:

- Expand our delivery of Stigma Stomp Classroom presentations to District of Sooke schools to approximately 350 students.
- Partnering with at least three Community service clubs and/or businesses to raise Community awareness about our Stigma Stomp Program in the Community and access to our Website.
- Training one additional Presenter to expand our Program in District of Sooke.

Purpose of project

Classroom Project: Creates awareness among youth regarding mental illness and mental health and reduces bullying in schools. This increased awareness of community resources encourages at-risk youth to seek early diagnosis and treatment, and activates the self-confidence to manage their mental illness and create a wellness in their lives. Teachers, youth and parents are alerted to individual mental health concerns and the availability of the community resources to assist those with a mental illness.

Support Groups: Group participation encourages an individual's self-confidence to develop personal plans to manage mental illness and to adopt a healthy lifestyle that avoids the misuse of medications, drugs and alcohol.

Website: The Website, www.bipolarbabe.com provides a space for all youth to actively participate in the Bipolar Babe Forum and blog and find educational resources to learn about mental health.

The names of those involved in carrying out the project:

Andrea Paquette, Executive Director is a Presenter for the Classroom Project and Facilitator of the Teens2Twenties Peer Support Group. Andrea is an experienced Speaker/Presenter/Facilitator who lives well with a mental illness. She holds a double major degree and has worked for the BC government in the areas of mental health and addictions, social development and education. She is certified in Mental Health First Aid and ASIST Suicide Prevention. She has also been trained and certified in the Mental Health Commission of Canada's *Mental Health First Aid* course. In 2013, Andrea received a prestigious Reintegration Award for Mentorship from the National Council for Community Behavioral Healthcare in their Awards of Excellence, as well as the CFAX Mel Cooper Citizen of the Year Award. In 2014 she received the Courage to Come Back Award from Coast Mental Health. She regularly contributes online with mental health blog articles for HealthyPlace.com and Bipolar Magazine, both internationally and highly acclaimed recognized mental health websites.

Natasha Tracy is a Presenter for the Classroom Project. Natasha is an award-winning and influential mental health writer who lives with bipolar disorder. She is an authority on mental health issues, featured numerous times in the media as a mental health advocate offering a strong voice for those who have a mental illness. Natasha is also the Manager and well respected writer for America's Mental Health Channel: Healthy Place.com. She has also been trained and certified in the Mental Health Commission of Canada's *Mental Health First Aid* course.

Julia Wilkes is the Facilitator for the Bipolar Babes Women's Support Group. Julia has been attending the women's group for over 2.5 years and has been diagnosed with a mental illness since she was a young teen. Her most recent employment position includes being an in-home care worker for a young man in a wheelchair, and acting as a volunteer for AIDS Vancouver Island, Victoria Women's Sexual Assault Centre and the Junior Diabetes Research Foundation.

Date and Place of Project

Dates for Edward Milne Community School have already been set and include presenting to three Planning 10 classes, which totals nearly 100 students. The Society also has bookings with surrounding Westshore communities including Belmont Secondary. Community presentations in Sooke will be sought out and offered on request. Dates and places to be announced upon confirmation.

The West Shore Mental Health Support Group meets every Tuesday 7:00-8:30 PM in Langford. The Teens2Twenties Support Group meets every Thursday 7:00-8:30 PM and the Bipolar Babes Women's Support Group meets every Tuesday 7:00-8:30 PM both at Quadra Village Community Centre in Victoria.

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

Date: 5 September 2014

Organization Name: Bipolar Disorder Society of British Columbia

Please Note: Expenses are based on 4 schools and 3 community presentations in the District of Sooke. Expenses for Support Groups are based on one participant per each group (approx. \$1,250 per participant)

	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
<u>Revenues</u>				\$
District of Sooke request		\$4,500		\$4,500
Other grants				
City of Victoria	\$1,000			\$1,000
Allen & Loreen Vandekerkhove Family Foundation	\$5,000			\$5,000
Provincial Employees Community Services Fund	\$4,565			\$5,565
<i>Admissions / fees:</i>				
Bank Interest		\$30		\$30
<i>Other:</i>				
Fundraising Events & Sales				
Total Revenues				15,095

Expenses	
Program Expenses	\$
School & Community Presentations	
Development & Delivery, Presenters & assistants	784
Program preparation & followup	8,568
Presenter development & training	144
Promotion & Training Video Product'n & Distribution	144

Program insurance	160
Travel/Mileage	224
Evaluation	136
Office supplies, postage, copy & telephone	568
Print, Promotion Educational materials	568
Website	125
Support Groups (3 combined)	
Program delivery - Facilitators	852
Preparation & follow-up	1,862
Facilitator Training	82
Educational materials/handouts	111
Room rental	410
Insurance, mileage, evaluation	102
Office supplies, copy, phone	267
Print and promotion	113
Total Expenses \$	
	\$15,095
Net Income	\$0

SOCIETY ACT

CERTIFICATE OF INCORPORATION

I Hereby Certify that

BIPOLAR DISORDER SOCIETY OF BRITISH COLUMBIA

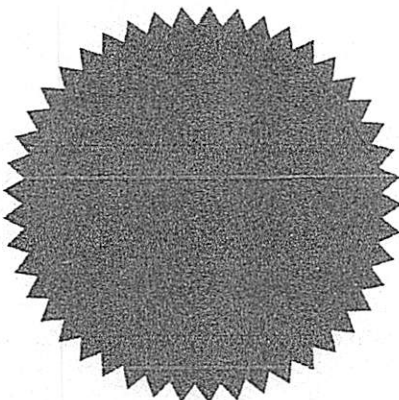
has this day been incorporated under the *Society Act*

Issued under my hand at Victoria, British Columbia

on January 15, 2010

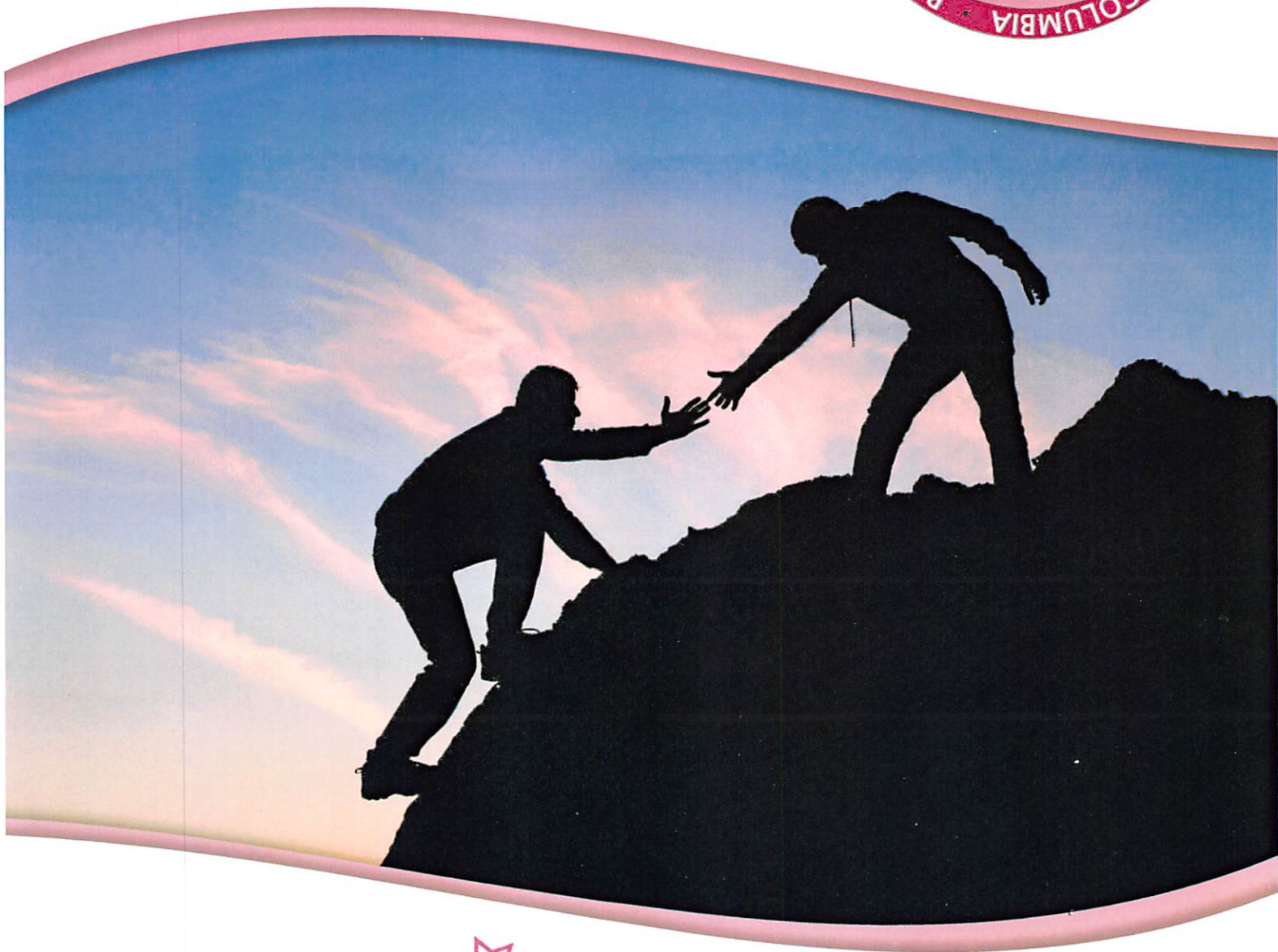


RON TOWNSHEND
Registrar of Companies
PROVINCE OF BRITISH COLUMBIA
CANADA



Bipolar Disorder Society of
British Columbia

Annual Report 2014



mental health education
and support

<http://bipolarbabe.com>



The Bipolar Disorder Society of British Columbia (BDSBC)

Our Vision, Mission & Values

VISION:

Creating a world of understanding, empathy and acceptance, where people with mental illness are included as equal contributing members in all spheres of society.

MISSION:

Stomp out the stigma of mental illness through awareness, education and support.



VALUES:

- Knowledge, understanding, education and support
- Respect, dignity and integrity
- Open dialogue
- Community – partnerships and collaboration
- Grass roots leadership
- Facilitating self-empowerment, self- esteem, self-worth and self-determination
- Resiliency
- Transparency, accountability, authenticity and honesty
- Inclusion of lived experiences



President's Report



I'm happy to report that the Bipolar Disorder Society of BC has made terrific progress this past year. We have increased program capacity, developed new strategic partnerships and maintained a solid financial foundation. Most importantly, we continue to make a positive impact in our community and the workplace by changing attitudes about mental health and helping people to lead productive and fulfilling lives.

Internal victories include completion of our Policies and Procedures Manual, refinement of our Strategic Plan, inauguration of our Advisory Board and the addition of new members to the Board of Directors.

We added a new Peer Support Group in the West Shore and increased the number of school presentations to reach over 1800 youth during the 2013/14 school year.

In particular, I am excited about our collaboration on the new Bipolar Youth Action Project with CREST.BD (The Collaborative Research Team to study psychosocial issues in Bipolar Disorder) from the University of British Columbia. It is a multi-year project generously funded by the Vancouver Foundation. This combined effort is a demonstration of effective partnership and presents a unique opportunity to make a difference in the lives of our youth living with bipolar disorder, their families and the community at large.

In closing, I would like to thank our Donors, Board of Directors, Advisory Board and Staff for their much appreciated support. I look forward to the continued development of the Bipolar Disorder Society of British Columbia and the great things we will achieve together in the future.

Sincerely,
Warren Keane

A handwritten signature in blue ink that reads "W Keane". The signature is stylized, with a large, looped "W" and a cursive "Keane".

Executive Director's Report



In January 2010, the Bipolar Disorder Society of British Columbia came to fruition, with many welcomed successes and growth over the years. The concept of the Bipolar Babe Project began as a t-shirt and a catchy logo of a super hero "Stomping out Stigma." I am now Executive Director of Bipolar Disorder Society of British Columbia. I conceptualized the project because I had been diagnosed with bipolar disorder in my mid-twenties and wanted to share my story so others did not suffer needlessly as I did. The launch of bipolarbabe.com ignited the popularity of the cause and inspired support in the local and national communities. With the valuable support of many

talented and amazing individuals, the Board of Directors successfully obtained charitable status very quickly as a demonstration of the need for mental health education and support in the community. The Society set its sights on success by reaching as many people as possible with the "Bipolar Babe: Stomping out Stigma" message.

In 2010, I continued on with community and classroom presentations under the umbrella of the Bipolar Disorder Society of British Columbia and became their very first employee administering all of the program delivery. Over time, we have grown significantly and we now have a staff of five amazing people. The Teens2Twenties Support Group ran out of my basement suite in the early stages and soon became a funded program. The Society, born out of a grassroots environment, has stayed true to its humble beginnings.

The society now hosts five programs: Stigma Stomp Classroom Presentations, Mental Health Awareness Community Presentations, Teens2Twenties Support Group, Women's Support Group and, the newest addition, the West Shore Support Group, which began in January 2014. In December 2013, the Society partnered in a successful research grant of \$159,520.00 from the Vancouver Foundation to work with CREST.BD, a research network located at the University of British Columbia, to engage youth as peer researchers in the local Victoria community, while focusing on self-management strategies and research with youth having lived experience.

As Executive Director of the Bipolar Disorder Society of British Columbia, I personally witness the immense impact that we are having in the lives of countless individuals, both for the persons with lived experience and their loved ones. The testimonials from the youth in the classrooms have been equally as impactful as we share about stigma and mental health, mental wellness and reaching out. We are always moved, touched and inspired by the glowing feedback.

The Society continues to grow and is changing negative perceptions and attitudes with an authentic and honest approach from people who truly care about the lives of those that live with mental health challenges. This past year has been truly inspiring for us and we look forward to continuing to make this a world free of stigma, while instilling the values of understanding, empathy and acceptance.



Program Report



The Stigma Stomp Classroom Program for youth grades 7-12 has a presenter with lived experience offer a presentation to students in an intimate, classroom setting. Students learn about myth-busting, stigma and societal attitudes toward mental illness. Our presenter shares their personal story of living with a mental health condition and highlights both the challenges and successes of their life. The presentation also includes a focus on mental wellness and how to take care of your mental health. The presentation is concluded with a chat about reaching out and a question and answer period.

Mental Health Awareness Community Presentations have been a great success for The Society as the presentations mirror a similar approach to the classroom program by educating about mental health and stigma. The Society has presented to groups of teachers at various schools, non-profits, post-secondary institutions and a number of Rotary Clubs. The Society has also reached out to many workplaces and have given presentations to Ledger House for Island Health, TELUS, the Royal Bank and the British Columbia Government, among many others.

Teen2Twenties Peer Support Group is a unique program that provides peer support for those living with a mental illness aged 15-25 years. The program has been in existence since 2010 and remains a constant place of hope for youth struggling with a mental health condition. The program is led by a lead and co-facilitator and the group has offered a place of a listening ear, comfort and encouragement. The group naturally creates friendships and ensures that nobody suffers in isolation. We have reached over 96 youth since the inception of the program and will continue to support this important work in the youth community.

The Bipolar Babe Women's Support Group began as there was a need for adult support in the local community for those that have a mental illness. The group was originally intended to include all genders but the only participants that attended during its infancy were women. The participants have flourished in this atmosphere and they arrange events, dinners and social outings with each other creating friendships and support. We have reached over 60 women so far with the numbers increasing weekly.

West Shore Peer Support Group is located in Victoria's western communities and is a much needed service in this area. The group is all ages and co-ed and a number of men attend the group who have voiced that they feel more open about their mental illness and supported. Our group hosts an average of 10-12 people with weekly sessions and these numbers have been strong since the program's beginnings.

Activities and Achievements

The Bipolar Youth Action Project is the brainchild of the Bipolar Disorder Society of British Columbia in partnership with CREST.BD. We have recruited 12 youth aged 19-25 who are diagnosed with bipolar disorder and they are now researchers in the 2 year long project funded by the Vancouver Foundation.



Bipolar Babe Website bipolarbabe.com continues to flourish and has 1400 unique visitors a month. We continue to provide inspiring blogs, sharing of personal stories, media highlights and a forum for mental health information and connection.

The Bipolar Disorder Society of British Columbia – Board of Directors



Warren Keane – President

Warren joined the board of directors in February 2013 and was appointed President later that same year. Prior to coming to The Society, Warren was President of the Victoria-based Vancouver Island Entrepreneurs Toastmasters Club and Chairman of the Christmas Spirit Community Dinner Society. Warren brings both managerial and operational expertise to our Board. He has more than 25 years of experience with information technology including project management, software development, sales and marketing.



Taylor Norman – Treasurer

As the Treasurer for the Bipolar Disorder Society of British Columbia, Taylor is currently completing his Bachelor of Commerce Degree at the University of Victoria where he's specializing in accounting. After graduation in December of 2014, he will continue his accounting education by pursuing a Chartered Professional Accountant designation. "I am excited to be part of such a great organization that is doing so much good for the communities it serves. Working with all the members of The Society has been a pleasure and a terrific learning experience."



Kari Magnusson – Secretary

Kari Magnusson has been the Secretary and a member of the board of directors for the Bipolar Disorder Society of British Columbia since September 2013. Kari has always had a keen passion and interest in learning and promoting mental health awareness in the hopes of eliminating the harsh stigma surrounding mental illness. She believes strongly in being an advocate and a supporter for people who may be struggling. Kari joined the Society in the hopes of making a positive difference in the lives of others.



Natasha Tracy – Board Director

Natasha Tracy is an award-winning writer and speaker for The Society. She specializes in bipolar disorder, depression and other mental health issues. Her expertise has been sought after by academics and the media and she has been a speaker at the National Council Mental Health and Addictions conference. Natasha has written the award-winning blog the [Bipolar Burble](#), detailing life with bipolar disorder, for more than a decade. She was named the fourth most influential social HealthMaker in mental health by Sharecare.com. Natasha is also a social media consultant and is the recent winner of a very prestigious mental health award called the Beatrice Stern Media Award by Didi Hircsh.



Gurpreet Rwanda – Board Director

Gurpreet joined the board of directors of The Society back in September of 2009, even before The Society obtained charitable status. Gurpreet has volunteered for various organizations in Victoria from the time she was 14 years old. She is particularly interested in being involved with organizations that promote and advocate for individuals who deal with mental illness, whether directly or indirectly. She is excited to be contributing her knowledge and experience to The Board with the hopes of making a positive impact in the community and stomping out the stigma associated with mental illness even today.



Andrea Paquette – Ex-officio

Andrea is also known as “Bipolar Babe” in the community and is the Executive Director of the Bipolar Disorder Society of British Columbia. She plays a significant role in service delivery as a classroom and community presenter for mental health, including being a support group facilitator for the West Shore Support Group and the Teens2Twenties Support Group. Andrea holds extensive experience in the provincial government in policy, communications and research in the areas of education, mental health and social development. Andrea has also been named the 2013 Citizen of the Year in Victoria, British Columbia, and was given the 2013 Award for Mentorship from the National Council for Behavioral Health.

Bipolar Disorder Society of British Columbia Advisory Council

Dr. Mary Kay Nixon, Youth Psychiatrist, Island Health

Dr. Wei Song, Psychiatrist and Director for the Mood Disorders Clinic, Island Health

Cindy Player, Director, Equity and Human Rights, University of Victoria

Sheldon Kitzul, Social Worker and Life Coach

Philip Bisset-Covaneiro, Financial Consultant

Robin Holden, Charity Advisor, Source Group

Bipolar Disorder Society of British Columbia - Society Staff

Andrea Paquette, Executive Director

Julia Wilkes, Lead Facilitator, Women’s Support Group

Jasmine Philip, Co-Facilitator, Women’s Support Group

Helen Wale, Co-facilitator, West Shore Support Group

Jamie van Gessel, Youth Co- Facilitator, Teen2Twenties Peer Support Group

Natasha Tracy, Classroom Presenter



Community Supporters

The Bipolar Disorder Society of British Columbia has garnered a significant amount of support over the years including:

Umbrella Society for Addictions & Mental Health
The BC Schizophrenia Society
The Mood Disorders Society of British Columbia
University of Victoria's Mental Health Task Force
Victoria Cool Aid Society
The Canadian Mental Health Association
NEED2 Suicide Prevention, Education and Support
CREST.BD



There are several additional organizations that support the Society's work beyond measure, and we have had the opportunity to work with many on a number of initiatives including a Stigma Stomp Day event with Leadership Victoria and Clara's Big Ride sponsored by Bell Canada. The Society is eager to partner with community organizations to further the cause of mental health awareness, support and education. These partnerships have been enhanced through program referrals and presentation opportunities, while offering and promoting our services in the community. In the spirit of true partnership, The Society deeply values the contribution and collaboration with all organizations aiming to stomp out the stigma associated with mental illness.

The Future for the Bipolar Disorder Society of British Columbia

Our Goal is to prepare a three year plan for 2015-2018 that will provide a sustainable platform to operate and flourish. Content will include the following:

- Milestones:
 - Planned evolution of our programs in response to community needs and expectations
 - Developing program delivery capacity
 - Performance measurement of programs and personnel
- Evaluation and response to community needs and expectations
- Operational management, governance, policy and regulation
- Resources - Funding, availability of staff and community partners
- Marketing opportunities and resources:
 - Website and social media; local and national media opportunities
 - The Bipolar Disorder Society of British Columbia newsletter
 - Classroom educational materials
 - Print and promotion tools such as rack cards, DVDs and posters



We have identified our priorities to connect with those who care and those we wish to reach:

- Approach and maintain personal contact
- Goal-oriented meetings with consistent follow-up
- Presentations/public speaking including schools, workplaces, community and new opportunities
- Messaging and program content clearly defined and consistently presented
- Media, social media, website, newsletter and telephone contact
- Events and public activities – annual general meeting, fundraisers, etc.
- Reporting and transparency, such as the annual report
- Promotional support materials for schools and community distribution such as rack cards and information kits
- Direct contact with current and potential funders at every level



We have identified our current target population:

- Community at large
- Participants
- Loved ones of participants
- All youth, including those with lived experience
- People living with mental illness
- Schools, educators, boards
- Health organizations
- Non-profits and charities
- Various levels of government
- Current and potential funders
- Business/workplace staff/employers
- Insurance Companies
- Media
- Researchers
- Medical professionals
- Medical support work



Student Testimonials

"Because of your presentation, I feel less nervous about meeting my biological father who has bipolar disorder."
~ *Grade 11 Student, Edward Milne Community School*



"I thought your presentation was really awesome, particularly because I could understand the depression and suicide experiences as I battled anorexia 3 years ago. I thought that you aided in creating the ability for people to think more critically about the idea of mental illness. I think that your presentation and ones like it are very important in order to rid of mental illness stigmas." ~ *Grade 11 Student, Stelly's Secondary School*

"I thought the presentation was great because I have taken a few courses on mental illness because my mom has it and she found out at the age of 11. It is really hard for my mom because she dealt with a lot of depression but now she is 53 and getting back into things. I love seeing her smile and I love seeing her happy. I really hope you come back. Thank you very much! 😊" ~ *Grade 7 Student, Lansdowne Middle School*

Teacher Testimonials

"Andrea and Natasha are the most engaging and charismatic speakers I have had into my classroom in the past 10 years. Mental health is such an important topic to discuss with youth because a great number of disorders start in the late teens. There is great worth having a first-person account of someone living with a mental illness as it has a lasting impact on the students, and I have no doubt that my class will remember this experience for years to come." ~ *Scott Gordon, Planning and Psychology Teacher, Stelly's Secondary School*

"We've had the privilege of hosting Andrea at our school three times now. The purpose was to not only inform, but to continue developing a sense of awareness and compassion for those who struggle with mental illness in its various forms. Andrea's ability to engage the staff was impressive and her presentation surpassed my expectations. Her willingness to vulnerably and charismatically share her story was both disarming and inspiring." ~ *Lyn Suderman, Counsellor, Pacific Christian Secondary School*

Support Group Participants' Testimonials

"Every week I am blessed with the opportunity to go and have a chance to share my ups and downs, my confusion and frustrations, and my joy and happiness. It is a place for laughter and tears, a place where you never have to edit your feelings or hide who you truly are or what you are struggling with. It is a place of pure empowerment and respect." ~ *Bridget, Participant with Lived Experience, Women's Support Group*

"Bipolar is a big deal, and putting the time aside every week to talk about it is extremely necessary. This group showed me that I wasn't alone, and it continues to offer me support, encouragement, and advice. I am very grateful for its existence and the help I receive." ~ *Kyle, Participant with Lived Experience, Teen2Twenties Support Group*

Treasurer's Report



First, I would like to thank our Bookkeepers at Cheques and Balances for all the hard work they have done for us this past fiscal year and Albert Zalazar of Grant Thornton who completed The Society's year-end financial statements.

This has been another successful year for The Society. We have again reached record growth with revenues of \$110,325. The Society did have a small deficit in our fiscal year's operating income. This deficit was due to a time lag in receiving a grant to cover the costs of establishing the new West Shore Support Group. However, we did receive a grant that covered the cost and the deficit which was accrued from the new West Shore program.

We are very excited to be partnering in a two-year project with CREST.BD, a research network located at the University of British Columbia, researching self-management strategies for youth with bipolar disorder. The funding is specifically dedicated to the project and has been generously donated by the Vancouver Foundation for \$159,520.00.

We continue to remain financially stable. The following graphs show our revenues and our past and forecasted projections for the upcoming years. I look forward in contributing to the continued success and growth of the Bipolar Disorder Society of British Columbia for years to come.

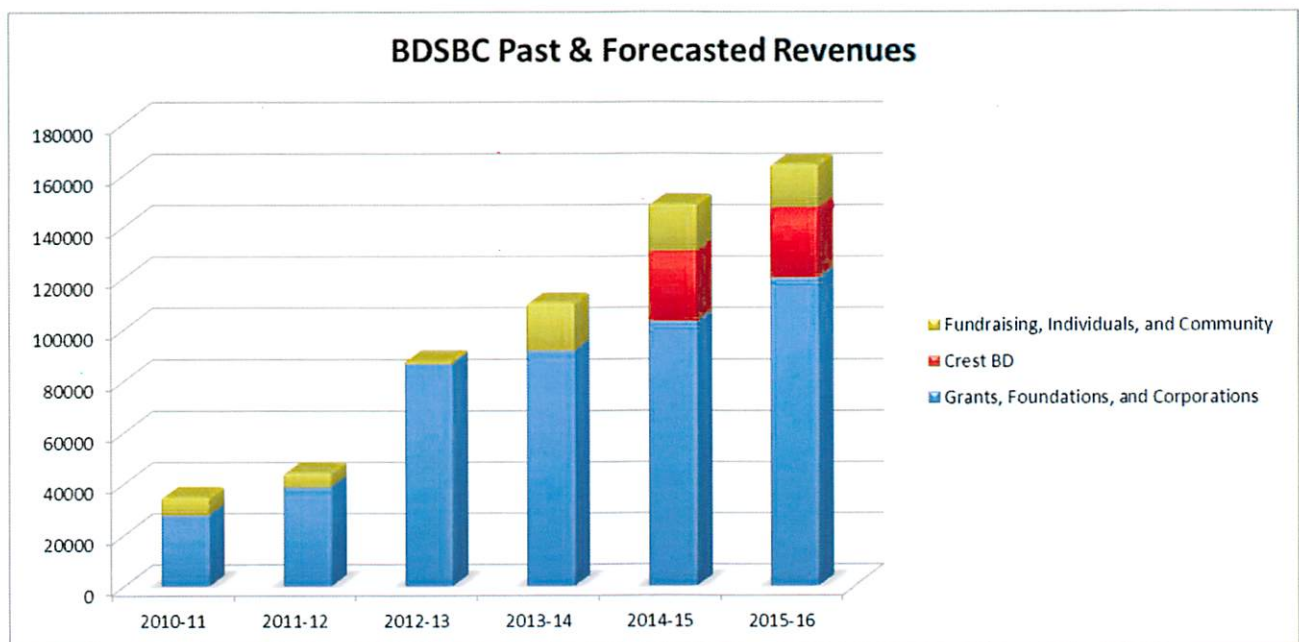
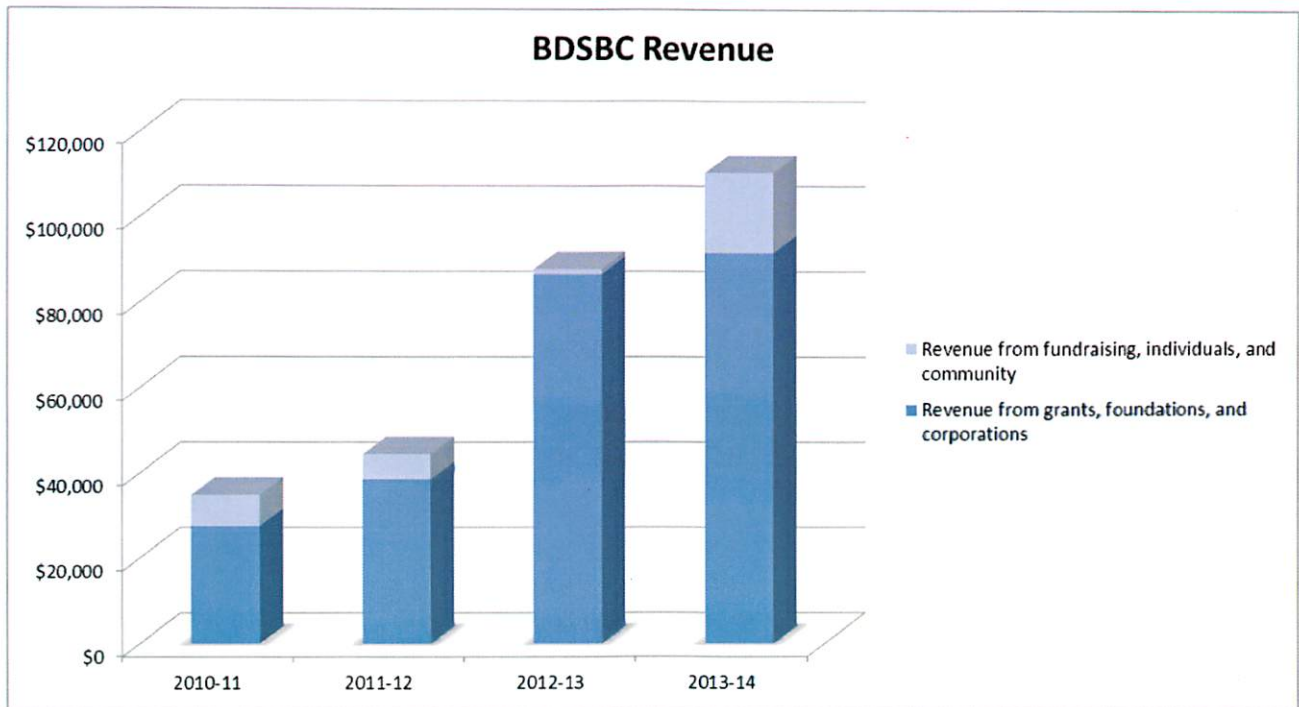
Thank you,

Sincerely,

A handwritten signature in black ink, appearing to read 'Taylor Norman', followed by a horizontal line.

Taylor Norman

Treasurer



Thank you to our generous funders for making such an impact in the community.



Provincial Employees Community Services Fund



RBC
Royal Bank



children's
HEALTH FOUNDATION
OF VANCOUVER ISLAND

Bell



CHRIS SPENCER FOUNDATION



Edith Lando
Charitable Foundation



vancouver
foundation



"We acknowledge the financial assistance of the Province of British Columbia"



Financial Statements

(Unaudited - see Notice to Reader)

Bipolar Disorder Society of British Columbia

March 31, 2015

Contents

	Page
Notice to Reader	1
Statements of Operations and Changes in Net Assets	2
Statement of Financial Position	3
Notes to the Financial Statements	4
Schedule of Program Expenses	5
Schedule of Operating Expenses	5



Grant Thornton

Notice to Reader

Grant Thornton LLP
3rd Floor
888 Fort Street
Victoria, BC
V8W 1H8

T +1 250 383 4191
F +1 250 381 4623
www.GrantThornton.ca

On the basis of information provided by the organization, we have compiled the statement of financial position of Bipolar Disorder Society of British Columbia as at March 31, 2015 and the statements of operations and changes in net assets for the year then ended.

We have not performed an audit or a review engagement in respect of these financial statements and, accordingly, we express no assurance thereon.

Readers are cautioned that these statements may not be appropriate for their purposes.

Victoria, Canada
August 11, 2015

Grant Thornton LLP

Chartered Professional Accountants

Bipolar Disorder Society of British Columbia
Statements of Operations and Changes in Net Assets

(Unaudited - see Notice to Reader)

Year ended March 31	2015	2014
Revenue		
Donations and grants	\$ 142,993	\$ 110,310
Interest	16	15
Community support	<u>724</u>	<u>-</u>
	<u>143,733</u>	<u>110,325</u>
Expenses		
Program expenses (Schedule 1)	100,818	86,385
Operating expenses (Schedule 2)	<u>47,099</u>	<u>31,339</u>
	<u>147,917</u>	<u>117,724</u>
Deficiency of revenue over expenses	<u>\$ (4,184)</u>	<u>\$ (7,399)</u>
Net assets, beginning of year	\$ 3,975	\$ 11,374
Deficiency of revenue over expenses	<u>(4,184)</u>	<u>(7,399)</u>
(Deficiency) net assets, end of year	<u>\$ (209)</u>	<u>\$ 3,975</u>

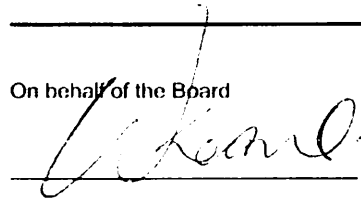
Bipolar Disorder Society of British Columbia

Statement of Financial Position

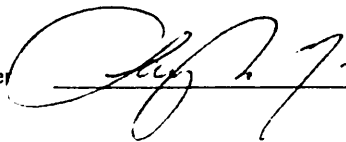
(Unaudited - see Notice to Reader)

March 31	2015	2014
Assets		
Current		
Cash	\$ 23,543	\$ 28,685
Liabilities		
Current		
Payables and accruals	\$ 5,752	\$ 6,710
Deferred revenue (Note 3)	18,000	18,000
	23,752	24,710
Net Assets	(209)	3,975
	\$ 23,543	\$ 28,685

On behalf of the Board



Member



Member

See accompanying notes and schedules to the financial statements.

3

Bipolar Disorder Society of British Columbia

Notes to the Financial Statements

(Unaudited - see Notice to Reader)

March 31, 2015

1. Purpose of the Society

The Society aims to increase awareness among the general population, local and provincial governments, educators, youth and others about bipolar disorder.

The Society is incorporated under the Society Act of British Columbia. As a Canadian Registered Charity, the Society is exempt from income tax and may issue receipts for charitable donations.

2. Significant accounting policy

Donations-in-kind

The Society records donated materials, services and facilities in those cases where:

- the Society controls the way they are used;
- there is a measurable basis for arriving at fair value; and
- the services are essential services, which would normally be purchased and paid for if not donated.

The Society would not be able to carry out its activities without the services of the many volunteers who donate a considerable number of hours. Because of the difficulty of compiling these hours, contributed services are not recognized in the financial statements.

3. Deferred revenue

Included in deferred revenue is funding received in the amounts of \$18,000 (2014: \$18,000) from the British Columbia Gaming Commission towards programs for the 2015-2016 fiscal year.

Bipolar Disorder Society of British Columbia

Schedules to the Financial Statements

(Unaudited - see Notice to Reader)

Year ended March 31

2015

2014

Schedule of program expenses

Schedule 1

Delivery	\$ 82,149	\$ 70,641
Design and development	1,096	1,159
Handouts and education material	53	179
Office expense	478	1,674
Program insurance	1,061	1,030
Promotion	9,296	6,219
Refreshments	278	571
Room rental	3,720	3,338
Presenter development & training	2,030	-
Technology and website	<u>657</u>	<u>1,574</u>
	<u>\$ 100,818</u>	<u>\$ 86,385</u>

Schedule of operating expenses

Schedule 2

Accounting and legal	\$ 4,516	\$ 4,427
Contract personnel	37,623	26,634
Interest and bank charges	399	78
Office	<u>4,561</u>	<u>200</u>
	<u>\$ 47,099</u>	<u>\$ 31,339</u>

Stelly's School

1627 Stelly's X Road, Saanichton, B.C. V8M 1S8
Telephone 652-4401 - Fax 652-4404
Website: www.stellys.sd63.bc.ca - E-mail: stellys_high@sd63.bc.ca

January 24, 2013

To whom it may concern,

Re: Support Letter for the Bipolar Babe Project

My name is Scott Gordon and I have taught high school in Saanich for the past ten years. I am currently teaching Psychology and Planning 10 at Stelly's Secondary. Over the years I have had dozens of guest speakers and I have only chosen to bring back ones who really connect with the students. Teens are really interested in mental health and it is important they have an understanding of disorders that may affect them. Also, they should build empathy for people suffering mental illness. Andrea is the most engaging, and charismatic speaker I have had into my classroom in the past 10 years. I am pleased to be a reference for Andrea Paquette and the Bipolar Babe Project Presentation because they made an excellent connection while providing an important message for the students. Mental health is such an important topic to discuss with youth because a lot of disorders start in the late teens, which is why I chose to host and recommend the Bipolar Babe presentation to my Planning and Psychology students.

Andrea presented for my students a number of times over the years and we enjoyed having her share her personal journey of living with bipolar disorder and on the topic of stigma associated with mental illness. The students were engaged throughout the presentation and Andrea invoked discussion and many relevant questions. Many of the students reported back that they found it enjoyable to learn about mental illness through this presentation rather than only through textbook assignments. Having the opportunity to interact with Andrea made all of the difference for their learning experience.

There is great worth in having a first-person account of someone living with a mental illness as it has a lasting impact on the students and I have no doubt that my class will remember this experience for years to come. I recognize Andrea and her team for the excellent work that they are doing to educate youth in schools about mental illness while working to abolish the stigma associated with people who have mental health issues.

I kindly invite you to contact me for more information at your convenience.

Thank you,

Sincerely,

Scott Gordon

Scott Gordon

Teacher,

Stelly's Secondary

Psychology,

Planning Department Chair

Email: scottg14@hotmail.com

Phone: [250 652 4401](tel:2506524401)

School District No. 63 (Saanich)



DATE: November 20 BLOCK: 1 TEACHER: [REDACTED]


Have you changed your general view of mental illness today? YES or NO

Did you learn something new about mental illness today? YES or NO

Would you recommend this presentation to others? YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. Thank you very much for your valuable feedback!

I completely understand mental illness because my best friend is bipolar. I ~~He~~ Love your presentation because it helps other people to understand what you went through, what other people go through. You help people realize that is not something that should be judged or criticized. So thank-you, I really enjoyed it. And... I'm also proud of you, for getting through it, even though it was/is very difficult. It helped me learn to never give up, when I feel like my life is falling apart for whatever reason.

THANK-YOU! 



DATE: Nov 20, 2014

BLOCK: B

TEACHER: [REDACTED]

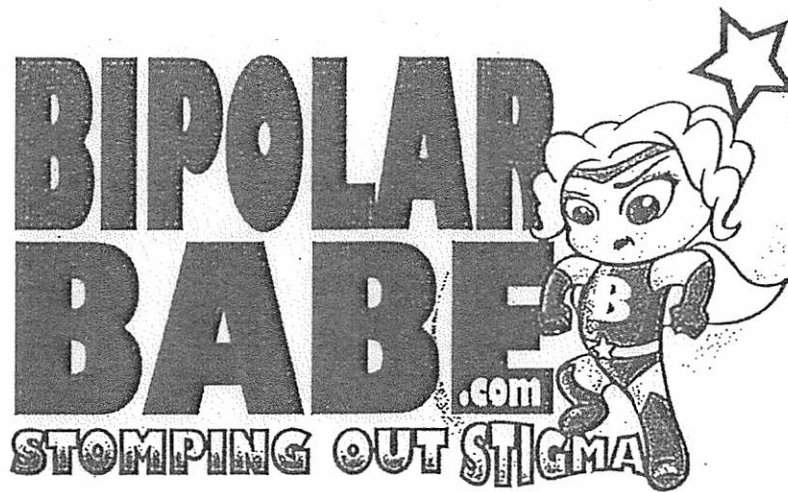
Have you changed your general view of mental illness today? YES or ☒ NO - I've already learned a lot about this for personal reasons

Did you learn something new about mental illness today? ☒ YES or ☐ NO

Would you recommend this presentation to others? ☒ YES or ☐ NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. Thank you very much for your valuable feedback!

I've done a lot of research on mental illness and I've been through a few clinics and organizations, so I knew a lot already, but something I didn't know was that episodes of psychosis can be brought on via mania. I am so happy that there is an organization like yours to educate kids & others. Telling someone about my suicidal thoughts was one of the hardest things I've ever done and I don't want others to have to hide like I feel I have to. **THANK YOU.**



DATE: Jan 9 2015

DECK: [REDACTED]

TEACHER: [REDACTED]

SCHOOL: Spectrum Community School

Have you changed your general perception of mental illness today? YES or NO

Did you learn something new about mental illness today? YES or NO

Would you recommend this presentation to others? YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. Thank you very much for your valuable feedback!

the presentation was full of vital information about mental illness. I learned just what bipolar disorder truly was. This was the best presentation I have seen in this class. please keep doing what you are doing. I feel that people need to hear what you have to say. The presentation was amazing



DATE: Dec 9th
SCHOOL: Oak Bay

TEACHER: _____

CLASS NAME: _____

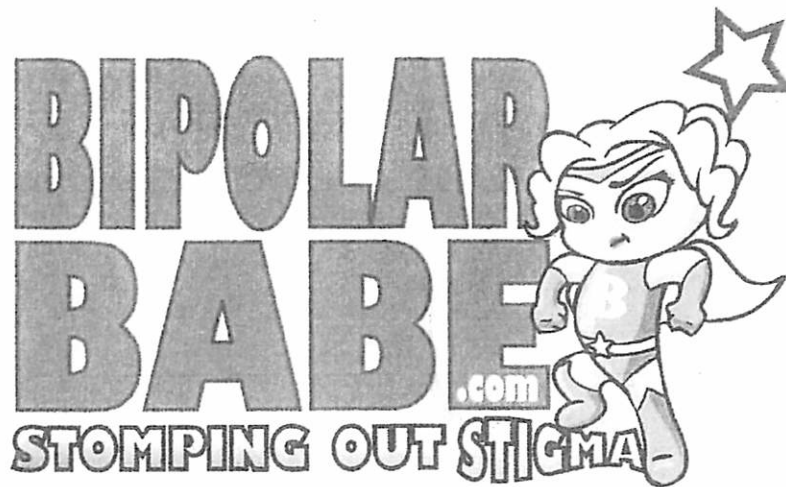
Have you changed your general perception of mental illness today? YES or NO

Did you learn something new about mental illness today? YES or NO

Would you recommend this presentation to others? YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. Thank you very much for your valuable feedback!

I was nervous hearing the presentation because I used to have one of the mental illness. Things change and there is a way to get better for everyone. I felt glad that there many many people would understand and help them to get better. Someday I want to be the one to help people like you.



DATE: OCT. 22/14

BLOCK: 1

TEACHER: [REDACTED]

Have you changed your general view of mental illness today? YES or NO

Did you learn something new about mental illness today? YES or NO

Would you recommend this presentation to others? YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. **Thank you very much** for your valuable feedback!

I Love this topic, one because I feel strongly about people that
think that people with a mental condition should be locked away are wrong.
Number 2 because I know a lot of people with a mental illness
that have been treated differently by society just because they have one
I believe that every one is the same and deserve equal treatment
Also that stereotypes that say all people with a mental
disability are crazy should be put to rest. I would love to
see this presentation go around the world to prove that people
with bipolar or any mental disease for that matter are just people.
People should not fear people are not bipolar people just have it.



DATE: November 6, 2014

TEACHER: _____

SCHOOL: Belmont Secondary

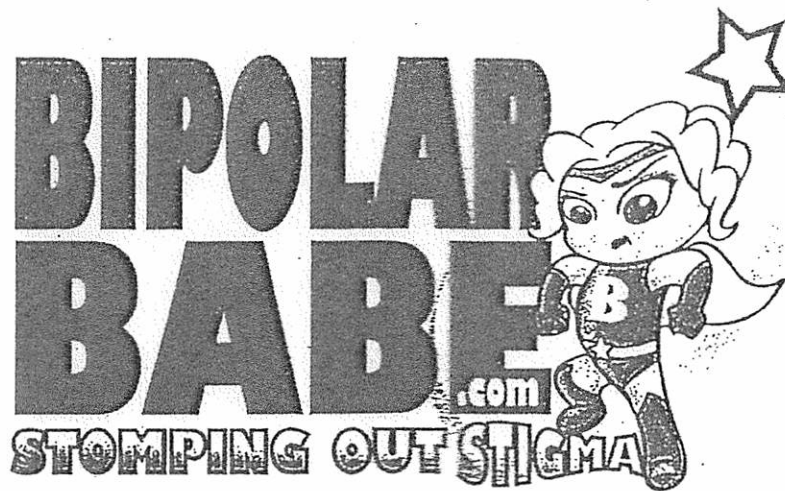
Have you changed your general perception of mental illness today? YES or NO

Did you learn something new about mental illness today? YES or NO

Would you recommend this presentation to others? YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. Thank you very much for your valuable feedback!

This presentation was really powerful, emotional, and just an all around insight to the mind of somebody with a mental illness. You could see how strongly she felt about the subject and it was amazing to see. Today I got an insight of what bipolar disorder really is and that it isn't just a label that we put on somebody, but that they are just like us.



DATE: Nov. 6/14

TEACHER: _____

SCHOOL: Belmont High School CLASS _____

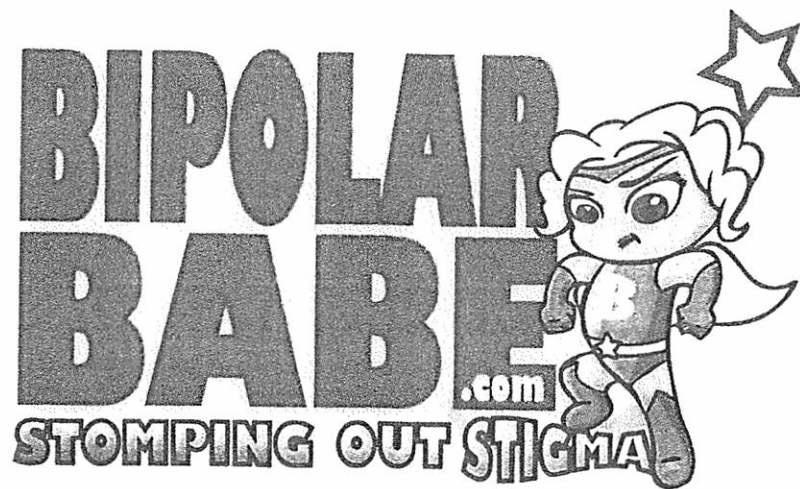
Have you changed your general perception of mental illness today? ☒ YES or NO

Did you learn something new about mental illness today? ☒ YES or NO

Would you recommend this presentation to others? ☒ YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. Thank you very much for your valuable feedback!

I really enjoyed this presentation. It took me to a whole other level of understanding mental illness. Everything Natasha said was so inspiring and her story was amazing. Her story really inspires me and I love the analogy she used about "no matter how steep the mountain you can make it to the top" I love this because no matter what your going through there will ^{always} be a light at the end of the tunnel.



DATE: December 12

BLOCK: 1

TEACHER [REDACTED]

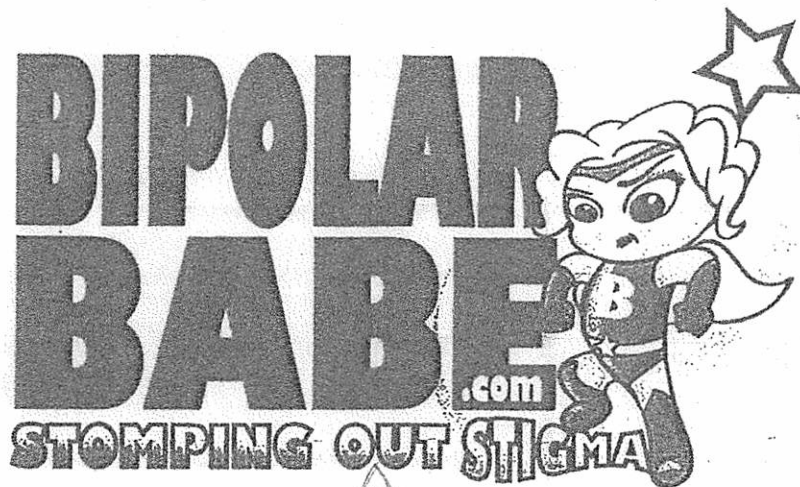
Have you changed your general view of mental illness today? ☒ YES or NO

Did you learn something new about mental illness today? ☒ YES or NO

Would you recommend this presentation to others? ☒ YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. **Thank you very much** for your valuable feedback!

It was a really awesome presentation! I loved how you shared your personal story as well as facts! I love the idea of reducing the stigma of mental illness and plan on consciously reducing my own stigma! Thanks so much! :)



DATE: 8/1/2015
SCHOOL: Reynolds

TEACHER: _____

Have you changed your general perception of mental illness today? YES or NO

Did you learn something new about mental illness today? YES or NO

Would you recommend this presentation to others? YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. **Thank you very much** for your valuable feedback!

I Really enjoyed well i was great ful for this my father
Has Bipolar and He is not a success story! we don't
speak. It was very good to see that there is
not always a bad ending. there is always a fear
that I will also end up with Bipolar
But at least I know now that if i
Do I won't be Destroyed by it.



DATE: Nov. 20, 2014

TEACHER: _____

SCHOOL: Parkland Secondary

Have you changed your general perception of mental illness today? YES or NO

Did you learn something new about mental illness today? YES or NO

Would you recommend this presentation to others? YES or NO

Please tell us what you learned today, what you liked, and anything you think can be improved. Any other thoughts are also welcomed. Thank you very much for your valuable feedback!

I found the presentation to be very informational and helpful. Before today, I never thought of mental illness as anything more than crazy people in an asylum. I don't think I would have even classified anxiety as a mental illness. It's good to know what these disorders actually are, and that they can be treated. I would definitely recommend that other classes get this presentation, as I think that other students would also find this helpful. I also thought that our presenter spoke and presented very well, and I really enjoyed hearing her tell her story.



TEENS2TWENTIES SUPPORT GROUP SURVEY

Do you overall, find the group to be beneficial to your mental health? YES or NO

If yes, how? Connecting with others and being open about our mental illnesses has greatly helped with my own battles with self stigmatization/acceptance.

Did you learn something new about mental illness to help manage your condition? YES or NO

If yes, what? I have learned that is a much more struggle in young adults and greater self awareness + support is so important to your mental health.

Have you or will you recommend this group to others? YES or NO

Feedback Ideas: Please tell us what why you joined group? What did you enjoy about group? What could be improved if anything? Do you have a personal story to share – successes? What kind of wellness strategies have you learned? Has the group helped you cope better with your mental illness? Have you met new friends and found them valuable? Were you satisfied with the facilitators' abilities to manage the group? If you could sum group up in one word, what would it be?

Any other thoughts are also welcomed.

I have been attending this group for 4+ months and I can say without a doubt it has been the most positive group experience I have ever come across. I joined this group after hearing it mentioned at a UVic counselling support group I was attending as a helpful resource after the UVic group would finish up. Since attending this group I have gained the confidence and strength to remove myself from an ~~abuse~~ abusive relationship and take responsibility for my health and wellbeing, which has also included switching psychiatrists to receive better treatment for my bipolar disorder from a much more experienced doctor. This group has helped in so many ways and I am so grateful for the amazing people who allow this group to run every week. To be able to talk about my week and battle with my mental illnesses without stigmatization is an incredible feeling and to be able to discuss it with other youth facing their own mental health challenges is what makes this group such an incredible experience.

For myself, and others battling with anxiety, this has been a wonderful opportunity to meet new people and make new friends because of the supportive and welcoming nature of this group. Andrea and Tamie (co-facilitator) are marvelous facilitators and have made this group something I look forward to week after week because of their ability to make the group sessions so welcoming and supportive. If I had to sum group up in one word I would use the word hopeful. I always leave group hopeful that it is possible to live a fulfilling life despite the on going hurdles that arise from battling mental illnesses. This group always keeps me looking forward and on track, reminding me not to dwell on bad weeks but to always appreciate the accomplishments I've experienced, no matter how small. This group has been an incredible experience and I look forward to noticing more personal growth not just from myself, but from others too.

THANK YOU very much for your Valuable Feedback!

To Whom It May Concern,

I have been attending the Women's support group for over a year now and am so grateful to have found that as a resource and safe place to aid with my mental illness. I can honestly say it has largely contributed to how well I am and saved my life in many ways. Because of this I feel very strongly that I have a family to go to every Tuesday night. The cause and purpose is very important to me and holds such importance.

Meeting Andrea was like meeting a guardian angel on earth, someone who offers so much support and guidance and is truly a blessing for those who are lost. The women's support group created a place where I could go and all feelings of alienation from the world ceased to exist. I was grounded, and understood. Which for anyone with mental illness is a rare feeling to find. Every week I am blessed with the opportunity to go and have a chance to share my ups and downs, my confusion and frustration, and my joy and happiness. It is a place for laughter and tears, a place where you never have to edit your feelings or hide who you truly are, or what you are struggling with. It is a place of pure empowerment and respect.

I think another one of the most important factors that demonstrates such acceptance in the group is the diversity of all the women who attend. Every single one of them has something unique to bring to the table and share with the rest of us. We are all so different but united by the group. I have watched people start at the group from a very dark place, and blossom in wellness over time, just like I did. Having this group be a part of a recommended wellness plan is never a chore, or a drag. It is something that I greatly look forward to every week and am sad if I am unable to attend.

The nature of the group goes beyond a simple support network and has become a safe place of community and family. When I first started attending it was incredibly hard to open up, to believe that there was a place where I could just be me, mental illnesses and all, and not be judged. Over time I came to see that this is just what that was. I began to open up more, feel more supported, feel more independent from that support. I went from a place of no hope, and little desire to carry on to a place where being alive is such an amazing gift and I am optimistic and excited about my future. Whereas before I didn't believe someone like me could have a future. But I do, and every week, no matter my struggles, or hardships this group continually reminds of that. I owe this group my life, my past, my present, and future.

With the utmost sincerity and gratitude,

[REDACTED]

Dear District of Sooke,

April 26, 2015

I started to attend the Westshore Bipolar Group about a year ago in April of 2014. At the time I had no idea what to expect and had no concept of what a peer-to-peer support group might be like. Nor, was I sure it could be helpful to me.

As my own experience of dealing with my bipolar diagnosis had been a largely self – guided recovery process that relied on the advice of my doctor and psychiatrists, if I was lucky enough to have them in Yellowknife, NWT. My move to BC put me in a position of having to set up a new support network and as such I read about the Westshore bipolar group in the Goldstream Gazette.

I was intrigued by it and attended with next to no expectations that it might be helpful to me. I thought to myself that I wasn't one of those people that needed a support group. It was my belief that those groups catered to a particular kind of person. One really in need of help and I had been pretty stable for a long time. Little could I have known how critical this group would become to my on-going maintenance of my mental health.

For the first time since my diagnosis at 19 (I am now 35) I had regular discussions with people who had suffered through bouts of depression and mania like I did. It normalized for me something that for a great deal of my life, I viewed as my greatest weakness. It has only been within the last few years that I have started to view it as my greatest strength. This group has re-affirmed that for me. It was there that I learned to trust my unique experiences with depression and mania as an opportunity to provide hope and support for my peers. I learned that through shared discussion that there was compassion and understanding where previously there had been a great deal of fear amongst friends and colleagues.

The group has been for me a source of ongoing support and strength as we share our struggles and celebrate our successes. It offers an open forum for the discussion of mental health and coping strategies emphasizing that each person's journey is unique. The group represents for me a safe and open place in which to discuss mental health in all its complexities and offers many sets of listening ears that have helped to stomp out the stigma in my own life, both those self-imposed and in society at large. It symbolizes the great strength we can bring in offering our voices and continuing to fight for the compassionate treatment of mental health by bringing this out into the open without shame.

To quote Margaret Mead: "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has." In that fashion I believe the Westshore Group is seeking to do just that, in seeking to change attitudes about mental health, and I thank you for your generous past funding for this program.

Kind Regards,



Canadian Senior Cohousing Society

Flourishing Through Mutual Support

Society Incorporation Number S 0058639

Tel: [REDACTED]

Website: www.canadianseniorcohousing.com

Date: 29th April 2015

Dear Community Grant Review Committee,

Please find attached our Community Grant Program Application including:

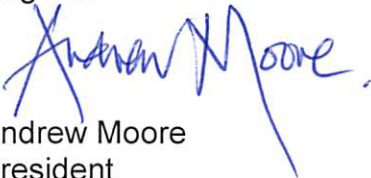
- Completed Application form
- Copy of BC Society certificate
- Budget
- Last Financial Statement

Plus supporting material from:

- National Seniors Council: Report on the Social Isolation of Seniors with Suggested Measures – which our proposal aims to meet.
- A medical article; Social Relationships Are Key to Health.
- Aging Well in Community Matrix – developed by CSCS illustrating how to merge Aging in Place in your current home with the benefits of Inter-dependent Cohousing and Co-caring.

Please let me know if you require further information.

Regards



Andrew Moore
President

APPENDIX II - Policy No. 5.1

DISTRICT OF SOOKE - COMMUNITY GRANT PROGRAM

APPLICATION

If insufficient space to complete sections of this application, supplemental pages will be accepted if they are photocopy ready.

Name of Organization: Canadian Senior Cohousing Society

Address of Organization: [REDACTED] Sooke, BC V9Z1E1

Phone: [REDACTED]

E-mail: [REDACTED]

Contact Person: Andrew Moore

Category	Grant eligibility area:
<input checked="" type="checkbox"/> A - Annual Grant	<input type="checkbox"/> Sports and recreation
<input type="checkbox"/> B - Bi-Annual Grant	<input type="checkbox"/> Fine Arts and culture
<input type="checkbox"/> C - Service Agreement	<input type="checkbox"/> Heritage
	<input checked="" type="checkbox"/> Public safety and community welfare
	<input type="checkbox"/> Community beautification
	<input type="checkbox"/> Environmental

Amount Requested: \$5,000 Total Budget: \$12,500
(attach completed Budget Form)

Have you applied before? No When? N/A Grant Received? N/A

Have you submitted a final report for previous grant? N/A

Incorporation number and date of incorporation if applicable: S -0058639
(Applicants must be not-for-profit organizations or be otherwise publicly accountable)

Describe your organization, its mandate and program (s) _

Canadian Senior Cohousing Society (CSCS) is a non-profit organization registered under BC Society Act 2011.

The mandate of the society is to: 1. - create public awareness and knowledge of senior cohousing. 2. - to facilitate development and management of sustainable and affordable senior cohousing communities. 3. - to educate and train interested seniors in the skills necessary for the development and of Senior Cohousing and Co-caring.

Canadian Senior Cohousing facilitates a course in Sooke - Plan to Age Well in Community under the umbrella of Royal Road University.

Describe the community project, program, service, activity or event ("project") for which funds are being sought. Please indicate why this project is unique or separate from other activities and why you think it should receive municipal funding.

Project description: Making cohousing and co-caring options available and affordable for a

wide range of seniors living in Sooke. The development of this work in partnership with the Community Social Planning Council of Victoria (CSPC), with matching funds from

the Real Estate Foundation of BC (already approved), is unique in aiming to greatly advance

District of Sooke policies to expand the type and number of affordable housing options for

seniors to age in place.

Purpose of project:

Purpose of Project: The project team will develop a "How to Guide" for senior cohousing and

other housing options for 'affordable community living' for seniors in existing and new homes.

Building on the successes and lessons learned from Harbourside Senior Cohousing the team

will engage with strata councils, faith based groups, housing co-operatives, neighbourhood

associations and homeless groups to integrate the principles of cohousing and co-caring. The

team will work closely with the District of Sooke Age Friendly Committee, Better at Home

program and Sooke Senior community organizations.

The names of those involved in carrying out the project: Andrew Moore (CSCS), Margaret Critchlow (CSCS) Rupert Downing (CSPC), and many participants and volunteers from the senior community groups we shall be working with – Faith based, Strata council, neighbourhood organizers and support groups.

Date and Place of Project: Sooke BC. Timeline: 1st August 2015 – 31st July 2016

COMMUNITY GRANT PROGRAM - Budget Template

Please include with your application

Date:

Organization Name:

Revenues	Other funders (please list)			Total
	Confirmed	Pending	In-kind	
<i>Grants:</i>				\$
District of Sooke request		X		\$ 5,000
Other grants				\$
(list funder) Real Estate Foundation of BC	X			\$ 5,000
(list funder) Canadian Senior Cohousing Society			X	\$ 1,500
Community Social Planning Council			X	\$ 1,000
<i>Admissions / fees:</i>				\$
				\$
<i>Other:</i>				\$
				\$
Total Revenues				\$ 12,500
Expenses				
Assess all available statistical data on senior housing and care needs in Sooke				\$ 1,500
Facilitate 2 evening and 2 weekend workshops on aging in place, cohousing and co-care for 35 people				\$ 3,000
Intensive Community development with 2 Sooke senior communities over 9 months – over 50 people				\$ 3,000
Investigate with the communities social, care, physical and financial benefits – over 75 people				\$ 1,500
Cohousing and co-care forum for local stakeholders including public, private and non-profit sectors				\$ 1,000
Complete, write and publish and disseminate 'How To Guide'				\$ 2,500
				\$
Total Expenses				\$ 12,500
Net Income				\$

CERTIFICATE OF INCORPORATION

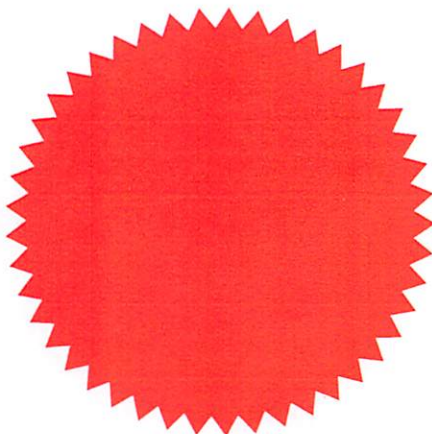
SOCIETY ACT

I Hereby Certify that CANADIAN SENIOR COHOUSING SOCIETY was incorporated under the Society Act on August 8, 2011 at 11:30 AM Pacific Time.

*Issued under my hand at Victoria, British Columbia,
on August 8, 2011*



RON TOWNSHEND
Registrar of Companies
PROVINCE OF BRITISH COLUMBIA
CANADA



**Canadian Senior Co Housing Society
Statement of Financial Position
As At May 31, 2014**

Assets

Current	
Cash	4,126.33
Membership shares	5.30
	<u>\$ 4,131.63</u>

Liabilities & Net Assets

Current Liability	
Due to member	5.00
Net Assets	
Unrestricted Funds	4,126.63
	<u>\$ 4,131.63</u>

**Canadian Senior Co Housing Society
Statement of Revenues and Expenditures
For the Year Ended May 31, 2014**

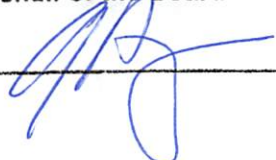
Revenues

Work shop fees	140.00
Royal Roads workshop	4,910.00
CDC	1,900.00
Livewell	2,286.14
Interest	1.97
Vancity grant	500.00
Total Revenues	<u>9,738.11</u>

Expenditures

Facility rental	394.25
Training/Development	2,725.00
Workshop costs	4,396.14
Web hosting	71.88
Administrative costs	68.09
Bookkeeping	31.25
Total Expenditures	<u>7,686.61</u>
Excess of Revenues over Expenditures	<u>\$ 2,051.50</u>

On Behalf of the Board



Director

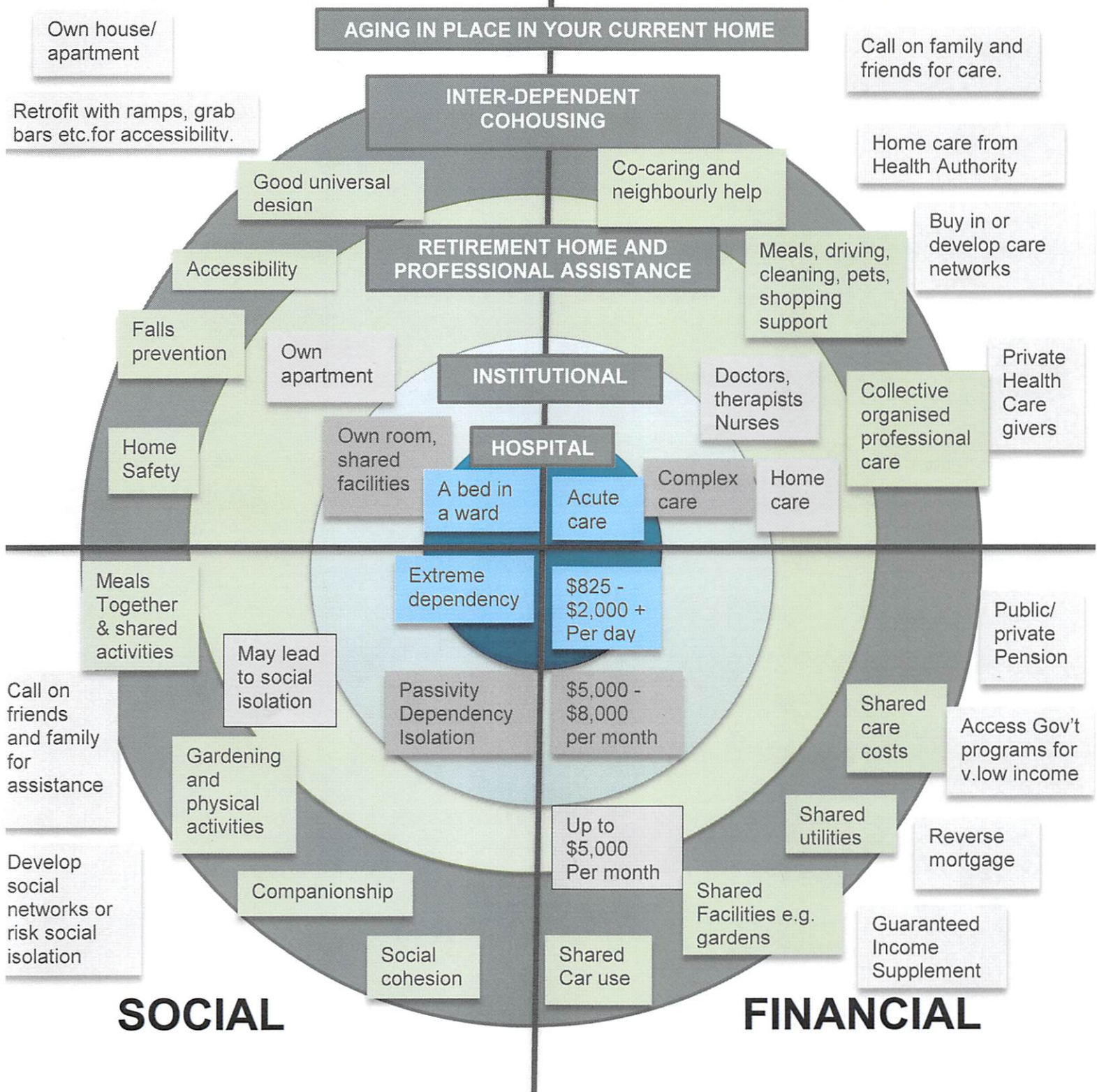
Date: Sept 14/2014

AGING WELL IN COMMUNITY MATRIX

CANADIAN SENIOR COHOUSING SOCIETY

HOUSING

HEALTH & CARE



Editorial

Social Relationships Are Key to Health, and to Health Policy

The PLoS Medicine Editors*

Evidence from observational studies has documented the association between social relationships and beneficial effects on health outcomes, such as mortality [1]. However, the precise size of this effect, and of which aspects that form part of social relationships are most strongly linked with positive outcomes, remain unclear. Now, a systematic review and meta-analysis of the literature [2] sheds further light on these questions. The systematic review, published in *PLoS Medicine* in July 2010, retrieved data from a large body of literature—148 studies involving 308,849 participants. The researchers examined studies carried out in both community populations and patient samples, and examined only the “hardest” endpoint—mortality (excluding studies in which only suicide or injury-related mortality was reported). The researchers reported that stronger social relationships were associated with a 50% increased chance of survival over the course of the studies, on average. The effect was similar for both “functional” (e.g., the receipt or perception of receipt of support within a social relationship) and “structural” measures of relationships (e.g., being married, living alone, size of social networks).

Quite remarkably, the degree of mortality risk associated with lack of social relationships is similar to that which exists for more widely publicized risk factors, such as smoking. Arguably, such a level of risk deserves attention at the highest possible level in determination of health policy. In the UK, the Strategic Review of Health Inequalities (Marmot Review) [3] does indeed emphasize the need to reduce social isolation as a crucial means toward addressing health disparities, particularly in the most deprived groups. As mechanisms toward this goal, the Report recommends providing support for community groups with long-term funding, and stresses the importance of addressing social cohesion by ensuring integrated transport links and street safety. However, such social interventions have traditionally not been seen as falling under the rubric of health policy. It is illuminating that of the 22 itemized components of ill-health—

prevention expenditure for England covering 2006/2007, and listed in the Marmot Review [3], interventions addressing social integration or isolation do not appear at all (the top five include maternal and child health, family planning and counseling; health protection agency funding; immunization; obesity/diet/lifestyle funding; and smoking cessation services). It remains to be seen whether future governmental ill-health-prevention strategies will reflect the goals and priorities of this Report and include funding for the types of social interventions suggested above.

However, even if community interventions for promoting cohesive social relationships were to be prioritized as a part of national social and health policies, governments around the world are currently facing the challenge of drastic cuts to public spending in order to reduce deficits. In the UK [4], government expenditure will be cut by an additional UK pound; £40bn per year, over and above savings set out by the previous government. Although it has been declared that spending on health care will be protected, social care and other public services will not, and these as well as other government departments are tasked with achieving 25% reductions in their expenditure over the next four years. Such an approach to addressing an economic recession risks taking a short-sighted view, as argued in a recent economic analysis [5]. David Stuckler and colleagues examined, at a

macroeconomic level, the associations between social care spending and health outcomes. Their assessment clearly outlines the inverse correlation between increased welfare spending, at a country-by-country level, and national mortality rates, an association explained in only small part by the confounding effect of overall national wealth. As Stuckler and colleagues acknowledged, the recent and urgent need to restrict spending ignores the complex interconnectivities between social care and health. Instead, they urge novel approaches, seeing the current crisis as “...an opportunity to reorganise provision of services to those in need, creating a broader set of services that reflect the increasingly complex needs of a society...”

But what might effective services oriented around the core goals of reducing social isolation, and encouraging supportive relationships in society, look like? It is daunting to acknowledge that the underlying mechanisms are unclear through which social relationships affect health, let alone know how to design effective social interventions at a population level that will result in improved health outcomes. It is not possible to randomize individuals to have friends, nor to establish and maintain close and supportive relationships with a partner, although numerous research studies have been done to test the benefits associated with externally provided social support. Although the findings of some trials are encouraging (e.g., a study providing peer support to

Citation: The PLoS Medicine Editors (2010) Social Relationships Are Key to Health, and to Health Policy. *PLoS Med* 7(8): e1000334. doi:10.1371/journal.pmed.1000334

Published: August 31, 2010

Copyright: © 2010 PLoS Medicine Editors. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: The authors are each paid a salary by the Public Library of Science, and they wrote this editorial during their salaried time.

Competing Interests: The authors' individual competing interests are at <http://www.plosmedicine.org/static/editorsInterests.action>. PLoS is funded partly through manuscript publication charges, but the PLoS Medicine Editors are paid a fixed salary (their salary is not linked to the number of papers published in the journal).

* E-mail: medicine_editors@plos.org

The PLoS Medicine Editors are Virginia Barbour, Jocalyn Clark, Susan Jones, and Emma Veitch.

Provenance: Written by editorial staff; not externally peer reviewed.

women identified as at high risk for postnatal depression [6]), some studies (e.g., aimed at promoting social support as part of treatment after heart attack or stroke [7,8], and befriending interventions in dementia [9]) have failed to find beneficial effects on outcomes such as survival or caregiver depression. Such research-led interventions are commonly intensive and expensive, and do not closely mimic the experiences and interactions that individuals have as part of their naturally occurring social relationships. Some insights into the approaches that may work at a community level come from an evaluation of the UK scheme “Part-

nership for Older People Projects,” within which pound; £60m was made available at a local level for services, mainly addressing social isolation among elderly people [10]. Funded projects encompassed a broad range of initiatives, such as befriending schemes, leisure and library schemes, social and caregiver support for individuals just discharged from the hospital, and intensive home support for people thought to be at serious risk of hospital admission. The researchers calculated that, for every pound; £1 spent on the trial projects, local hospitals would have saved around pound; £1.20 in emergency hospital care, and that

overnight stays in hospital were reduced by approximately 47%.

Findings such as these, and of the systematic review published in *PLoS Medicine* [2], argue strongly for the need to fundamentally rethink how societies can look beyond the “medical” causes of disease in an effort to promote health and well-being, and that governments can, and should, do much toward this goal—even during a period of economic crisis.

Author Contributions

Wrote the first draft of the paper: EV. Contributed to the writing of the paper: VB JC SJ LP.

References

1. House JS, Landis KR, Umberson D (1988) Social relationships and health. *Science* 241: 540–545.
2. Holt-Lunstad J, Smith TB, Layton JB (2010) Social relationships and mortality risk: A meta-analytic review. *PLoS Med* 7: e316. doi:10.1371/journal.pmed.1000316.
3. [No authors listed] (2010) Fair Society, Healthy Lives: A Strategic Review of Health Inequalities in England Post-2010. Available: <http://www.ucl.ac.uk/ghc/marmotreview>. Accessed 30 July 2010.
4. Guardian (2010) “Budget” page. Available: <http://www.guardian.co.uk/uk/budget>. Accessed 30 July 2010.
5. Stuckler D, Basu S, McKee M (2010) Budget crises, health, and social welfare programmes. *BMJ* 340: e3311. doi:10.1136/bmj.e3311.
6. Dennis C-L, Hodnett E, Reisman HM, Kenton L, Weston J, et al. (2009) Effect of peer support on prevention of postnatal depression among high risk women: Multisite randomised controlled trial. *BMJ* 338: a3064. doi:10.1136/bmj.a3064.
7. Writing Committee for the ENRICHD Investigators (2003) Effects of treating depression and low perceived social support on clinical events after myocardial infarction. The Enhancing Recovery in Coronary Heart Disease Patients (ENRICHD) Randomized Trial. *JAMA* 289: 3106–3116.
8. Ellis G, Mant J, Langhorne P, Dennis M, Winner S (2010) Stroke liaison workers for stroke patients and carers: An individual patient data meta-analysis. *Cochrane Database Syst Rev* 5: CD005066. doi:10.1002/14651858.CD005066.pub2.
9. Charlesworth G, Shephstone L, Wilson E, Reynolds S, Mugford M, et al. (2008) Befriending carers of people with dementia: Randomised controlled trial. *BMJ* 336: 1295–1297. doi:10.1136/bmj.39549.548831.AE.
10. Personal Social Services Research Unit for Department of Health (2010) National Evaluation of Partnerships for Older People Projects: final report. Available: http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_111240. Accessed 30 July 2010.



National Seniors Council

Report on the Social Isolation of Seniors

[Previous](#)[Table of Contents](#)[Next](#)

Suggested Measures

This project will address all four suggested measures and particularly No 3.

Based on the themes that emerged throughout the consultation, and following more in-depth discussions with national-level experts and stakeholders, the Council is proposing suggestions for federal action under four broad directions:

- ✓ 1. Raise Public Awareness of the Social Isolation of Seniors.
- ✓ 2. Promote Improved Access to Information, Services and Programs for Seniors.
- * ✓ 3. Build the Collective Capacity of Organizations and to Address the Social Isolation of Seniors through Social Innovation.
- ✓ 4. Support Research to Better Understand the Issue of Social Isolation.

1. Raise Public Awareness of the Social Isolation of Seniors

Negative stereotypes about aging in society at large can go unrecognized and unaddressed but can affect how seniors participate in the community. Due to stigma or feelings of embarrassment, seniors may underuse their social support network or may deny requiring assistance.

The need to dispel myths associated with aging was discussed at each roundtable. Participants spoke anecdotally of seniors who, through fear of stigma or ageist attitudes, were isolating themselves and therefore not leading active and engaged lives. Stereotypes that portray seniors as either weak and frail or overly (unrealistically) vibrant and engaged were cited as inhibitors. Participants would like to see more realistic and diverse images of aging (e.g. across age groups, gender, socio-economics, culture, health status, education, etc.) used to portray seniors in the media, advertisements and publications.

To address the issue of social isolation of seniors, participants recommended that the federal government explore options for an awareness campaign to encourage older Canadians to stay engaged in the community. It was suggested that the media could help motivate seniors to stay engaged in the community by portraying them using realistic images, and by celebrating diversity in the aging population and experience. The importance of addressing social isolation from a life course perspective was also raised, given the value of social connections, networks and involvement throughout the aging process, and how investments into social connections earlier in life can be realized in older ages. Furthermore, participants suggested that consideration be given to aligning efforts of the awareness campaign with the National Seniors Day.

Awareness efforts could also bring positive attention to examples of seniors who were socially isolated but subsequently found community engagement. As raised by participants during the consultation process, including evidence-based key messages, showcasing diversity (i.e. content is culturally sensitive and cognizant of gender, aboriginal and immigrants' cultural or traditional values, beliefs and practices) and focusing on intergenerational relations to foster collaborations among generations could be important components of the awareness campaign. Stakeholders noted that the media plays a key role in influencing the public's perception of different generations and

can be used to communicate positive messages about the valuable contributions made by older Canadians.

This advice is consistent with the recommendations of the Senate Report (2013): *In From the Margins, Part II: Reducing Barriers to Social Inclusion and Social Cohesion*³⁰, which proposed employing campaigns to explain the importance of community engagement as well as to raise public awareness about elder abuse, particularly for seniors who are living independently or in isolation.

An awareness campaign could be modeled on the successful Government of Canada Federal Elder Abuse Initiative³¹, the work led by the Positive Images of Aging working group³² of the Forum of Federal/Provincial/Territorial Ministers Responsible for Seniors or the anti-ageism campaign led by the *Association québécoise de gérontologie*³³.

Raise Public Awareness of the Social Isolation of Seniors

Suggestion for Action

The National Seniors Council suggests that the federal government work in collaboration with provincial/territorial/regional governments and community partners to promote social inclusion, address ageism and encourage engagement of seniors by raising awareness of the benefits of social participation of seniors, celebrating diversity in the aging Canadian population, and showcasing realistic images of the aging process using a life course approach.

Suggested Approaches

- Lead an awareness campaign to dispel myths associated with aging and social isolation.
- Lead smaller targeted awareness raising initiatives through the use of social media and/or by leveraging external organizations' activities to disseminate key messages addressing the social isolation of seniors.
- These efforts could:
 - focus key messages to help raise awareness of the effects of aging including the influence of aging on mental health; to address the stigma associated with reaching out for help in the face of loneliness or social isolation; and/or to encourage seniors to remain engaged and connected to their communities;
 - be supported by information resources: messaging could refer audiences to seniors.gc.ca and/or to a telephone service line that would inform older adults of services in their area, such as 1 800 O-Canada or other community information and referral networks (such as 211 Canada); and print-based information could be disseminated through various front-line networks and points-of-service, such as family physicians, emergency rooms, pharmacies or community-based businesses (e.g. hairdressers, coffee shops and grocery stores) and public facilities (e.g. libraries); and,
 - include an evaluation component to measure reach, effectiveness and impact of messaging.

2. Promote Improved Access to Information, Services and Programs for Seniors

For many seniors, access to information, services and programs was identified as a barrier to inclusion or fulfilling basic social needs since some find “navigating the system” challenging. Positive factors that contribute to the social integration of seniors include access to resources, finding and obtaining needed services, adequate income and housing and having access to transportation³⁴.

Socially isolated seniors are vulnerable, often needing assistance but unable or unwilling to seek or receive it. They are less likely to know of or use services provided for them by government, non-government organizations, the private sector or their community. Seniors, their families and caregivers need to have access to appropriate information in order to remain active participants in their community. As noted during the consultation, front-line service providers are becoming “system/service navigators³⁵” and helping seniors to access the information they need.

Stakeholders and Council members suggested looking at ways of expanding existing telephone help lines and websites to better support seniors, their families and caregivers, including those who are socially isolated or at risk of becoming socially isolated. The importance of supporting telephone help line information specialists is needed to assess if the needs of older callers whether of resources, information or services due to social isolation is key to ensuring the dissemination of accurate and client-centred information.

In recent years, the Government of Canada has developed a number of initiatives that successfully increased access to services, by seniors facing barriers (i.e. isolation, language and low literacy). Service Canada’s Mobile Outreach Service³⁶ is one such initiative delivered in each province and territory. The seniors.gc.ca website is also a federal initiative that is a central resource for seniors, their families, caregivers and supporting service organizations, providing information on federal, provincial, territorial and some municipal government benefits and services. For immigrant seniors, Citizenship and Immigration Canada’s Settlement Program continues to provide a broad range of services that help older newcomers identify and address their settlement needs in Canada. These services include information and orientation, referrals to community-based supports, as well as opportunities to establish social and professional networks in their communities.

Likewise, the new Treasury Board of Canada Secretariat Policy on Service, which became effective on October 1, 2014, aims to “establish a strategic and coherent approach to the design and delivery of Government of Canada external and internal enterprise services that is client-centric, realizes operational efficiencies and promotes a culture of service management excellence³⁷”. The expected results include more efficient Government of Canada services, better service experience for clients and increased number and uptake of priority e-services.

Consultation participants noted that seniors are increasingly using technology (i.e. the Internet, automated phone directories, etc.) to access information. However, affordability, limited access to high-speed broadband networks in rural communities and the lack of comfort with technology mean that not all seniors embrace these options.

It was suggested that the federal government continue to extend and enhance the high-speed broadband networks for Canadians living in rural or remote locations through the Connecting Canadians³⁸ program as well as help support the technological literacy of older Canadians.

When their levels of literacy and digital technology proficiency enable seniors to seek, understand and apply information, they are better able to make informed decisions regarding their health care, housing and financial affairs.

International surveys of adult skills (IALS 2003³⁹, PIAAC 2012⁴⁰) demonstrate that proficiency in essential skills declines with age, and is lowest among those over the age of 65, followed by those aged 55-65. This includes traditional literacy and numeracy skills, as well as digital technology skills, measured in PIAAC as “problem-solving in technology rich environments”. Thus, when developing programs and services targeted towards older adults and seniors, it is important to consider

alternative means of connecting with them (i.e. print-based communications, traditional media, telephone lines, etc.), while also providing opportunities to learn about and use digital technology.

Many seniors will require assistance in improving their literacy skills before they can begin to learn digital technology skills. They also need improved literacy skills to be able to access traditional forms of written information and communication, which will increase their levels of participation in society, and thus reduce their levels of social isolation.

Promote Improved Access to Information, Services and Programs for Seniors

Suggestion for Action

The National Seniors Council suggests that the federal government consider building on the successes of existing initiatives and mechanisms to support and facilitate increased access to information, services and programs for seniors, their caregivers, and system/service navigators.

Suggested Approaches

- Recognizing that a website renewal exercise is underway that will lead to a centralized Canada.ca site, the Government of Canada should explore options to maintain or increase the visibility of information available to seniors and their caregivers (including the information currently available on seniors.gc.ca).
 - In order to confirm the web content meets the needs of seniors and their caregivers, user testing/usability studies with older Canadians are recommended.
- Capitalize on the success of the 211 telephone help line and website which provide a gateway to community, social, non-clinical health and related government services by supporting the program's expansion to provide national and cross-jurisdictional service coverage.
 - To help address the social isolation of seniors, support could also be given to develop information specialists trained to assess if older callers are in need of resources, information or services.
- Continue to develop the infrastructure to provide high-speed broadband networks for rural Canadians through the Connecting Canadians initiative.
 - Support efforts to foster the technological literacy of older Canadians such as by promoting and sharing existing information and tools developed through federally funded projects (e.g. NHSP projects, products of the former Community Access Program, etc.).

3. Build the Collective Capacity of Organizations to Address Isolation of Seniors through Social Innovation

Governments and community organizations have developed numerous tools and resources relating to social isolation and promoting social integration in communities. For example, the New Horizons for Seniors Program (NHSP)⁴¹ was lauded as a valuable federal program providing support to projects involving seniors focusing on social participation and volunteering.

Given the complexity and scope of social isolation, participants acknowledged the need for innovative collaborative approaches that leverage the efforts of key players and offer a multi-disciplinary approach. Participants indicated a desire for more conversations involving all levels of government and representatives from the not-for-profit and private sectors to design socially innovative⁴² projects addressing the isolation of seniors. Collaborations and sustainable actions were noted as crucial to achieving this goal.

The consultations also revealed that although both rural and urban seniors were identified as being at risk of social isolation, the risk factors may differ between them. For example, rural or remote communities often do not have a full range of available resources or the infrastructure to enable seniors to remain connected within their communities (lack of transportation options, fewer community supports, limited or no connectivity to the internet). For older urban citizens, social isolation may be more a result of living in an unsafe neighbourhood, a higher cost of living or being less connected and anonymous to their neighbors.

Roundtable participants and Council members highlighted the importance of supporting organizations to share information, resources and tools that promote social inclusion as well as promising practices that engage seniors in the community. Providing opportunities for dialogue and partnerships to discuss common practices and approaches were proposed as ways to leverage skills and resources in different communities to address the social isolation of seniors.

Capitalizing on existing tools and initiatives was also noted by stakeholders as a key component to address the needs of socially isolated seniors or those at risk of becoming socially isolated. For example, the *Age-Friendly Communities in Canada: Community Implementation Guide and Toolbox*⁴³ was noted as an important resource. Participants at the national roundtable stated that sharing examples of Age-Friendly Community projects that are addressing social isolation could help to inspire communities to promote social integration of seniors.

Additionally, the former Federal/Provincial/Territorial (F/P/T) working group on social isolation, through research and consultations, developed the Working Together for Seniors toolkit to assist organizations and governments to screen existing and planned programs and practices for their impact on social isolation⁴⁴.

Build the Capacity of Organizations to Address Isolation of Seniors through Social Innovation

Suggestion for Action

The National Seniors Council suggests that the federal government foster a culture that breeds social innovation and builds on trusting relationships among governments, businesses, not-for-profit organizations, community organizations, professional networks and seniors to work on activities that would leverage the collective skills and resources in communities to address the social isolation of seniors.

Suggested Approaches

- Develop and disseminate a “guiding principles” document to encourage organizations and front-line workers to think about how they can address the social isolation of seniors. The document could:
 - be developed in consultation with seniors as well as key players from the not-for-profit, public and private sectors; and,

- support organizations by providing them with a framework for discussion and decision-making within their organizations as they work to meet the needs of seniors in their community.
- Provide opportunities for dialogue and encourage community partners to collaborate on expanding or adapting successful/promising community initiatives that address the social isolation of seniors.
- The New Horizons for Seniors Program could continue to fund small community projects that encourage the participation of seniors and prevent them from being isolated. The program could also be a funding partner in larger projects for initiatives that address social isolation of seniors, in particular, fostering organizational networks to build capacity.
- Capitalize on existing initiatives and resources and support the sharing of information, promising practices and tools designed to address the needs of socially isolated seniors or those at risk of becoming socially isolated.
 - Consider updating and disseminating tools such as the Working Together for Seniors: A Toolkit to Promote the Social Integration of Seniors in Community Services, Programs and Policies developed by the FPT Forum on Seniors.
 - Explore opportunities to highlight Age-Friendly Communities (AFC) projects that are addressing social isolation and promote the awareness of age friendly tools that facilitate effective implementation and evaluation of the AFC initiatives.
- Support innovative social partnerships that bring businesses and community organizations together to create sustainable options to address social isolation of seniors.

4. Support Research to Better Understand the Issue of Social Isolation

The impact of social isolation has been identified as a significant issue for seniors in past National Seniors Council reports on volunteerism, elder abuse, and positive and active ageing. As previously noted research on the issue in Canada and abroad is limited although promising practices are emerging. There is therefore a need to further examine the issue through research and knowledge development.

Stakeholders identified the need to undertake further research to validate the impact, quality and value of innovative and promising practice as well as increase the knowledge base with respect to social isolation and the health of seniors.

This suggestion is consistent with one of the recommendations of the Senate Report (2013)⁴⁵ to “initiate research that will lead to the development of a set of indicators to measure levels of social inclusion and social cohesion in Canada”. The same report suggests that these indicators should be used by the Government of Canada to establish goals for social inclusion and social cohesion in the design and evaluation of policies, programs and activities. The measures could also be incorporated into national health and social surveys.

Furthermore, *The Rising Tide: The Impact of Dementia on Canadian Society*⁴⁶ report recommends increasing the investment in dementia research through leveraging Canada’s dementia expertise, international partnerships, prevention research and continuing research to improve the quality of life for a person with dementia. As previously mentioned, participants noted the need for more research on the impact of dementia on the aging population. They also stated that community-based research should be prioritized to evaluate the effectiveness of current and new programs addressing issues of social isolation and dementia.

The Government of Canada has also, through the Canadian Institutes of Health Research (CIHR) supported projects such as "Making meaningful connections: A pilot study of a telenurse outreach intervention for socially isolated older adults in British Columbia"⁴⁷, "Connectivity of older adults in rural communities"⁴⁸, and large initiatives such as those related to a variety of eHealth technologies, to improve the social inclusion of seniors and their quality of life.

Support Research to Better Understand the Issue of Social Isolation

Suggestion for Action

The National Seniors Council suggests that the federal government continue to support research to better understand the issue of social isolation and links between social isolation and other seniors' related issues.

Suggested Approaches

- Undertake further research to validate the impact, quality and value of innovative and promising practices (e.g. multi-agency, multi-disciplinary approaches).
 - Consider doing so through analysis of data from the General Social Survey (GSS 27 – Social Identity) to be released in January 2015.
 - Consider evaluating international promising or best practices and their impact/related outcomes (e.g. UK's Campaign to End Loneliness, UK's Dementia Friends Initiative, etc.).
 - Increase the knowledge base on social isolation, impacts of demographic change, and the health of seniors through continued engagement in international collaborations to align research efforts. For example, collaborative initiatives such as the Joint Programming Initiative "More Years, Better Lives" led by the European Commission.
- Provide readily accessible information on the economic and health impacts of social isolation.
 - Consider integrating measures into existing national health and social surveys that could validate the impact, quality and value of innovative practices addressing the social isolation of seniors.

³⁰ [The full report is available online.](#) (September 2014)

³¹ Announced in Budget 2008, the Federal Elder Abuse Initiative (FEAI) was a three-year initiative, providing a focused and coordinated federal approach to combat elder abuse for all segments of the Canadian population. The cornerstone of the FEAI was a national elder abuse awareness campaign entitled "It's Time to Face the Reality", which used television, print and the Internet as communication vehicles.

³² The Forum of Federal/Provincial/Territorial Ministers Responsible for Seniors undertook, in 2008, an environmental scan of domestic and international promising practices and identified initiatives and activities that acknowledge the value and worth of people as they age, promote positive attitudes, and challenge stereotypes and myths about aging. In 2010, the Forum organized the "Spotlight on Images of Aging" Symposium, to explore the challenges and opportunities associated with images of aging in the society and to exchange views and suggest solutions for overcoming ageist beliefs and attitudes.

³³ Association québécoise de gérontologie. (2011). [L'âgisme, parlons-en!](#). (July 2014).

³⁴ Raymond, E., Gagné D., Sévigny, A. & Tourigny, A. (2008). [La participation sociale des aînés dans une perspective de vieillissement en santé : réflexion critique appuyée sur une analyse documentaire](#). Gouvernement du Québec. (September 2014).

³⁵ A system or service navigator possesses knowledge of the available resources and services related to seniors both at the local, provincial, territorial and national level who can help seniors, their families and caregivers "navigate" through key life transitions.

³⁶ Mobile Outreach Service is a service delivery approach used to connect communities and increase Canadians' access to, and awareness of, Service Canada programs and service offerings.

³⁷ [Treasury Board of Canada Secretariat Policy on Service](#). Effective October 2014. (September 2014).

³⁸ Connecting Canadians, a key pillar of Digital Canada 150, is the federal government's plan to provide access to high-speed internet to Canadians across the country including households in rural and remote regions.

³⁹ Statistics Canada and Human Resources and Skills Development Canada. (2003). Building on our Competencies: Canadian Results of the International Adult Literacy and Skills Survey.

⁴⁰ Statistics Canada, Employment and Social Development Canada, and the Council of Ministers of Education – Canada. (2012). Skills in Canada: First Results from the Programme for the International Assessment of Adult Competencies.

⁴¹ The New Horizons for Seniors Program (NHSP) is a federal government program that provides funding (\$45M annually) to for-profit and not-for-profit organizations to support projects involving seniors. More specifically, through NHSP funded projects that support the program's objectives of promoting social participation, mentoring and volunteering, communities are able to support seniors' involvement in their communities, therefore mitigating the risk of social isolation. Currently, 24 pilot projects are being funded under NHSP to specifically address social isolation.

⁴² Social innovation involves encouraging citizens, not-for-profit organizations, private sector companies and governments to work together to develop innovative solutions to complex challenges. Social innovation is supported through leveraging of funds, encouraging horizontal multi-level sustainable solutions, focussing on results and concrete outcomes, and sharing the risk and benefits.

⁴³ The Age-Friendly Communities in Canada: Community Implementation Guide and Toolbox was developed by the Nova Scotia Centre on Aging, Mount Saint Vincent University and the Public Health Agency of Canada (PHAC). It is one of the resources developed by PHAC to help communities to start up, implement and evaluate age-friendly initiatives.

⁴⁴ Federal, Provincial, Territorial Ministers Responsible for Seniors. (November 2007). Working Together for Seniors: A Toolkit to Promote Seniors' Social Integration in Community Services, Programs and Policies.

⁴⁵ [The full report is available online](#). (July 2014).

⁴⁶ Alzheimer Society. (2010). [The Rising Tide: The Impact of Dementia on Canadian Society](#). (August 2014).

⁴⁷ Cloutier-Fisher, D.S. & Kobayashi, K.M. (2006). Making meaningful connections; A pilot study of a telenurse outreach intervention for socially isolated older adults in British Columbia. Canadian Institutes for Health Research funded project.

⁴⁸ Keating, N. (2011). [Connectivity of older adults in rural communities](#). Information on this Canadian Institutes for Health Research funded project is available online. (August 2014).